



SUPERIOR

SAUNA & STEAM

CUSTOM SAUNA LINER KITS



CLEANSE | RELAX | RELIEVE STRESS

CHOOSE YOUR...

- Tongue & Groove
- Paneling
- Heater
- Benches
- Door
- Lighting
- Duckboard
- Hardware
- Accessory Kit





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Looking for a sauna quote? Let's get started....

Sauna Planning

In order to get a quote to you, we need you to submit a **Custom Sauna Planner** via fax or email. The Custom Sauna Planner will help you provide us with the information we'll need.

Please take a few moments to look at the elements on our **Sauna Index** web page. This information will help you understand the components and materials needed when building a sauna. Things to consider: How many people will be using the sauna and how often? Do you need a changing room?

Sample Pack

We have **Sample Packs** available for you to see firsthand the quality of our materials. If you have not already received one, we would be happy to send one out to you today free of charge*. Our sauna woods start from logs and lumber dried to our specifications. Before making a major purchase for the sauna of your dreams, get our sample pack and see our superior quality.

What we'll need:

- Wood choice - White Aspen, Red Cedar, Finnish Spruce, or Mixed Woods
- Rough opening room dimensions - Length, width and height (7' is optimum for saunas)
- Framing specs - Ex. 2x4, 2x6, concrete blocks with furring strips or steel studs
- Insulation type - Fiberglass is best for saunas
- Paneling installation direction for walls and ceiling
- Door type & size - We need the dimensions of the wall where the door will be installed and available rough opening
- Window - Size and quantity
- Heater preference - 240 or 208 volt. 1 or 3 phase. Control type - On heater or exterior; dial or digital
- Existing sauna floor type.
- Are there ADA requirements?

Outdoor Saunas

We have the **New Englander** as a complete outdoor sauna kit. Or, you can provide your own out-building specs and we will design a sauna liner kit to fit the space using the same process as an indoor sauna.

Contact us

If you prefer to go over the sauna planner form with a Design Consultant, simply give us a call when you can be in front of a computer and we will discuss your options. **877-872-2806**

Payment

We accept credit cards, PayPal, wire transfers and checks.

** Complimentary in the lower 48 states*

Custom Sauna Planner

Custom Sauna Planner for all sauna projects: Residential or Commercial facilities like Hotels, Gyms, Health Clubs, Military Bases, etc. Print out, then return this completed form by Email, Fax or Mail to receive a quote for a Custom Sauna Kit. Use this form for new sauna construction or sauna remodeling jobs. Sauna construction starts with a framed and insulated room, so remove any existing interior wall paneling, drywall etc. to prepare space for sauna kit installation.

It is important to have exact Rough Opening dimensions (stud to stud measurements) of planned or existing framed room.

Custom Sauna Floor Plan sketch guidelines:

Study this example drawing of a custom sauna design. On next page, draw in your Custom Sauna design of any size. Please do your best to follow this format. The suggested scale is each grid square equals 1 foot.

Please Include:

- Overall Rough Opening dimensions: width, depth and ceiling height.
- Measurements on both sides of Door Rough Opening
- Show door swing direction (door can't swing into sauna, for safety)
- You may draw desired bench & heater locations which a Sauna Design Consultant will review for you
- See website or call for actual Door Rough Opening Size if custom
- Draw desired bench depths & tiers
- Hints: Standard bench depths are: 12", 18" and 24". 24" benches allow enough depth to lay down if wall is longer than 6 feet. Ceiling height is typically 84" (7')

Our expert design consulting is available to assist in creating the sauna for your needs and budget. Typical lead time for delivery is 2-4 weeks. Ask about Rush Order Custom Saunas, call for details 1-877-872-2806

Drawing Scale: each square equals 1 foot. Use a straight edge and a pencil for best results.



