



MCT OIL KEY POINTERS

- 1. Steadfast's MCT Oil supplement is the best fuel for the body and brain and helps boost energy levels.
- Steadfast MCT Oil contains 500 mg of Medium Chain Triglycerides and 168 mg of caffeine.
- 3. Steadfast MCT Oil is an excellent source of quick energy as it contains C8 and C10 molecules of Medium Chain Triglycerides which are directly transported to the liver and absorbed in it, bypassing the digestive tract.
- 4. Steadfast MCT Oil supports ketosis, a process in which the body burns fat for energy instead of carbohydrates when one is following a low-carb diet. This supports weight loss.
- **5.** MCT Oil increases the release of hormones that promote the feeling of fullness and support weight loss.
- **6. Steadfast** MCT Oil contains sustained-release caffeine which increases energy and mental alertness, and improves metabolism.
- MCT Oil reduces lactate buildup, which makes it an excellent choice for athletes.
- 8. Regular consumption of MCT oil reduces the body's insulin levels, helping manage blood sugar levels.
- Steadfast MCT Oil is perfect for anyone experiencing low energy bouts, athletes, runners, cyclists, swimmers, weight watchers, and fitness enthusiasts.
- **10.** The best time to consume **Steadfast** MCT Oil is anytime during the day with meals.



MCT OIL THE POWERHOUSE OF ENERGY



Supports Weight Management



Enhances Energy Levels



Perfect For Ketogenic Diet



Helps Control Appetite

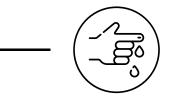




Promotes Heart Health



Boosts Mental Alertness



Improves Blood Sugar levels



Boosts Immunity