

5-HTP

THE MOOD ENHANCER

5-HTP KEY POINTERS

1. Steadfast 5-HTP consists of a blend of 5-Hydroxytryptophan, Glycine, Taurine, Niacin, Vitamin B6 which collectively work in our body to suppress stress and anxiety levels.
2. It is a drug-free and non-habit forming supplement to induce calmness.
3. Steadfast 5-HTP provides relief from stress and anxiety by increasing the levels of serotonin in the body.
4. Steadfast 5-HTP is perfect for people aiming to improve their sleep health and quality.
5. Minimises risk of depression, uplifts our mood, makes us feel relaxed and happy.
6. Helps in reducing the levels of the stress hormone - cortisol, in the body.
7. Steadfast 5-HTP contains niacin (vitamin B3) which is very important for the growth and maintenance of the Central Nervous System (CNS). It makes it a boon for our brain health too.
8. Act as a powerful antioxidant due to the presence of taurine.
9. Increased stress in the body is associated with weight gain & obesity. Hence, Steadfast 5-HTP assists in weight management too.
10. One to two tablets of Steadfast 5-HTP can be consumed by anyone aiming to reduce their stress levels and improve sleep health.

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**Fights
Fatigue**



**Promotes
Cognitive Health**



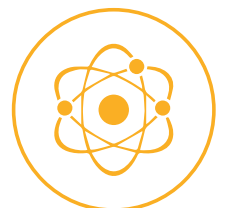
**Induces
Calmness**



**Improves
Sleep Quality**



**Regulates
Appetite**



**Powerful
Antioxidant**



**Reduces
Stress & Anxiety**



**Improves
Memory**

