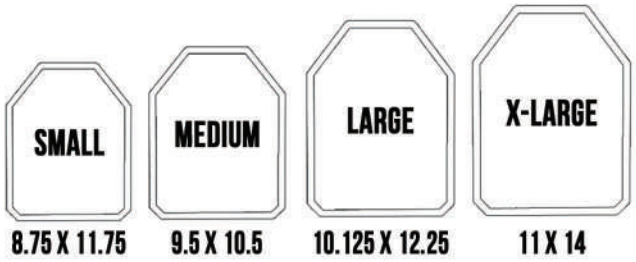
LBAC
PLATE CARRIER
INSTRUCTIONS

SIZING

MEASUREMENTS

SAPI PLATE SIZES



CIV / LE PLATE SIZES

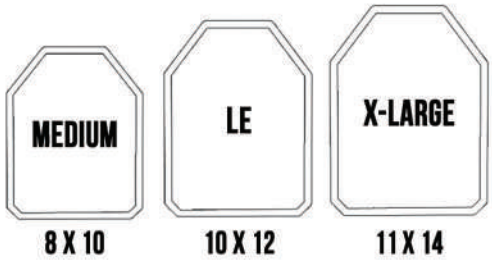
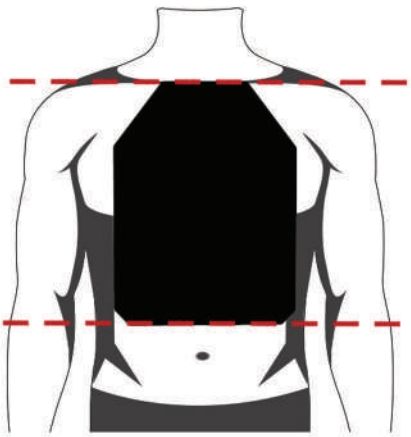
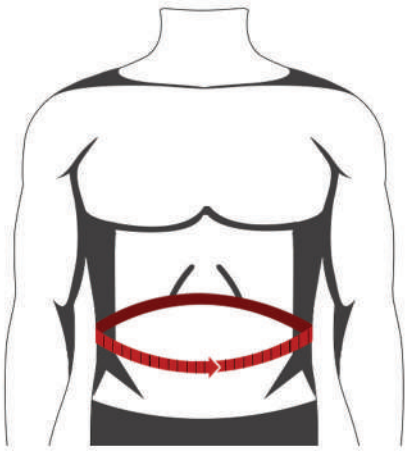


