

## **CURCUMIN** THE POWERFUL IMMUNITY BOOSTER

## CURCUMIN KEY POINTERS

- CURCUMIN contains Curcumin and Piperine that helps improve the body's natural defence mechanism to boost immunity against various diseases.
- **2.** CURCUMIN provides 500 mg Curcumin and 5 mg Piperine.
- **3.** The combination of Curcumin and Piperine increases the efficacy and absorption of curcumin by 2000% in the body.
- **4.** Boost immune health due to its anti-microbial, anti-viral & antioxidant properties.
- **5.** CURCUMIN aids in suppressing joint pain, stiffness and swelling by reducing the levels of pro-inflammatory cytokines in the body.
- 6. CURCUMIN favours gut health by promoting the growth of gut-friendly bacterias in our body.
- **7.** Promote brain health by protecting our neurons and brain cells from free radicals and inflammation.
- 8. CURCUMIN also has a protective effect on our eye health as it minimises the occurrence of eye-related issues like cataract, glaucoma and age-related macular degeneration.
- **9.** Excellent for people suffering from joint pain, arthritis & osteoarthritis, due to its powerful anti-inflammatory ability.
- **10.** Can be consumed by anyone willing to boost their immune health and overall well-being.

## www.steadfastnutrition.in

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