



EVERLAST CLIMBING™

A **PLAYCORE™** Company



SPOTTER'S POSITION & FORM

- Stand about 18" from wall
- Legs apart, knees bent
- Raise arms up, slightly bent at elbows
- Palms face out & fingers point upward
- Cup hands, with thumbs tucked in

SPOTTER'S ROLE

- Always focus on climber
- Follow along in position as climber moves
- If the climber falls, direct onto safety mats
- **DO NOT CATCH CLIMBER OR STOP A FALL**
- Remind climber of safety rules
- Encourage and motivate climber