



CUSTOM SAUNA LINER KITS & PREFABRICATED SAUNAS



## CLEANSE | RELAX | RELIEVE STRESS

CHOOSE YOUR...

Tongue & Groove Paneling

Heater

Benches

Door

Lighting

Flooring

Hardware

Accessories



SUPERIORS AUNAS. COM

877-872-2806

68670 STATE FARM RD ASHLAND, WI 54806



### Thank you for your Custom Sauna inquiry!

We offer assistance in design and planning throughout the process until your sauna is finished. For your convenience, sauna layout drawings, heater installation guides and other helpful resources are in the Literature Library at *SuperiorSaunas.com* 

Our complete Sample Pack of sauna building materials includes samples of:

- Tongue & Groove Paneling: White Aspen, Western Red Cedar & Finnish Spruce
- Bench stock: White Basswood and Western Red Cedar woods
- **Flooring Tiles:** Samples of 1 foot square easy snap together tiles, available in Red Cedar (good) and hardwood Ipe (best, lasts for generations)
- Cove Molding & Door Trim: Basswood and Cedar samples of Interior Trim Pkg.
- Nails: Stainless Steel finishing nails for easy paneling install, fits finish nailer guns, will never corrode or leave stains on sauna walls

With our FACTORY DIRECT Do-It-Yourself Custom Sauna Room Liner Kit, you have top quality materials at an affordable price.

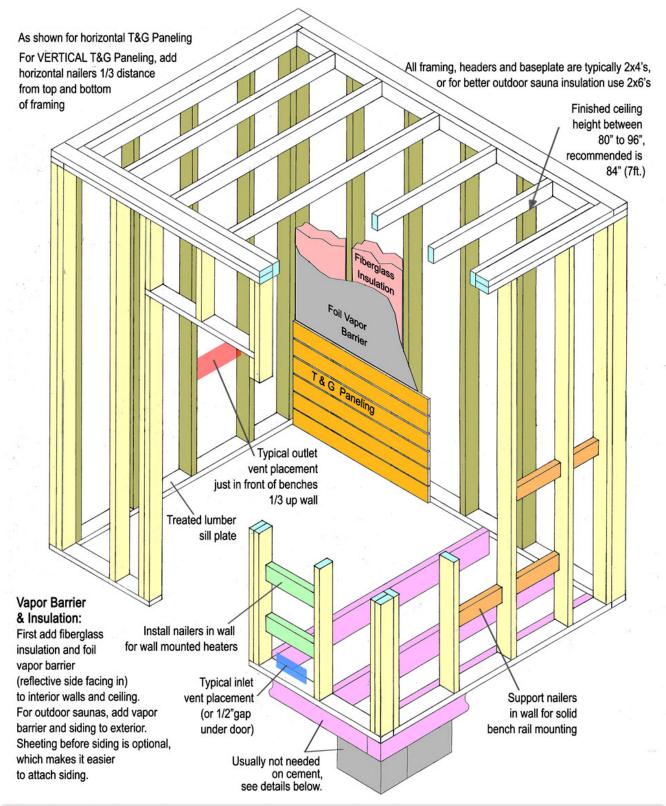
Superior Sauna manufactures indoor & outdoor saunas for your residential home sauna and commercial sauna needs. We currently ship sauna kits to all of U.S. and many International locations. Most wood sauna components which are distributed worldwide, are made right here at our factory location. See our complete sauna store online at *SuperiorSaunas.com* or stop and visit us at our retail location in Northern Wisconsin.

We love building saunas and their many components and can't wait to hear from you!

Sincerely,

**The Superior Saunas Team** 

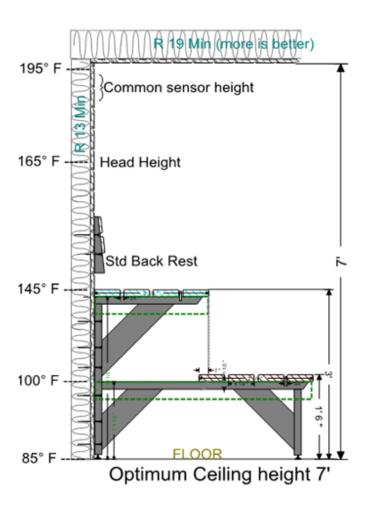
### Sauna Room Framing Example

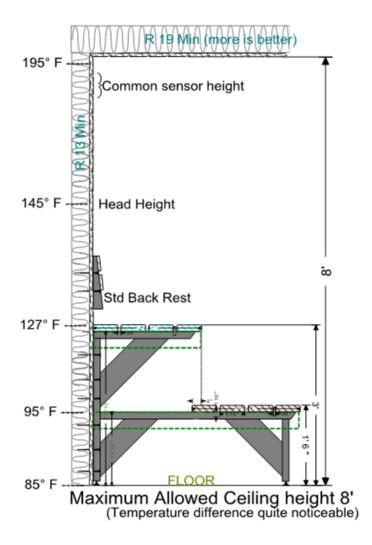


Outdoor Sauna foundation info: A concrete slab is an option for permanent Outdoor Sauna install. Insulate slab or underneath wood floor. ALTERNATIVE TO CONCRETE SLAB: Set 8" x 8" x 16" concrete blocks for corners. Build a 4x6" treated lumber base frame tied together with steel corner brackets, add 2x6" joist hangers, install treated 2x6 floor joists.and use 3/4" treated plywood for floor base board. Optional to add sauna floor drain kit with rubber sheeting over wood floor. For roof design ideas, see photos of Outdoor Saunas. www.SuperiorSaunas.com

## Heat Stratification Diagram

Proper ceiling height will allow your sauna to have a more consistent heat. It will also allow your heater to work more efficiently, helping to prevent element burnout and save on electricity.





