



# SGAiA FOODS

Catalogue



2024



Sgaia Foods was founded in 2015 to bridge the gap between plant based foods and fresh speciality products that taste, look and feel authentic.

All our products are ideated, developed and made in our 100% plant-based factory in the vibrant city of Glasgow. Our aim is to make flavourful, appealing and highly nutritious food providing everything your body and mind needs.

Our recipes exclusively feature non-GMO ingredients, and we solely use natural flavours and thickeners in our products. We take pride in crafting wholesome food that is healthy for the body, sustainable for the planet and ethical in its creation.

Thanks to our Italian heritage, Sgaia Foods embraces traditional Mediterranean flavours and preparation methods. Yet, influenced by our Scottish and British surroundings, we've integrated these influences to create cutting-edge products that offer a rich and authentic dining experience.

From local markets to the hottest shelves and restaurants in the nation, Sgaia's versatile product range constantly encounters new foodies eager to experience wholesome yet exciting plant-based food.

Sit back and discover our creations.

P.S. Sgaia [*sga-ee-ah*] is a word in Venetian dialect to describe someone who is cheerful, animated and positive. It is also used to define someone who is resourceful, quick-witted and versatile. We all have a bit of Sgaia in each and everyone one of us!

Glasgow

## WHERE TO FIND US

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Glasgow, Scotland  
G22 6JJ

### OPEN HOURS

Monday to Thursday from  
7:00 am to 5:00 pm  
+44 07765055772



[sgaiafoods.co.uk](https://sgaiafoods.co.uk)

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plant based foods

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# FOOD- SERVICE



# ORIGINAL STEAK



Tender meaty bite



Umami Flavour depth



Natural ingredients




Best Seller

## Description

Our original flavour steak is the most versatile. It's tasty, deliciously savoury with a rich umami flavour will compliment any marinade, sauce or vegetable side dish. Have it as a main alongside chips and a salad, chop it up and add it to your favourite stir fry or pasta dish or cube it up, sizzle it in a pan with some extra virgin olive oil and top your salad with it for an extra natural savoury sensation.

## Ingredients

Water, Wheat **Gluten**, Rusk (Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Yeast Extract (Yeast, Salt, Vitamin B12), Pea Protein, Salt, Beetroot, Garlic, Cane Molasses, Onion, Black Pepper, Paprika.

*Allergen info:* for allergens, including gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 100g Steak
Energy	748kJ 179kcal	748kJ 179kcal
Fat	1.8g	1.8g
of which saturates	0.4g	0.4g
Carbohydrates	10.4g	10.4g
of which sugars	1.9g	1.9g
Fibre	1.1g	1.1g
Protein	30g	30g
Salt	1.6g	1.6g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.



**Product code**  
ORISTEAKF5

**Format**  
Product sold as cases  
5x 2x100g steaks



**Product code**  
ORISTEAK1000

**Format**  
Product sold as cases  
5x 1kg block



# SMOKY FLAVOUR STEAK



Natural Smoky Flavour



Sear It As You Would




Natural Ingredients

## Description

An all-time favourite, our smoky flavour steak is seasoned with pure liquid beech wood smoke. Perfect drizzled in BBQ sauce and griddled. Just as versatile as the Original; embrace the smokiness, and let your creativity run wild as you explore the endless possibilities our natural smoky flavour steak brings to your table.

## Ingredients

Water, Wheat **Gluten**, Rusk (Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Yeast Extract (Yeast, Salt, Vitamin B12), Pea Protein, Salt, Beetroot, Garlic, Beech Wood Smoke Flavouring, Cane Molasses, Onion, Black Pepper.

*Allergen info:* for allergens, including gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 100g Steak
Energy	752kJ 180kcal	752kJ 180kcal
Fat	1.8g	1.8g
of which saturates	0.4g	0.4g
Carbohydrates	10.5g	10.5g
of which sugars	1.9g	1.9g
Fibre	1.1g	1.1g
Protein	30g	30g
Salt	1.6g	1.6g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.



**Product code**  
SMOSTEAKF5

**Format**  
Product sold as cases  
5x 2x100g steaks



**Product code**  
SMOSTEAK1000

**Format**  
Product sold as cases  
5x 1kg block





# CHICKEN STYLE FILLETS



Lean yet tender



Marinade me



Works great in a sandwich!

