

## COLLASTEAD® MARINE COLLAGEN

## COLLASTEAD KEY POINTERS

- Collastead contains high-quality collagen peptides derived from marine (fish) source with an additional boost of Rosehip Extract and Vitamin C.
- 2. It offers collagen in the form of peptides; which are of low molecular weight, easy to digest, highly absorbable and bioavailable.
- 3. It is excellent for your joints, bones, ligaments, tendons, connective tissue, hair, skin and nails healthy.
- 4. The presence of vitamin C helps promote the synthesis of collagen fibres and plays an essential role in connective tissue healing.
- Rosehip extract acts as a strong anti-inflammatory agent as it contains a type of galactolipid responsible for the action.
- **6.** It also acts as an antioxidant, hence a boon for our heart, brain, skin and immune health.
- 7. Athletes also tend to exert a lot of pressure on their joints and bones, Collastead protects their joints, ligaments and tendons from getting damaged and improves their movement and flexibility.
- 8. It helps slow down the ageing process, fade wrinkles, blemishes and fine lines giving you a smooth, supple and youthful skin.

## COLLASTEAD MARINE COLLAGEN



Strengthen Bones







Nourishes Nails





Reduces Cellulite



For Healthy Skin



Aids Muscle Repair



**Promotes** 

**Healthy Hair** 

Improves
Gut Health

Net Weight: 10 g





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- **9.** Collagen allows your body to naturally produce keratin which is needed for good skin and nails.
- 10. Collastead helps in improving digestive health and boost gut health by providing necessary amino acids glycine and glutamine, needed to maintain a healthy blood-intestine barrier.
- 11. Collastead assists in the synthesis of muscle proteins.
- 12. It comes in two amazing flavours, fruit punch and blueberry which can be taken in water, fruit juice. Also, it can be mixed with any unflavoured protein shake.

