



## ALOE VERA KEY POINTERS

- Steadfast ALOE VERA consists of 490 mg Aloe Vera extract and 10 mg Vitamin E, which boost digestive health, strengthen immune system, and improve heart and skin health.
- 2. Vitamin E in ALOE VERA is rich in antioxidants, which protect the body from damage caused by free radicals, strengthen the immune system and play a vital role in fighting diseases like atherosclerosis, cancer, and cataract.
- **3. ALOE VERA** helps maintain skin hydration, which expedites skin and hair repair by increasing skin moisture and stimulating collagen production, making the hair and skin healthy.
- **4. ALOE VERA** contains enzymes that boost digestion by improving nutrient absorption. They also help prevent heartburn and indigestion.
- **5.** ALOE VERA helps in weight management by boosting the body's metabolism. It has a laxative effect, which detoxifies the body and helps in weight loss.
- 6. ALOE VERA helps maintain regular bowel movements and can be a good solution for people suffering from constipation or irregular bowel movement.
- 7. ALOE VERA helps accelerate wound healing and protects the skin from subsequent infection by increasing collagen production.
- 8. Active compounds in ALOE VERA (mannans, lectins, glucomannan, and anthraquinones) help manage blood sugar levels. Steadfast Aloe Vera can thus help in diabetes management.
- **9.** ALOE VERA helps reduce the joint and muscle pain associated with arthritis. Its consumption may help prevent regression to arthritis.
- **10.** Take a capsule of *Steadfast* **ALOE VERA** anytime during the day with lukewarm or normal water to acquire good health.

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