PLATE SIZING



HEIGHT	SAPI	CIV / LE
> 5'2"	SMALL	MEDIUM
5'2" - 6'3"	MEDIUM, LARGE	LE
6'3"<	X-LARGE	X-LARGE

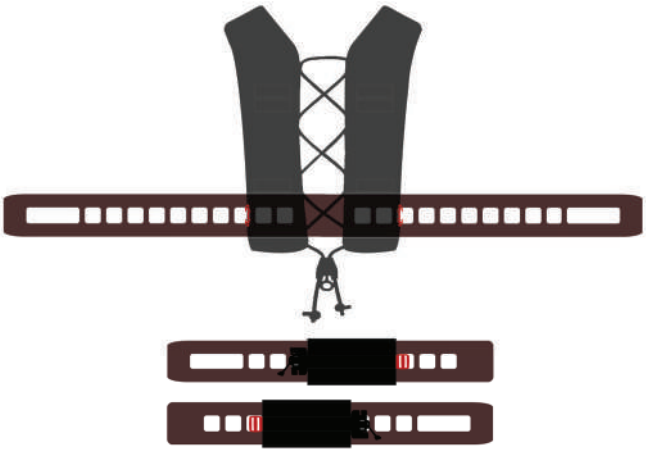
MEASURMENTS



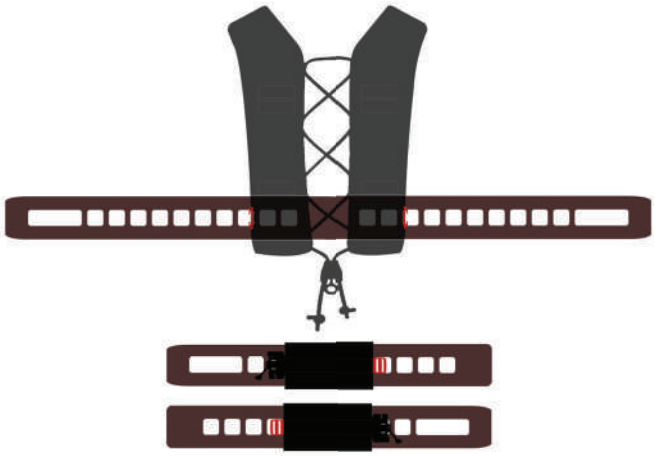
1. THE STOMACH SIZE SHOULD BE MEASURED WITH A SOFT TAPE. MEASURE ACROSS THE STOMACH ACROSS THE NAVEL AND OBLIQUES WITH ARMS RESTING AT THE SIDES WHILE ENSURING THE TAPE MEASURE IS LEVEL. THE TAPE MEASURE SHOULD BE COMFORTABLY SNUG WITHOUT COMPRESSING THE STOMACH.
2. RECORD THIS MEASUREMENT IN INCHES TO DETERMINE YOUR CUMMERBUND SIZE ON THE SIZING CHART ON THE FOLLOWING PAGE.