## Description

A natural and mouthwatering alternative to traditional poultry. Our chicken style fillets boast authentic flavour and texture, made entirely from clean, wholesome plant-based ingredients. Versatile and quick to prepare, they fit seamlessly into a variety of dishes; these fillets will impress your customers, embrace sustainability, and cater to the growing demand for delicious plant-powered options.

## Ingredients

Water, **Vital Wheat Gluten**, Pea Protein, Rapeseed oil, Rusks (**Fortified Wheat flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Yeast, Nutritional Yeast, Garlic, Salt.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	933kJ 222kcal	467kJ 111kcal
Fat	7g	3.5g
of which saturates	0.5g	0.3g
Carbohydrates	7.5g	3.8g
of which sugars	0.1g	0.1g
Fibre	1.7g	0.9g
Protein	29.8g	14.9g
Salt	0.6g	0.3g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

### Product code

CHKNFILF5

### Format

Product sold as cases  
5x 2x100g fillets





# CHICKEN STYLE PIECES



Tender meaty  
bite



Rich Natural  
Flavours



Versatile

## Description

Crafted with precision, these versatile pieces are perfect for adding a burst of plant-powered goodness to wraps, salads, bowls, and more. Made entirely from clean, natural ingredients, they are a wholesome choice suitable for vegans, vegetarians, and anyone seeking delicious poultry alternatives. Our chicken style recipe is available as a block to allow full flexibility for your creations.

## Ingredients

Water, **Vital Wheat Gluten**, Pea Protein, Rapeseed oil, Rusks (**Fortified Wheat flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Yeast, Nutritional Yeast, Garlic, Salt.

*Allergen info:* for allergens, including cereals containing **gluten**, see ingredients in bold. May contain traces of **Soya** and **Mustard**. 🌾 🧤 🧴

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	933kJ 222kcal	467kJ 111kcal
Fat	7g	3.5g
of which saturates	0.5g	0.3g
Carbohydrates	7.5g	3.8g
of which sugars	0.1g	0.1g
Fibre	1.7g	0.9g
Protein	29.8g	14.9g
Salt	0.6g	0.3g



**Product code**  
CHKNPCSF5

**Format**  
Product sold as cases  
5x 250g chunks



**Product code**  
CHKN1000

**Format**  
Product sold as cases  
5x 1kg block



# PANCETTA STYLE CUBES



Versatile



Also works  
great in a salad!



Natural Smoky  
Flavour

## Description

The perfectly smoky, salty, tasty addition to any pasta sauce, stew, risotto, potato hash, you name it! We got you covered. These smoky little chunks of bacony goodness elevate your vegan carbonara to a level that will captivate even the most discerning food enthusiasts.

## Ingredients

Water, Vital Wheat **Gluten**, Yeast Extract (Yeast, Salt, Vitamin B12), Textured **Soya** Protein, Beech Wood Smoke Flavouring, Cane Molasses, Beetroot, Garlic, Paprika, Onion.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	721kJ 172kcal	361kJ 86kcal
Fat	1.9g	0.9g
of which saturates	0.4g	0.2g
Carbohydrates	6.9g	3.5g
of which sugars	3.2g	1.6g
Fibre	0.9g	0.4g
Protein	31.5g	15.8g
Salt	2.5g	1.2g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

### Product code

PANCF5

### Product code

PANC1000

### Format

Product sold as cases  
5x 200g diced

### Format

Product sold as cases  
5x 1000g





# SMOKY FLAVOUR RASHERS



It Sizzles



Natural  
Ingredients



Best-seller



## Description

We've reinvented the streaks in our rashers to create a delicious play on flavours and textures. These natural rashers are smoky, salty, tasty. Perfect in a full vegan breakfast, on a stack of pancakes, in a BLT or added to your favourite burger.

## Ingredients

Water, Vital Wheat **Gluten**, Yeast Extract (Yeast, Salt, Vitamin B12), Textured **Soya** Protein, Beech Wood Smoke Flavouring, Cane Molasses, Beetroot, Garlic, Paprika, Onion.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	721kJ 172kcal	361kJ 86kcal
Fat	1.9g	0.9g
of which saturates	0.4g	0.2g
Carbohydrates	6.9g	3.5g
of which sugars	3.2g	1.6g
Fibre	0.9g	0.4g
Protein	31.5g	15.8g
Salt	2.5g	1.2g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.