### Custom Sauna Planner

**Custom Sauna Planner** for all sauna projects: Residential or Commercial facilities like Hotels, Gyms, Health Clubs, Military Bases, etc. Print out, then return this completed form by Email, Fax or Mail to receive a quote for a Custom Sauna Kit. Use this form for new sauna construction or sauna remodeling jobs. Sauna construction starts with a framed and insulated room, so remove any existing interior wall paneling, drywall etc. to prepare space for sauna kit installation.

It is important to have exact Rough Opening dimensions (stud to stud measurements) of planned or existing framed room.

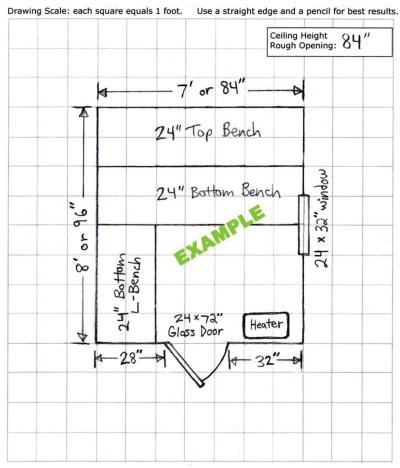
## Custom Sauna Floor Plan sketch guidelines:

Study this example drawing of a custom sauna design. On next page, draw in your Custom Sauna design of any size. Please do your best to follow this format. The suggested scale is each grid square equals 1 foot.

#### **Please Include:**

- Overall Rough Opening dimensions: width, depth and ceiling height.
- Measurements on both sides of Door Rough Opening
- Show door swing direction (door can't swing into sauna, for safety)
- You may draw desired bench & heater locations which a Sauna Design Consultant will review for you
- See website or call for actual Door Rough Opening Size if custom
- Draw desired bench depths & tiers
- Hints: Standard bench depths are: 12", 18" and 24". 24" benches allow enough depth to lay down if wall is longer than 6 feet. Ceiling height is typically 84" (7')

Our expert design consulting is available to assist in creating the sauna for your needs and budget. Typical lead time for delivery is 2-4 weeks. Ask about Rush Order Custom Saunas, call for details 1-877-872-2806



#### **NOTES:**

# Custom Sauna Planner

Drawing Scale: each square equals 1 foot. Use a straight edge and a pencil for best results.

				Ceilii (best	Ceiling Height Rough Opening: (best 7' - Max 8')		

**NOTES:** 

# Build Your Sauna

Date: / /	
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Contact Info Name:		Email:	
Phone:	Fax:	Cell:	
'Ship to' Address*:	(	City, State, Zip:	
Address Type: Residential	Commercial Already a	Customer? Yes No	
Superior Sauna Design Consult	ant's Name		
I plan to buy a Sauna Kit or Cor *Address must be accessible by full size sem	mponents: Within a Month	By This Date//_	Not Sure When
Framing Details: Wood_ Insulation: Fiberglass (recon T&G Paneling: White As Ceiling Paneling Direction	spen Red Cedar Finnish Sp ion (from door opening): Front to Back	4 2x6 Other  ruce Hemlock  Left to Right	ht"  Direction: Horizontal Vertical_ ments (benches, trim, etc.) match T&G wood
Preferred Controls: Dials of		gital Touch Pad 60min. or	le one) 1 phase or 3 phase (Circle one 9hr Preset Timer (Circle One)
D" x W" Top B D" x W" Botto D" x W" 3rd To Comfortable Backrests for	top tier benches (helps keep walls cleast: Cedar Basswood Na", 36" or Centher to Community (helps keep walls cleast: Cedar Basswood Na", 36" or Centher Centher (helps keep walls cleast: Cedar Basswood Na"	V" Top Bench 'L' V" Bottom Bench 'L' ht.)Bench Skirtin an): Standard 3 bar Deluxe	g Curved
	"(Standard Size) 36 x 80" Handica Clear Glass panel is tempe		
	Standard Size) 36 x 80" Handicap 1/2 Glass' All Wood T&G (m		
Standard jamb depth (wall t	ges walking in pulling door (see right thickness) is 47/8″ Note if custom ja D″ x W″ Threshold n	mb depth needed:	
	sulated glass unit: 20x24" 24x: 32" 26x38" Aspen Ced		
_	ing area with plastic easy snap-tog Vestern Red Cedar 11x11 Aspe _ (for walkway only)		
Recessed Lighting Kit (halog	(required) Foil Tape Wall Lig gen & LED) Vent Kit Paraffin ( neling/trim: 15, 16 or 18 gauge, sp	Oil Kit (protects sauna woods)	
Accessories: Standard or Delu	xe Complete Accessory Pack (details	available online) Bluetooth Aud	0
Sauna Woods Sample Pack: (T&G paneling, benches, flooring	Send me a complimentary Sample g, trim, vapor barrier, SS nails)	Pack of Sauna Wood Choices_	_