SIZING

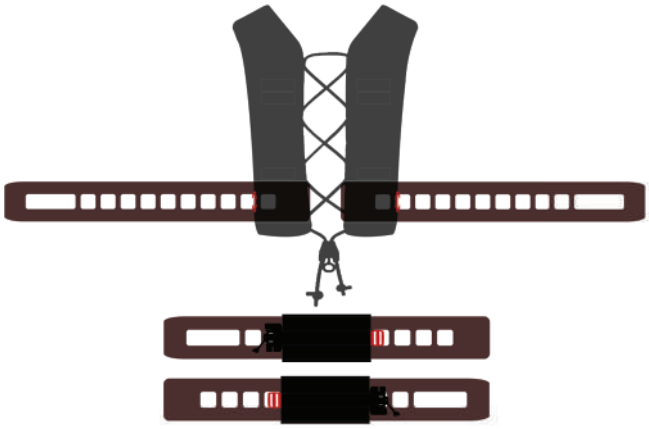
30-33 CIRCUMFERENCE



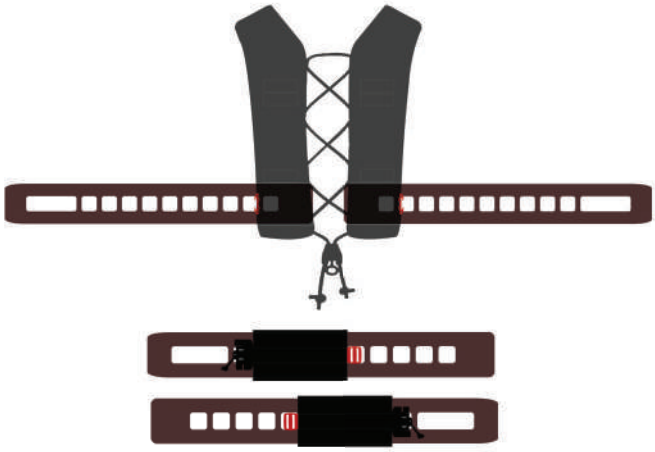
33-36 CIRCUMFERENCE



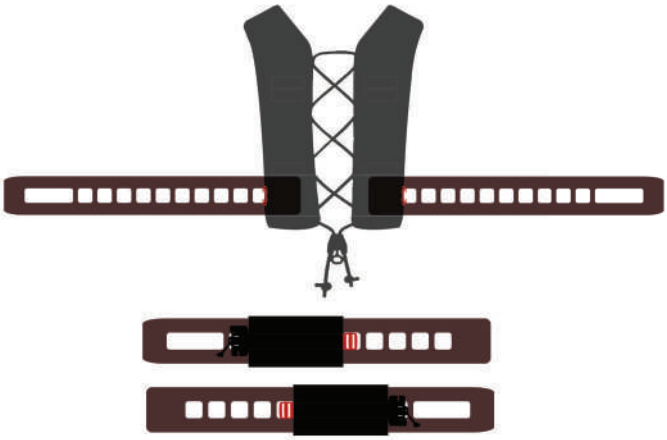
36-39 CIRCUMFERENCE



39-42 CIRCUMFERENCE



42-45 CIRCUMFERENCE



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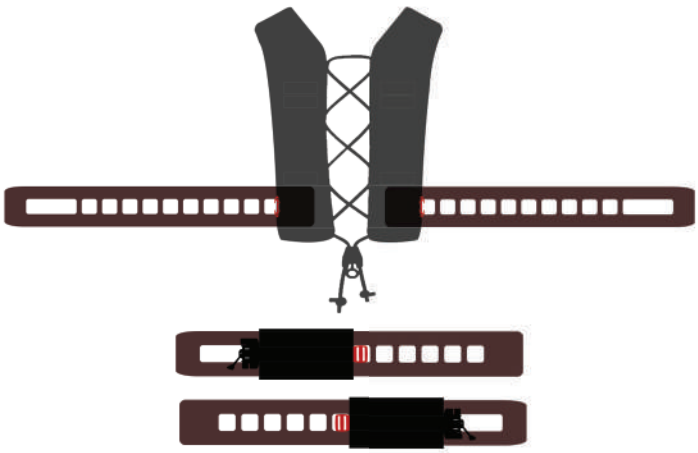
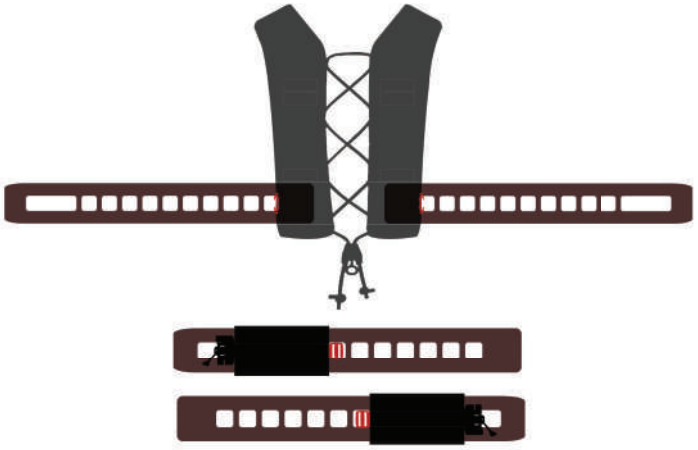
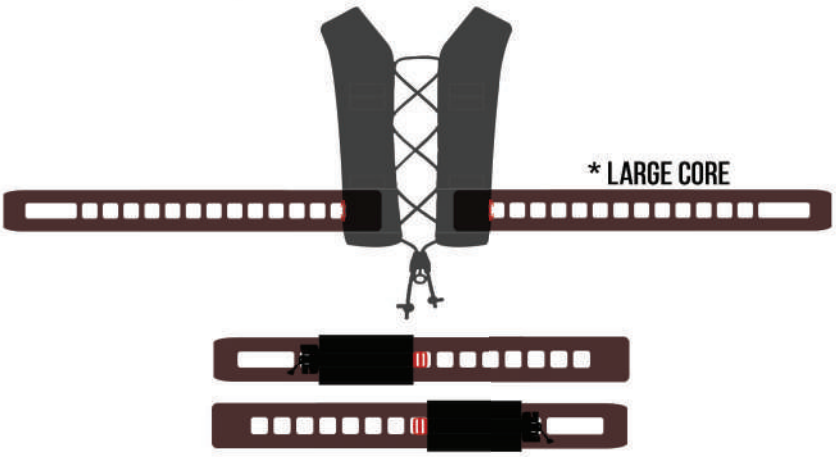


SIZING

48-51 CIRCUMFERENCE



51-54 CIRCUMFERENCE



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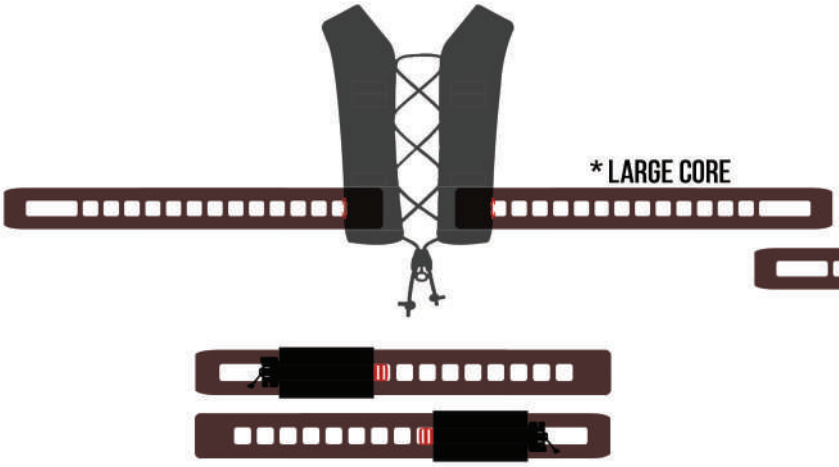