**Product code**  
RASHERF5

**Format**  
Product sold as cases  
5x 150g sliced



**Product code**  
RASHERS850

**Format**  
Product sold as cases  
5x 850g sliced





# PASTRAMI STYLE SLICES



Versatile



Also Works In  
Soups!



Deep Natural  
Flavours




Perfect for  
Cheeseboards  
and Tapas

## Description

Inspired by the much loved staple of New York Jewish cuisine, our Pastrami Style Slices are aromatic, savoury, slightly smoky in flavour and fantastically tender. We sprinkle mustard seeds and coat every slice with a thin layer of extra virgin olive oil to preserve tenderness and keep it flavourful. Pairs well with a strong vegan cheese, added to a reuben or added to crackers as a light snack.

## Ingredients

Tomato Passata, **Wheat Gluten**, Water, Salt, Black Pepper, Garlic, Paprika, Beetroot, Smoke Flavouring, Coriander, Thickening Agent (Agar), Allspice, Olive Oil, **Mustard** Seeds.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya**.   

## Nutritional information

Typical values	Per 100g	Per 1/2 pack (55g)
Energy	671kJ 160kcal	369kJ 88kcal
Fat	2.3g	1.3g
of which saturates	0.4g	0.2g
Carbohydrates	6.8g	3.7g
of which sugars	2.9g	1.6g
Fibre	1.9g	1g
Protein	28.5g	15.7g
Salt	2.7g	1.5g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.



**Product code**  
PASTF5

**Format**  
Product sold as cases  
5x 110g sliced



**Product code**  
PAST700

**Format**  
Product sold as cases  
5x 700g sliced



# PEPPERONI STYLE SLICES



Natural  
Ingredients



Slightly Spicy  
Edge!



Not Just For  
Pizza!

## Description

A pizza fact for you: what is commonly referred to as “pepperoni” in English-speaking countries, is actually called “salamino piccante” in Italy. Pizzas are usually given names, too. One with salamino is called a “diavola”. And if you like pizza, you’re going to love these! Our Pepperoni slices make the perfect pizza topping: they’re super tasty, nice and chunky, with a great chilli kick. We marinate them in extra virgin olive oil before laying each slice out by hand.

## Ingredients

Water, Wheat **Gluten**, Rusk (Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Yeast Extract (Yeast, Salt, Vitamin B12), Beetroot, Paprika, Salt, Cane Molasses, Chilli, Dried Red Chillies, Olive Oil, Soy Sauce (Water, **Soya** Beans, **Wheat**, Salt, Alcohol, Koji Seeds), Onion.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Mustard**. 🌾 🥄 🍷

## Nutritional information

Typical values	Per 100g	Per 1/3 pack (50g)
Energy	829kJ 198kcal	415kJ 99kcal
Fat	2.7g	1.3g
of which saturates	0.5g	0.3g
Carbohydrates	9.1g	4.6g
of which sugars	2.9g	1.4g
Fibre	1.9g	0.9g
Protein	35g	18g
Salt	1.4g	0.7g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.



**Product code**  
PEPPF5

**Format**  
Product sold as cases  
5x 150g sliced



**Product code**  
PEPP900

**Format**  
Product sold as cases  
3x300g sausages



# BRESAOLA STYLE SLICES



Rich Natural  
Flavours



Perfect for  
Cheeseboards  
and Tapas



Made by  
Italians

## Description

This traditional Italian cured meat originates from the Lombardy region in Italy. Originally made from beef, Bresaola is a leaner and tougher cut than its more know “brother” Prosciutto di Parma, which is made from pork. Embrace the heritage of Italy and let our Bresaola Style be the star of your next gourmet masterpiece, as each slice reflects our dedication to quality and the artistry of Italian flavours. Great for tapas, premium sandwiches or experience the elegance of Bresaola Carpaccio, with its thinly sliced perfection draped over peppery rocket. Add a squeeze of zesty lemon, a sprinkle of salt, and a drizzle of extra virgin olive oil. Explore endless creative possibilities with our flavourful Bresaola, harmonising effortlessly with various fillings.

## Ingredients

Passata, **Vital Wheat Gluten**, Water, Beetroot, Olive Oil, Sea Salt, Onion, Paprika, Black Pepper, Agar Agar, Coriander, Garlic, Oregano.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Mustard** and **Soya**. 

