

Names Date	
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MYPLATE CLIMB TALLY SHEET



- 1. Keep a tally of the food groups found on the climbing wall.
- 2. List at least one favorite food from each food group. The favorite food doesn't have to be from the climb.

Food Group	Climber 1	Climber 2	Favorite Foods
Fruits			
Vegetables			
Grains			
Protein			
Dairy			