

# MAGNA® FLAG ACTIVITY

MAGNA® FLAG ACTIVITY: FLAG TOSS #1



## MAGNA® FLAG ACTIVITY 1



### MATERIALS NEEDED:

30 Magna® Flags  
6 5-gallon buckets or wastepaper baskets



### PRIOR TO THE ACTIVITY:

Place Magna® Flags across the Traverse Wall®, placing them high and low and evenly spread out. Along the outer edge of the mat, place each bucket or basket at varying distances away from the wall and at 5-foot intervals.



### THE ACTIVITY:

Have students line up to one side of the Traverse Wall® to begin climbing. As they climb, they are to remove Magna® Flags and throw them into the buckets/baskets. If they miss a bucket/basket, the instructor places the Magna® Flag back onto the wall. The object is to remove and throw all of the Magna® Flags into the buckets/baskets. Once students have finished a traverse, they should get back in line and keep climbing until the goal is achieved.



### VARIATION:

Instructors could time this activity with a stopwatch and the class could repeat the activity and work together to beat their time.



**WARNING: CHOKING HAZARD** - Small parts. Not for children under 3 years. This product contains small magnets. Do not ingest or inhale.

Manufactured by: EVERLAST CLIMBING INDUSTRIES, INC.

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[www.traversewall.com](http://www.traversewall.com)