NOTES:

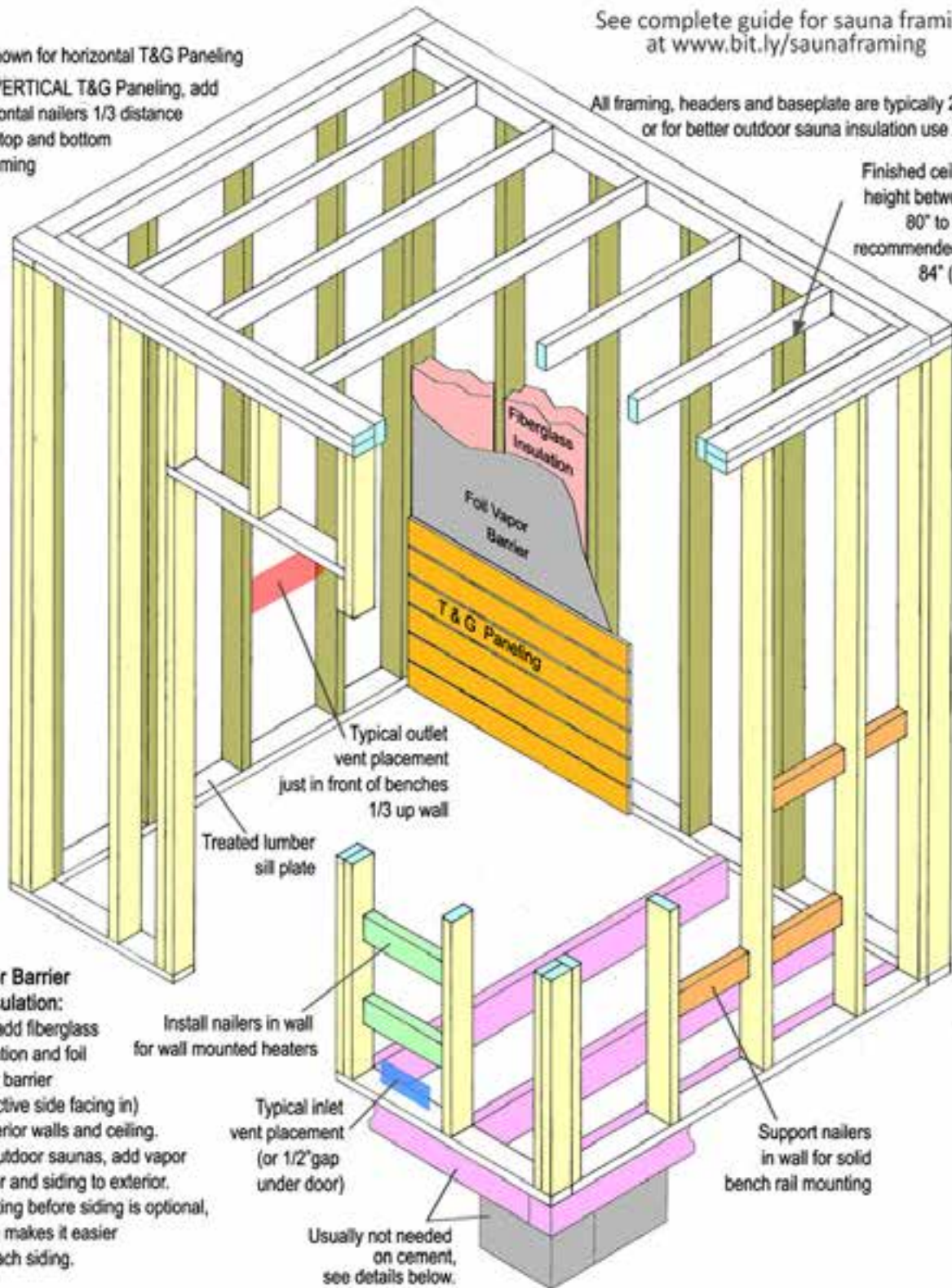
Sauna Room Framing Example

As shown for horizontal T&G Paneling
For VERTICAL T&G Paneling, add horizontal nailers 1/3 distance from top and bottom of framing

See complete guide for sauna framing at www.bit.ly/saunaframing

All framing, headers and baseplate are typically 2x4's, or for better outdoor sauna insulation use 2x6's

Finished ceiling height between 80" to 96", recommended is 84" (7ft.)