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	633kJ 150kcal	317kJ 75kcal
Fat	1.2g	0.6g
of which saturates	0.2g	0.1g
Carbohydrates	8g	4g
of which sugars	3g	1.5g
Fibre	1.9g	1g
Protein	25.5g	13.7g
Salt	1.9g	1g



## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

**Product code**  
BRESAOLAF5

**Format**  
Product sold as cases  
5x 110g sliced



# SPÄCK STYLE SLICES



Natural smoky flavour



Rich Natural Flavours



Perfect for Cheeseboards and Tapas


## Description

Add an explosion of smoky, savoury goodness to your creations. These slices are meticulously crafted to replicate the irresistible flavour and texture of traditional Spack, making them the ideal choice for infusing your sandwiches, charcuterie boards, and creations with a gourmet twist. Whether you're a seasoned chef or a foodservice professional, our Spack Style Slices promise to deliver an unforgettable burst of flavour in every bite.

## Ingredients

Water, **Vital Wheat Gluten**, Yeast extract (Yeast, Salt, Vitamin B12), Beech Wood smoke flavouring, Textured **Soya** protein, Salt, Beetroot, Garlic, Black pepper, Agar Agar, Cinnamon, Allspice, Rosemary.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold.

May contain traces of **Mustard**. 



## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	621kJ 146kcal	311kJ 73kcal
Fat	0.7g	0.4g
of which saturates	0.1g	0.1g
Carbohydrates	5.8g	2.9g
of which sugars	0.5g	0.3g
Fibre	0.6g	0.3g
Protein	28.6g	14.3g
Salt	3.1g	1.6g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

**Product code**  
SPÄCKF5

**Format**  
Product sold as cases  
5x 110g sliced





# ORIGINAL BURGER



Natural  
Ingredients



High Protein,  
Low Fat




Umami Flavour  
Depth

## Description

A deliciously savoury, juicy burger packed with flavour and plant based protein. Gently seasoned for the best flavour, this burger makes no compromise on taste. It will never, ever fall apart on your barbecue. That's a promise! Fabulous in a bun with (vegan) mayo, lettuce and sliced tomatoes. Chilled drink not essential but recommended. A tasty, savoury vegan burger that you can fry, grill or barbecue.

## Ingredients

Water, Wheat **Gluten**, Rusk (Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Yeast Extract (Yeast, Salt, Vitamin B12), Rapeseed Oil, Beetroot, Tomato Passata, Salt, Onion, Garlic, Inactive Yeast, Black Pepper.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 100g Burger
Energy	738kJ 177kcal	811kJ 194kcal
Fat	3.9g	4.3g
of which saturates	0.4g	0.5g
Carbohydrates	12g	13.5g
of which sugars	1.8g	1.9g
Fibre	1.2g	1.3g
Protein	23g	25.5g
Salt	1.1g	1.2g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

**Product code**  
ORIBURG10

**Format**  
Product sold as cases  
5x 2x110g burgers





# ITALIAN STYLE BURGER



Natural  
Ingredients



High Protein,  
Low Fat



Made by  
Italians


## Description

A twist on our deliciously savoury, juicy original burger. This time packed with real tomato & onion chunks. Gently herbed with a quintessentially Italian taste, this burger makes no compromise on taste. Just like the Original brother it will never, ever fall apart on your barbecue. That's a promise! Fabulous in a bun with garlicky (vegan) mayo, spinach leaves, basil and sliced tomatoes.

## Ingredients

Water, Wheat **Gluten**, Textured **Soya** Protein, Yeast Extract (Yeast, Salt, Vitamin B12), Kibbled Onions, Tomato Flakes, Cane Molasses, Balsamic Vinegar, Salt, Mixed Herbs (Thyme, Marjoram, Oregano, Sage, Parsley, Basil), Onion, Garlic, Black Pepper, Paprika, Beetroot.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold.

May contain traces of **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 100g Burger
Energy	703kJ 168kcal	773kJ 185kcal
Fat	1.5g	1.6g
of which saturates	0.3g	0.3g
Carbohydrates	11g	12g
of which sugars	3.9g	4.3g
Fibre	3.4g	3.8g
Protein	28g	30g
Salt	1.2g	1.3g



## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

**Product code**  
ITABURG10

**Format**  
Product sold as cases  
5x 2x110g burgers



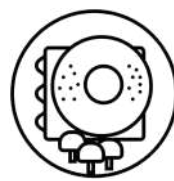
# LORNE STYLE SAUSAGE



Tender Meaty  
Bite



Versatile, add  
it to a sauce!