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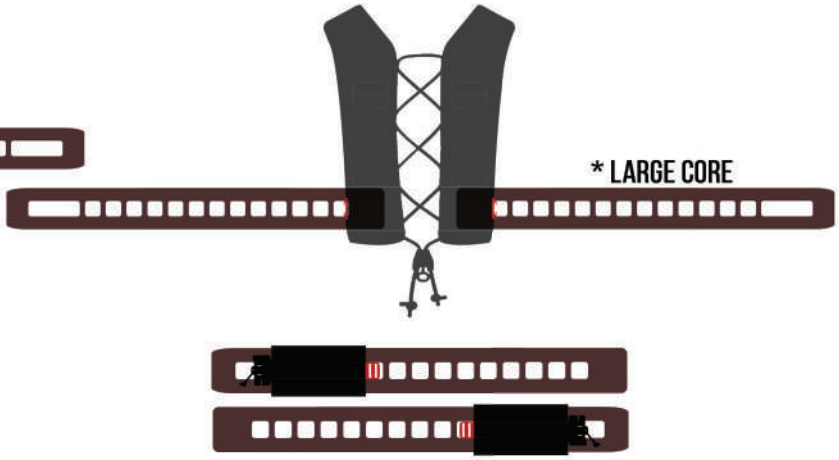


REAR PLATE BAG LOCATION

LE / LG

X-LARGE

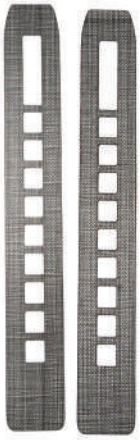
ASSEMBLY

ASSEMBLY

COMPONENTS

CHASSIS

FRONT AND REAR PLATE BAG



CUMMERBUND CORE

SLICK ADAPTERS

MOLLE SLEEVE

REAR PLATE BAG ASSEMBLY

1. CHECK IF YOUR REAR PLATE BAG HAS ALREADY BEEN FULLY PRE-INSTALLED TO THE CHASSIS. THE FOUR VERTICAL STRAPS SHOULD BE WOVEN ACROSS THEIR RESPECTIVE WEBBING SLOTS AS SHOWN. (FIGURE A)

FIGURE A

2. IF NOT, REMOVE THE REAR PLATE BAG FROM THE CARRIER CHASSIS. ONCE REMOVED, YOU WILL SEE FOUR SETS OF HORIZONTAL NYLON STRAPS ON THE UPPER RIGHT AND LEFT AND LOWER RIGHT AND LEFT OF THE CHASSIS. ON THE REAR OF THE PLATE BAG WITH CORRELATED BUTTONS, THERE WILL BE FOUR VERTICAL STRAPS WITH BUTTONS. (FIGURE B)

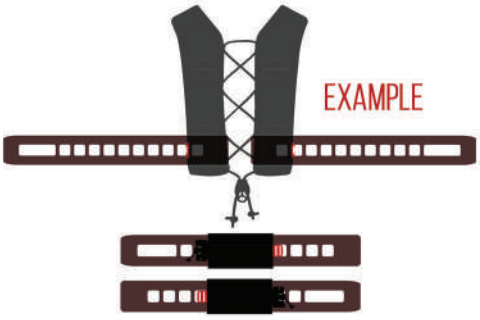
3. REFERENCE THE SIZING CHART TO DETERMINE WHAT STRAPS YOU WILL BE USING FOR YOUR SIZE OF CARRIER. STARTING ON THE TOP OF THE BAG, WEAVE THE VERTICAL STRAPS THROUGH THE HORIZONTAL STRAPS IN AN UNDER-OVER METHOD. FINALLY, CONNECT THE BUTTONS UNTIL YOU HEAR THE SNAP. REPEAT THIS STEP ON THE REMAINING THREE INTERFACES.

FIGURE B

ASSEMBLY

CUMMERBUND INSTALLATION

1. REFERENCE THE SIZING CHART TO DETERMINE A STARTING POINT BASED ON YOUR BODY CIRCUMFERENCE FOR THE CUMMERBUND AND SLEEVE INSTALLATION.



