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WHEYLO KEY POINTERS

- 1. Wheylo contains whey protein concentrate which is easily digestible and ideal for meeting the daily protein requirements of athletes, and active as well as sedentary individuals.
- 2. The whey protein in Wheylo helps in lean muscle growth and repair and is ideal for both strength and endurance athletes.
- Coconut powder provides the goodness of healthy fats in the form of MCTs (Medium Chain Triglycerides). MCTs are metabolised faster compared to other fats and can be directly used as a source of energy.
- 4. MCTs can potentially increase fat burning and reduce the need for carbohydrates during a workout. If a person is on a keto diet, these MCTs drive ketosis (a metabolic state in which the body uses fat for fuel instead of carbohydrates) which promotes fat loss resulting in lean muscle gain.
- 5. Wheylo is the ideal wellness drink that provides a balanced amounts of proteins and good fats but fewer carbohydrates.
- **6.** It is naturally rich in Glutathione which is a powerful antioxidant and effectively protects our cells from oxidative damage.





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- 7. 2 Sachets of Wheylo can be taken by active individuals to meet their increased protein needs. It can be taken along with breakfast and also as a healthy snack between meals.
- 8. One sachet of Wheylo can be consumed anytime during the day by a sedentary individual wanting to meet his daily protein needs.
- **9.** Wheylo can easily be topped up by athletes with other protein supplements.
- **10.** Wheylo is thus an ideal combination of good taste, healthy nutrition, and multifunctional protein fit for everyone.







Whey Protein



Boosts Immunity



Increases Muscle Growth













