



52 HIKE CHALLENGE ADVENTURE SERIES

- 5 Waterfalls (even if they are dry)
- 1 Forest (if not possible, go to National Park/ Site)
- 1 National Park, Monument, Preserve, Recreation Area or Historic Trail
- 2 Hikes with bodies of water: Lakes, Rivers, or Ocean
- 1 Stewardship hike (Trail Maintenance, pick up trash, restoration project, etc.)
- 1 Group hike (if you are regular to one group, visit a new group to meet new people)
- 1 Hike where you Introduce someone to hiking
- 1 Sunset or Sunrise hike
- 1 Hike from your Bucket list (somewhere you have always wanted to go)
- 3 Reflection hikes (journal at the beginning, middle, and towards the end of your challenge)