

HERBFAST™

NEO-ANCIENT BLEND

1. HerbFast is a blend of specialised '**Ancient**' herbs and spices with a 'Neo' formula of digestive enzymes, Vitamin B complex, and fast release whey protein. It is well formulated in a delicious chocolate flavour.
2. The '**Neo-Ancient Blend**' contains herbs and spices like Ashwagandha, Curcumin, Ginger, Cinnamon, Green tea with modern components like Taurine, L-Carnitine, Protease Enzyme that makes it unique in nature.
3. The formulation helps boost immunity, digestive health, metabolism, fat burning, reduction of oxidative stress, and fights inflammation.
4. **Vitamin B complex:** In vitamin B complex Vitamin B1, B2, B3, B6, and B12 are been added. They mainly act as coenzyme and supports energy metabolism. Also contributes to improving the aerobic capacity by assisting the red blood cell formation and preventing anaemia, like vitamin B12.
5. **Green Tea Extract:** Green tea extract present in HerbFast is one of the excellent sources of antioxidants. Consuming HerbFast after an intense exercise session helps relax our mind and nerves. Theanine present in green tea acts as a stress buster. The presence of catechins and epigallocatechin gallate helps boost metabolism, promote fat burning & weight loss, and manages our blood sugar levels.
6. **L-Carnitine:** If you are aiming to get rid of unwanted body fat, HerbFast will help you achieve your fitness goal. L-carnitine utilizes our excess body fat to derive energy. In turn, it stimulates fat burning and promotes lean muscle gain.
7. **Taurine:** HerbFast contains taurine as a powerful antioxidant that scavenges the radicals, thereby reducing oxidative stress and inflammation. Taurine also assists in the effective utilisation of carbohydrates in our body by improving insulin sensitivity and reducing insulin resistance.
8. **Ashwagandha :** It helps to boost immune health, reduce stress, anxiety, inflammation, balance hormone levels, and stabilises blood sugar levels.

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9. **Curcuma Rhizome Powder:** Curcuma rhizome is extracted from turmeric. Curcumin present in HerbFast also suppresses the levels of certain inflammatory markers, fights infection, and uplifts overall immune health.
10. **Ginger Dry Extract :** Ginger contains a powerful compound called gingerol that has antioxidant and anti-inflammatory properties. It helps reduce post-exercise muscle soreness, inflammation, and keep the joints healthy. The ginger extract also improves our digestive health, eases the symptoms of dyspepsia, prevents blood sugar, cholesterol levels from rising and curb bacterial infections.
11. **Cinnamon Bark Extract :** Cinnamon extract present in HerbFast prevents the accumulation of bad cholesterol in the body, mitigates inflammation, combats free radicals, and bacterial infections.
12. **Bromelain:** This protein-digesting enzyme not only supports our digestive system but also acts as a boon for relieving pain, stiffness in joints and muscles due to its anti-inflammatory properties.
13. **Protease Enzyme:** Protease is a primary enzyme that helps breakdown protein to amino acids. The addition of protease to HerbFast means better digestion of supplements without inducing abdominal discomfort or bloating.
14. **Alpha-Amylase Enzyme:** Alpha-amylase enzyme helps in the digestion of carbohydrates. The presence of this enzyme supports our digestive system and boosts energy levels.
15. 1 - 2 serving can be enjoyed at any time to have a daily boost of antioxidants, protein, and faster metabolism. Safe for Kids, Adults and Elderly.
16. Herbfast is a must - have for Faster Metabolism, Weight Management, Improved Digestive Health & Increased Immunity Enhanced Muscle Strength & Recovery.

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**Faster
Metabolism**



**Weight
Management**



**Increased
Immunity**



**Promotes
Muscle Recovery**



**Fast Release
Protein**



**Rich in
Antioxidants**



**Lowers
Cholesterol**



**Improved
Digestive Health**