Brunch  
Special



Made by Scots

## Description

The lorne sausage, also known as square sausage is a traditional Scottish staple usually made from minced meat, rusk and spices. After carefully researching the traditional recipes used in butcher shops, we've found the perfect mix of seasonings, herbs and spices to create the ultimate vegan square sausage. Made to tradition, with nothing but plants, the full flavoured way.

## Ingredients

Water, Wheat **Gluten**, Rusk (Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Yeast Extract (Yeast, Salt, Vitamin B12), Seasoning (Salt, Fortified **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Plant And Fruit Concentrates, Preservative (Sodium Metabisulphite) (**Sulphites**), Dextrose, Spice Extracts, Antioxidants (Sodium Ascorbate, Sodium Citrate), Panko Breadcrumbs (**Wheat** Flour, Yeast, Sugar, Salt), Cane Molasses, Rapeseed Oil, Salt, Beetroot, Mace, Black Pepper, Onion.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**. 🌾 🥣 🧴 🕒

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

## Nutritional information

Typical values	Per 100g	Per 70g slice
Energy	717kJ 172kcal	502kJ 120kcal
Fat	2.9g	2.1g
of which saturates	0.4g	0.3g
Carbohydrates	16g	12g
of which sugars	2.6g	1.8g
Fibre	1.1g	0.8g
Protein	20g	14g
Salt	3.4g	2.4g

### Product code

LORNEF5

### Format

Product sold as  
cases  
5x 280g sliced



### Product code

LORNE2250

### Format

Product sold as  
cases  
1x 2x2.25kg blocks





# 'NDUJA STYLE SAUCE



Slightly Spicy  
Edge!



Perfect for  
Cheeseboards  
and Tapas



Made by  
Italians


## Description

NDuja-style spread, a culinary tribute to the fiery and meaty Calabrian delicacy. Crafted with precision from a harmonious blend of our signature plant-based meats, it captures the essence of the original while providing a unique, plant-based (and not so spicy) experience. Indulge in its tantalising flavours that transport you to the sun-drenched hills of Calabria, where the tradition was born.

## Ingredients

Water, Rapeseed oil, **Vital Wheat Gluten**, Rusks (Fortified **Wheat** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Tomato Purée, Acidity Regulator (Citric Acid), Yeast Extract (Yeast, Salt, Vitamin B12), **Seasoning**(Salt, Fortified **Wheat** flour (**Wheat Flour**, Calcium Carbonate, Iron, Niancin, Thiamin), Plant And Fruit Concentrates, Preservative (Sodium Metabisulphite) (Sulphites), Dextrose, Spice Extracts, Antioxidants (Sodium Ascorbate, Sodium Citrate), Salt, Beetroot, **Soy** Sauce (Water, **Soya Beans, Wheat**, Salt, Alcohol, Koji Seeds), Panko **Breadcrumbs** (**Wheat Flour**, Yeast, Sugar, Salt), Cane Molasses, Smoked Paprika, Chilli, Dried Red Chillies, Onion, Black Pepper, Mace.

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold.

May contain traces of **Mustard**. 

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	1595kJ 385kcal	798kJ 193kcal
Fat	31.2g	15.6g
of which saturates	2.1g	1g
Carbohydrates	8.3g	4.2g
of which sugars	1.4g	0.7g
Fibre	1.1g	0.6g
Protein	17g	9g
Salt	1.4g	0.7g



## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

**Product code**

NDUJA150

**Format**

Product sold as cases  
5x 150g

**Product code**

NDUJA500

**Format**

Product sold as cases  
5x 500g





# CHILLI CON CARNE STYLE SAUCE



Rich Natural  
Flavours



Versatile, add  
it to a wrap!



Quick  
Cooking Time

## Description

A flavour-packed creation that ignites your taste buds with its rich profile. Immerse yourself in its depth and complexity as this savoury and aromatic sauce unfolds, boasting a harmonious blend of our unique seitan-inspired meat, spices, tomatoes, beans, and responsibly sourced, Rainforest Alliance-certified cocoa. Indulge in the boldness of our sauce as it gracefully dances on your palate, offering a symphony of flavours.