Vapor Barrier & Insulation:

First add fiberglass insulation and foil vapor barrier (reflective side facing in) to interior walls and ceiling. For outdoor saunas, add vapor barrier and siding to exterior. Sheeting before siding is optional, which makes it easier to attach siding.

Install nailers in wall for wall mounted heaters

Typical inlet vent placement (or 1/2 gap under door)

Usually not needed on cement, see details below.

Outdoor Sauna foundation info: A concrete slab is an option for permanent Outdoor Sauna install. Insulate slab or underneath wood floor. **ALTERNATIVE TO CONCRETE SLAB:** Set 8" x 8" x 16" concrete blocks for corners. Build a 4x6" treated lumber base frame tied together with steel corner brackets, add 2x6" joist hangers, install treated 2x6 floor joists and use 3/4" treated plywood for floor base board. Optional to add sauna floor drain kit with rubber sheeting over wood floor. For roof design ideas, see photos of Outdoor Saunas. www.SuperiorSaunas.com

Build Your Sauna

Date: ___/___/___

Contact Name: _____ Email: _____

Phone: _____ Fax: _____ Cell: _____

'Ship to' Address: _____ City, State, Zip: _____

How did you hear about us? _____ Design Consultant's Name _____

I plan to buy a Sauna Kit or Components: ___ within a month by this date ___/___/___ ___ not sure when

Wood Choice: ___ White Aspen ___ Red Cedar ___ Finnish Spruce ___ Mixed Woods

Sauna Room Details - Framed Rough Opening Size: width _____" x depth _____" x height _____"

Framing Details: Wood _____ Steel _____ Concrete _____ 2x4 _____ 2x6 _____ Other _____

Insulation: Fiberglass (recommended) _____ Other _____

T&G Paneling: Direction: ___ Horizontal OR ___ Vertical

Ceiling Paneling Direction: (from door opening) ___ Front to Back OR ___ Left to Right

Trim Choice: (Circle One) Matching White Aspen/Basswood, all Red Cedar Parts, or spruce/basswood

Sauna Heater: ___ Electric ___ Wood Burning OR ___ Gas (Call for ALL heater choices)

Heater Brand: _____ Model: _____ Voltage: 240v OR 208v (Circle one) 1 phase OR 3 phase (Circle one)

Preferred Controls: ___ Dials on heater ___ Dials on wall ___ Digital Touch Pad ___ 60min. or 9hr preset timer

___ Heater Guard (allows airflow and prevents accidentally bumping into hot stove)

Bench Details: Common bench depths are 18", 24", 30", 36" or Custom (please note Depth & Width below)

D _____" x W _____" Top Bench

D _____" x W _____" Top Bench 'L'

D _____" x W _____" Bottom Bench

D _____" x W _____" Bottom Bench 'L'

D _____" x W _____" 3rd Tier Bench (optional w/ 7' 6" min. ceiling ht.)

___ Bench Skirting

Portable Headrest/Backrest: ___ Cedar or ___ Basswood

Notes: _____

Comfortable Backrests for top tier benches (helps keep walls clean): ___ Standard 4 bar ___ Deluxe Curved

All Glass Panel Door: ___ 24 x 72" ___ 36 x 80" Handicap Accessible (see website for Rough Openings)

Choice of: ___ bronze tint ___ clear Glass panel is tempered and pre-hung in jamb with hardware

Door: ___ 24 x 77" ___ 24 x 80" ___ 36 x 80" OR Any size: _____

Options: ___ 'Full Glass' ___ '1/2 Glass' ___ Wood T&G door to match wall paneling wood

Required Door Info: Door hinges walking in pulling door (see right): ___ LH ___ RH (door can't swing into sauna)

Standard jamb depth (wall thickness) is 4 7/8" Note if custom jamb depth needed: _____

Available rough opening: D _____" x W _____" Threshold needed? _____



Sauna Window: Tempered glass unit ___ 18x32" ___ 26x38" ___ Aspen ___ Cedar ___ Clear ___ Bronze

Flooring: 1' square wood tiles for walking area with plastic easy snap-together base, lets water drain away

