

COLLASTEAD[®]

MARINE COLLAGEN

COLLASTEAD[®] KEY POINTERS

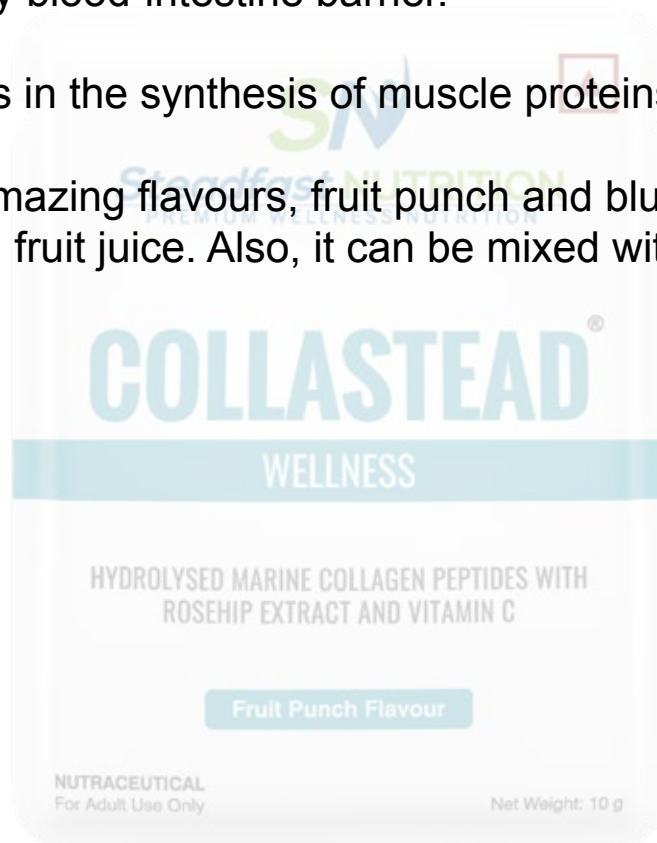
1. Collastead contains high-quality collagen peptides derived from marine (fish) source with an additional boost of Rosehip Extract and Vitamin C.
2. It offers collagen in the form of peptides; which are of low molecular weight, easy to digest, highly absorbable and bioavailable.
3. It is excellent for your joints, bones, ligaments, tendons, connective tissue, hair, skin and nails healthy.
4. The presence of vitamin C helps promote the synthesis of collagen fibres and plays an essential role in connective tissue healing.
5. Rosehip extract acts as a strong anti-inflammatory agent as it contains a type of galactolipid responsible for the action.
6. It also acts as an antioxidant, hence a boon for our heart, brain, skin and immune health.
7. Athletes also tend to exert a lot of pressure on their joints and bones, Collastead protects their joints, ligaments and tendons from getting damaged and improves their movement and flexibility.
8. It helps slow down the ageing process, fade wrinkles, blemishes and fine lines giving you a smooth, supple and youthful skin.

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9. Collagen allows your body to naturally produce keratin which is needed for good skin and nails.
10. Collastead helps in improving digestive health and boost gut health by providing necessary amino acids - glycine and glutamine, needed to maintain a healthy blood-intestine barrier.
11. Collastead assists in the synthesis of muscle proteins.
12. It comes in two amazing flavours, fruit punch and blueberry which can be taken in water, fruit juice. Also, it can be mixed with any unflavoured protein shake.



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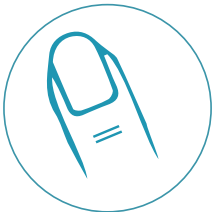
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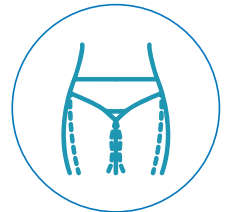
**Strengthen
Bones**



**Strengthen
Cartilage**



**Nourishes
Nails**



**Reduces
Cellulite**



**Promotes
Healthy Hair**



**For
Healthy Skin**



**Improves
Gut Health**



**Aids
Muscle Repair**