## Ingredients

Tomato Passata, Red Kidney Beans, Water, Vital **Wheat Gluten**, Rusks (**Fortified Wheat flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Salt), Tomato Purée, Yeast Extract (Yeast, Salt, Vitamin B12), Cane Molasse, Kibbled Onions, Cocoa Powder, Pea Protein, Salt, Paprika, Beetroot, Garlic, Onion, Coriander, Chilli, Black Pepper, Cumin, Acidity Regulators (Potassium Hydroxyde, Potassium Carbonates).

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**. 🌾 🥣 🧴

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	328kJ 78kcal	164kJ 39kcal
Fat	0.7g	0.4g
of which saturates	0.2g	0.1g
Carbohydrates	8g	4g
of which sugars	3.6g	1.8g
Fibre	2.6g	1.3g
Protein	8.5g	4.2g
Salt	0.9g	0.5g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

### Product code

CHILLIF5

### Format

Product sold as cases  
5x 350g

### Product code

CHILLI1000

### Format

Product sold as cases  
5x 1000g





# RAGÙ STYLE SAUCE



Meaty Thick  
Sauce



Rich Natural  
Flavours



Made by  
Italians

## Description

A gourmet delight meticulously crafted with our finest natural plant-based meats and premium passata. Indulge in the rich, savoury flavours of this vegan masterpiece, perfect for traditional pasta dishes like spaghetti and lasagna, or as a versatile complement to a variety of recipes. Savour the exquisite blend of ingredients that make this sauce a true gourmet delight, all while making a conscious and ethical choice for your dining pleasure.

## Ingredients

Tomato Passata, Water, **Vital Wheat Gluten**, Kibbled onions, Rusks (**Fortified Wheat flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Inactive Yeast, Yeast Extract (Yeast, Salt, Vitamin B12), Pea Protein, Beetroot, Black Pepper, Cane Molasses, Garlic, Onion, Smoked Paprika.

**Allergen info:** for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**.

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	737kJ 174kcal	369kJ 87kcal
Fat	0.9g	0.5g
of which saturates	0.2g	0.1g
Carbohydrates	14.6g	7.3g
of which sugars	5.2g	2.6g
Fibre	3.2g	1.6g
Protein	25.4g	12.7g
Salt	5.7g	2.9g

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

**Product code**  
RAGUF5

**Format**  
Product sold as cases  
5x 350g

**Product code**  
RAGU1000

**Format**  
Product sold as cases  
5x 1000g





# GARLIC & ROSEMARY STUFFED ROAST



Festive  
Centrepiece



Rich Flavour  
and Aromas



Best-seller

## Description

Our roast is made with a chicken-style outer layer and filled with our homemade garlic and rosemary sausage stuffing, this is a Christmas centrepiece that cannot be missed. Smother it in gravy, add roasted roots and veggies, sit back and enjoy a stress free, flavourful, luscious festive feast! This hand-rolled delight is great for Sunday roasts, festive occasions or a gourmet festive sandwich!

## Ingredients

Garlic & Rosemary Stuffing [Water, Vital **Wheat Gluten**, Breadcrumbs (**Wheat** flour, Salt, Yeast), Rusk (**Wheat** Flour, Salt), Sugar, Onion, Garlic, Salt, Rosemary, Sage, Parsley, Smoked Garlic, Black Pepper, Yeast Extract, Vitamin B12, Blended Vegetable Oil, Tomato Passata, Beetroot Powder, Salt, Nutritional Yeast]; Meat-free Chicken Style Fillet [Water, Vital **Wheat Gluten**, Pea Protein, Blended Vegetable Oil, Medium Rusk (**Wheat** Flour, Salt, Ammonium Bicarbonate), Yeast Extract, Nutritional Yeast, Garlic, Salt].

*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**.

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

## Nutritional information

Typical values	Per 100g
Energy	855kJ 205kcal
Fat	6.1g
of which saturates	0.6g
Carbohydrates	9.9g
of which sugars	2g
Fibre	1.6g
Protein	26.5g
Salt	0.7



**Product code**

ROSF500

**Format**

Product sold as cases  
3x 500g



**Product code**

ROSF1000

**Format**

Product sold as cases  
5x1000g



# SAGE & ONION STUFFED ROAST



Festive  
Centrepiece



Rich Flavour  
and Aromas



Christmas  
Special!

## Description

This savoury masterpiece boasts our chicken-style outer layer that perfectly complements its mouthwatering homemade "sausage", sage and onion filling. The result? A delectable combination of flavours and textures that will have you savouring every bite. Sgaia's Sage & Onion Christmas Roast is a true showstopper that promises to be a hit at any festive gathering. This hand-rolled delight is great for Sunday roasts, festive occasions or a gourmet festive sandwich!

