

ACTIVITY TWO: JUMPING MONKEY



In this activity, children are asked to jump their way across the mats under the Monkey Bars. As they jump, they try to touch as many of the hanging scarves as they can. Younger children can pretend they are picking bananas!

MATERIALS NEEDED

- Safari™ Monkey Bars with safety mats in place
- 10-12 juggling scarves

ADVANCE PREPARATION

Tie juggling scarves in various locations on all rungs so that they are hanging down at varying lengths. Keeping in mind the heights and ability levels of participants will help you determine appropriate scarf lengths.

ACTIVITY

Beginning at the first rung, have children jump up and touch a hanging scarf. Challenge them to jump as high as they can. Once a scarf is touched, they should hop to the next rung and jump to touch a scarf. They can take as many jumps as needed until a scarf is touched. Continue in this fashion until a scarf on the last rung is touched.

MODIFICATIONS/VARIATIONS

- Instead of jumping to touch scarves, have children toss a beanbag and try to hit one scarf on each rung.
- For an advanced challenge for taller children, remove scarves and have children jump up and grab the first rung with both hands and hang for a count of five. Then, with control, drop, step forward and repeat for the rest of the rungs.