2. TO INSTALL THE SLEEVES ON THE TEGRIS CUMMERBUNDS. FIND THE ROC BUCKLE ON THE FRONT AND THE SLIDELOK ON THE REAR. USING THE TAPERED END OF THE TEGRIS CUMMERBUND, SLIDE IT INTO THE REAR OF THE SLEEVE TO THE PROPER SPACING. (FIGURE A, B)

FIGURE A

FIGURE B

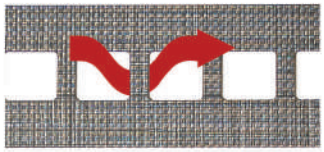


FIGURE C

3. PUSH THE REAR SLIDELOK DOWN THROUGH THE SPACING AND THEN PUSH IT UP THROUGH THE SPACING BESIDE IT. THIS WILL CREATE THE PROPER TENSION TO HOLD THE SLEEVE IN PLACE. REPEAT THE SAME STEPS ON THE OPPOSITE SIDE. (FIGURE C, D, E, F)

FIGURE D

FIGURE E

FIGURE F

ASSEMBLY

QUICK RELEASE REMOVAL

1. IF DESIRED YOU CAN REMOVE THE 40MM ROC BUCKLES ON THE CUMMERBUND SLEEVES.

2. REACH INSIDE THE CUMMERBUND SLEEVE AND SEPARATE THE VELCRO THEN PULL THE VELCRO STRAP FROM THE SLEEVE AND REMOVE THE BUCKLE. THE VELCRO STRAPS ON THE SLEEVE THAT PREVIOUSLY HELD THE ROC BUCKLES CAN BE USED TO SECURE THE CUMMERBUND TO THE FRONT PLATE BAG. REINSTALL THE MOLLE SLEEVE ONTO THE CORE. (FIGURE A, B, C)

FIGURE A

FIGURE B

FIGURE C

PRO TIP: IF YOU REMOVE BOTH ROC BUCKLES, AND THEN SIMPLY REINSTALL THEM ON THE OPPOSITE SIDE, YOU CAN CHANGE THE RELEASE ORIENTATIONS OF YOUR CUMMERBUND!

SLICK CUMMERBUND

1. IF YOU WISH TO CUT WEIGHT AND RUN THE SYSTEM WITHOUT THE MOLLE SLEEVE, THERE ARE TWO VELCRO CONNECTORS WITH MOLLE-TEE CONNECTORS PROVIDED. THE MOLLE-TEE CONNECTS THROUGH A SPACING. ONCE CONNECTED, PUSH THE CUMMERBUND INTO THE FRONT PLATE BAG SLOT AND ATTACH THE VELCRO CONNECTOR TO THE VELCRO OF THE FRONT PLATE BAG. (FIGURE A. B. C)

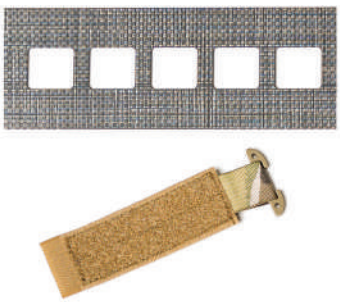


FIGURE A

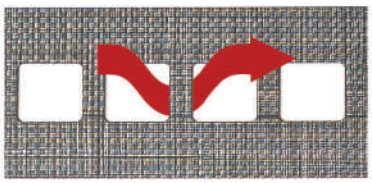


FIGURE B

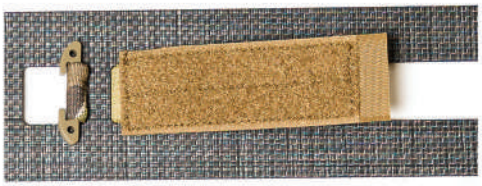


FIGURE C

ASSEMBLY

CUMMERBUND ATTACHMENT

1. USING THE SIZING CHART, INSERT THE SQUARED OFF END OF THE TEGRIS CUMMERBUND CORE IN THE SLOT ON THE REAR OF THE CHASSIS. NOTE: IF YOU ARE USING THE CUMMERBUND SLEEVES, PAY ATTENTION THEY ARE ORIENTATED CORRECTLY AS THEY ARE DIRECTIONAL. (FIGURE A, B, C)

