Men's Sizing Information (inches)

	XS	S	M	L	XL	XXL	XXXL
NECK	13-13.5	14-14.5	15-15.5	16-16.5	17-17.5	18-18.5	19-19.5
CHEST	30-33	34-37	38-41	42-45	46-49	50-53	54-57
CENTERBACK ARM - short	29.5-30.5	30.5-31.5	31.5-32	32-33	33-33.5	33.5-34.5	34.5-35
CENTERBACK ARM - regular	31-32	32-33	33-33.5	33.5-34.5	34.5-35	35-36	36-36.5
CENTERBACK ARM - long	32.5-33.5	33.5-34.5	34.5-35	35-36	36-36.5	36.5-37.5	37.5-38
WAIST	25-27	28-31	32-35	36-39	40-44	45-49	50-56
INSEAM - short	30	30	30	30	30	30	30
INSEAM - regular	32	32	32	32	32	32	32
INSEAM - long	34	34	34	34	34	34	34

All measurements are in inches. The measurements provided refer to body size, not to garment dimensions. Size up if you are between measurements. Inseam will vary depending on the style; unless otherwise noted, they will match the chart above. Refer to the Measurement Guide for instructions on how to find your measurements.

Men's Sizing Information (centimeters)

	XS	S	M	L	XL	XXL	XXXL
NECK	34	36	38	40	44	46	48
CHEST	84	94	104	114	124	134	144
CENTERBACK ARM - short	76	78	80	82	84	86	88
CENTERBACK ARM - regular	80	82	84	86	88	90	92
CENTERBACK ARM - long	84	88	92	96	100	104	108
WAIST	64	74	84	94	109	119	135
INSEAM - short	76	76	76	76	76	76	76
INSEAM - regular	81	81	81	81	81	81	81
INSEAM - long	86	86	86	86	86	86	86

All measurements are in centimeters. The measurements provided refer to body size, not to garment dimensions. Size up if you are between measurements. Inseam will vary depending on the style; unless otherwise noted, they will match the chart above. Refer to the Measurement Guide for instructions on how to find your measurements.

MEASUREMENT GUIDE

Take your measurements over your basic undergarments normally worn. Stand erect without shoes with your feet shoulder width apart. For circumference measurements, make sure to keep the tape measure parallel to the floor.

Find your measurements following the directions below and refer to the size chart to determine the size to order. Do not size up or down. Our garments are designed to fit according to the specified end use and take into account other layering requirements.

Neck - Measure the circumference around the base of your neck.

Chest / Bust - Measure the circumference under your arms around the fullest part of your chest.

Waist - Measure the circumference around the narrowest part of your waistline at your belly button.

Sleeve - Measure from the base of your neck at center back, along the length of your arm in a slightly bent position, to your wrist.

Inseam - Measure straight down from your crotch point to the floor.