___ Ipe hardwood 12x12 ___ Western Red Cedar 11x11 ___ Aspen 11x11 (see website for edging pieces)

D.I.Y. Parts: ___ Foil Vapor Barrier (required) ___ Foil Tape ___ Wall Light ___ Wood Diffuser Shade 90° or 180°

___ Recessed Lighting Kit (halogen & LED) ___ Vent Kit ___ Paraffin Oil Kit (protects sauna woods)

___ Stainless Steel Nails for paneling/trim: 15, 16 or 18 gauge, specify your brad nailer gun size _____

Accessories: ___ 1 Gal. Bucket & Ladle (choice of cedar, aspen, pine or copper), Hygro/Thermometer and Eucalyptus Oil

(10% off w/sauna) Standard or Deluxe Complete Accessory Pack details available online

___ Digital Media System (MP3) ___ Speakers Standard/Deluxe/Transducers

Free Sauna Woods Sample Pack: ___ Send me Sample Pack of Sauna Wood Choices

(T&G paneling, benches, flooring, trim, SS nails)

Kit Liner Pricing

Our sauna price list starts with two-person sauna all the way up to room for 12 or more people in commercial saunas. Our Custom Sauna Liner Kits fit into a pre-built framed room constructed by yourself or local builder. In many cases, any room in a house can be converted to a sauna, even a 4' x 4' closet.

Custom Cut Liner Kits are a great alternative to pre-fab indoor or outdoor saunas, especially for do-it-yourself home owners. Using the grid below, find a size close to your room size, then request a quote with shipping for items you choose. Average home sauna sizes range from 2 person to 4 person saunas. Large Commercial Saunas can seat 10 to 14 people.

	Kit Fits Room Size	Benches	Benches Tiers	Sale Price w/heater	Price w/o heater
	4' x 4' x 7'	2	2	\$2,985	\$2,171
• FACTORY DIRECT: Save up to 30% off retail	4' x 5' x 7'	2	2	\$3,114	\$2,301
	4' x 6' x 7'	2	2	\$3,452	\$2,630
• SPECIAL SALE: Kit shipping discounts! Call for details	5' x 5' x 7'	2	2	\$3,528	\$2,715
	5' x 6' x 7'	2	2	\$3,709	\$2,985
	5' x 7' x 7'	3	2	\$3,904	\$3,201
• See website for itemized quotes with complete details and bench layout drawings	5' x 8' x 7'	4	2	\$4,288	\$3,564
	6' x 6' x 7'	2	2	\$3,800	\$3,076
	6' x 7' x 7'	3	2	\$3,951	\$3,262
• For quote size variations or any Custom Sauna size, please fill out CUSTOM SAUNA PLANNER found on our website	6' x 7' x 7' 6"	3	3	\$4,292	\$3,490
	6' x 8' x 7'	3	2	\$4,691	\$3,910
	7' x 7' x 7'	3	2	\$4,721	\$3,917
	7' x 8' x 7'	4	2	\$4,942	\$4,138
• Sauna Liner Kits include everything, including trim and stainless steel paneling & trim nails	7' x 8' x 7' 6"	4	3	\$6,358	\$5,553
	7' x 11' x 7' 6"	6	2 x 3	\$6,936	\$5,290
	8' x 8' x 7'	4	2	\$5,239	\$4,303
	8' x 8' x 7' 6"	4	3	\$5,430	\$4,494
	8' x 10' x 7'	5	2	\$6,277	\$5,280
	10' x 12' x 7'	5	2	\$8,356	\$6,444
	12' x 16' x 7'	5	2	\$12,923	\$10,836

Prices subject to change without notice. We are not responsible for price errors or omissions.
Updated Oct. 2014

Need a custom quote?

Please call our design consultants at 877-872-2806

FLEXIBLE QUOTES: Add options or delete items of your choice to fit your budget.

Save an additional 25% with alternative sauna parts. Custom Cut Sauna Liner Kits can be tailored to fit any pre-existing Indoor or Outdoor Sauna. Most popular sizes shown above, many more standard sizes are available.

Liner Kit can be ordered with standard 'Custom Cut' pieces. cut to your specs OR 'Custom Cut Extra' with 2" extra length on all pieces. Trimmed during assembly for a perfect fit.