## Ingredients

Water, Vital **Wheat Gluten**, Breadcrumbs [**Fortified Wheat flour** (**Wheat** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Yeast]. Dehydrated Onions, Sugar, Herbs, Spices, Rusks (**Wheat** flour, Salt, Ammonium Carbonate), Yeast Extract, Pea protein, Sea Salt, Beetroot powder, Tomato passata, Yeast extract, Vegetable Oil, Garlic, Onion, **Fortified Wheat flour** (**Wheat** flour, Calcium Carbonate, Iron, Niacin, Thiamin), Plant and fruit Extracts, **Sodium Metabisulphate** (Sulphur Dioxide), Dextrose, Spice Extract, Sodium Ascorbate, Sodium Citrate, Black pepper, Smoked paprika, Mace.

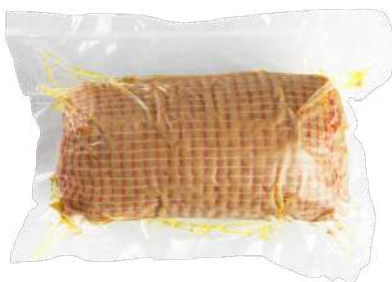
*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. ay contain traces of **Soya** and **Mustard**.

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	744kJ 178kcal	372kJ 89kcal
Fat	2.5g	1.3g
of which saturates	0.1g	0.1g
Carbohydrates	13g	6.5g
of which sugars	1g	0.5g
Fibre	2g	1g
Protein	26g	13g
Salt	2g	1g



**Product code**  
ROSSGF500

**Format**  
Product sold as cases  
3x 500g



**Product code**  
ROSSGF1000

**Format**  
Product sold as cases  
5x1000g





# APPLE & CRANBERRY STUFFED ROAST



Festive  
Centrepiece



Rich Flavour  
and Aromas



Christmas  
Special!

## Description

Prepare to indulge in a symphony of flavours with our Apple and Cranberry Stuffed Plant-Based Roast. Hand crafted with precision and culinary artistry, this roast is a testament to the harmonious combination of sweet apples and cranberries, creating a centrepiece that's a visual delight and a taste sensation. Whether you're vegan, vegetarian, or a discerning food enthusiast, our roast promises an unforgettable dining experience.

## Ingredients

Water, Vital **Wheat Gluten**, Breadcrumbs [**Fortified Wheat flour (Wheat flour**, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Yeast], Pea proteins, Breadcrumbs (**Wheat flour** (calcium carbonate, iron niacin, thiamine) salt, yeast), Cranberries, Sugar (**Sulphites**), Rusk (**Wheat flour** (calcium carbonate, iron niacin, thiamine) salt), Dehydrated Red Pink Lady Apple (**Sulphites**), Salt, Onion Powder (**Sulphites**), Spices (white pepper, ginger (**Sulphites**), nutmeg, cinnamon), Herb (parsley), Yeast, Tomato passata, Beetroot Powder, Sea Salt, Garlic, Black pepper.

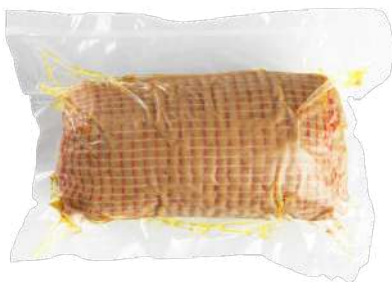
*Allergen info:* for allergens, including cereals containing gluten, see ingredients in bold. May contain traces of **Soya** and **Mustard**.

## Storage

Please store chilled below 5C, once opened eat within 3 days. This product is fully cooked and vacuum sealed, do not consume if unopened pouch is leaking, inflated or damaged.

## Nutritional information

Typical values	Per 100g	Per 50g serving
Energy	638kJ 152kcal	319kJ 76kcal
Fat	5.9g	3g
of which saturates	0.5g	0.3g
Carbohydrates	8.9g	4.5g
of which sugars	2.1g	1.1g
Fibre	1.3g	0.7g
Protein	15.4g	8g
Salt	2g	1g



**Product code**

ROSSGF500

**Format**

Product sold as cases  
3x 500g



**Product code**

ROSSGF1000

**Format**

Product sold as cases  
5x1000g