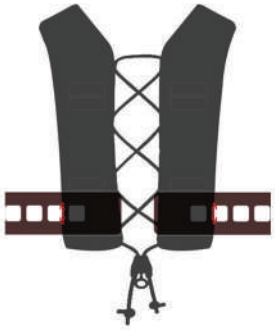


FIGURE A
EXAMPLE

FIGURE B

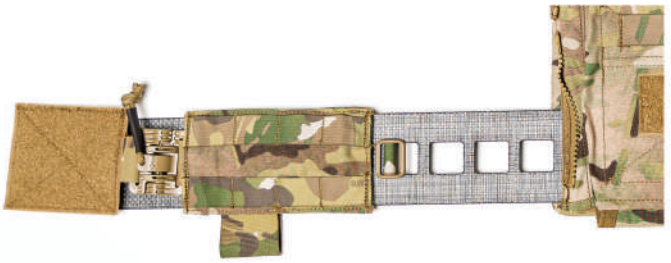


FIGURE C

2. THERE IS A MOLLE-TEE THAT WILL BE USED TO HOLD THE CUMMERBUND IN PLACE. ONCE ON THE PROPER SECTION, ANGLE THE MOLLE-TEE TO THE CORNER OF THE QUADRANT AND PUSH BOTH SIDES THROUGH. ONCE THE MOLLE-TEE IS ON THE OTHER SIDE, FOLD IT OVER TO PREVENT SNAGGING ON GEAR. (FIGURE D)

FIGURE D

3. ATTACH THE VELCRO OF THE 40MM ROCK BUCKLES TO THE VELCRO ON THE FRONT PLATE BAG. SLIDE THE ANGLED CUMMERBUND INTO THE FLAPS BENEATH THE VELCRO ON THE FRONT PLATE BAG AND CONNECT YOUR BUCKLES. (FIGURE E, F, G)

FIGURE E

FIGURE F

FIGURE G

ASSEMLBLY

PLATE INSTALLATION

1. INSERT YOUR PLATES INTO THE PLATE BAGS ENSURING THEY ARE PUSHED IN AS FAR AS THEY CAN GO AND CLOSE THE BOTTOM OF THE BAGS BY TUCKING THE VELCRO SLEEVE IN AS FAR AS POSSIBLE. (FIGURA A, B, C)

FIGURE A

FIGURE B

FIGURE C

2. YOUR LBAC IS NOW SETUP AND READY TO BE FIT AND ADJUSTED FOR YOUR SIZE.

FITTING

FITMENT

FRONT PLATE BAG

1. PLACE THE CARRIER OVER YOUR HEAD TO ALLOW THE CARRIER TO REST ON YOUR SHOULDERS. ENSURE THE FRONT PLATE BAG'S TOP HEIGHT IS AT YOUR COLLAR-STERNUM NOTCH. IF NOT, RAISE THE HEIGHT BY ADJUSTING THE VELCRO STRAPS ON THE SHOULDERS. (FIGURE A, B, C)

FIGURE A

FIGURE B

FIGURE C

2. IF DESIRED, THE 40MM ROCK BUCKLES ON THE SHOULDER STRAPS CAN BE REMOVED. TO DO THIS SIMPLY REMOVE THE SHOULDER STRAP AND SLIDE THE BUCKLE OFF THEN USE THE NEW STRAP AS YOUR ATTACHMENT POINT. (FIGURE D, E, F)

FIGURE D

FIGURE E

FIGURE F

REAR PLATE BAG

1. TO ADJUST REAR PLATE BAG HEIGHT, REMOVE THE STRAP AND PULL IT TOWARDS THE FRONT PLATE BAG TO TIGHTEN. PULL THE OPOSITE DIRECTION TO LOOSEN. ENSURE THE REAR PLATE BAG IS HIGH ENOUGH TO COVER YOUR VITAL ORGANS FROM THE REAR. (FIGURE A, B, C)

FIGURE A

FIGURE B

FIGURE C

FITMENT

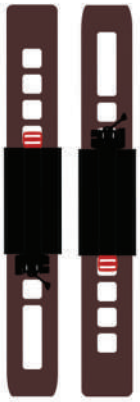
CHASSSIS

1. THE CHASSIS WIDTH CAN BE ADJUSTED TO SIT ALONG THE BACK MUSCLES TO BE MOST COMFORTABLE VIA THE CHORDS WOVEN BETWEEN THE TWO SIDES. THERE IS AMPLE CORD LENGTH TO TIGHTEN OR LOOSEN THE CHASSIS. TO TIGHTEN SIMPLY PULL THE CORDS DOWN, TO LOOSEN PULL THE CORDS UP.

CUMMERBUND

1. CONFIRM THE CUMMERBUND FIT IS COMFORTABLE FOR YOU. IF YOU NEED TO ADJUST THE CUMMERBUND SIZE REFERENCE THE CUMMERBUND INSTALLATION AND REPEAT THE STEP FOR A LOOSER OR TIGHTER FIT.

   NOTE: FOR PROPPER WEIGHT DISTRIBUTION AND LOAD BEARING CAPIBILITIES, THE CUMMERBUND NEEDS TO BE A SNUG FIT AND NOT LOOSE.

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