



# EVERLAST CLIMBING™

A PLAYCORE Company



## CLIMBING WALL CONE CHALLENGE

Participants climb while moving objects from the climbing wall to cones and/or from cones to the climbing wall.

**Grade Level:** 1 and up

**Grouping:** Whole group

**Materials:**

- Cones (made of soft, flexible plastic in the event someone falls on them), one per panel
- Bean bags

**Advance Set Up:**

Place cones on mats 12-24 inches from the climbing wall. Place bean bags on holds and/or cones. Note that bean bags on cones will eventually be placed onto the wall and bean bags on the wall will eventually be placed onto cones. To begin, the bean bags can all be on the wall, all be on cones or they can be placed in both locations, for example alternating on the wall, then cone, then wall, then cone, etc.



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## Activity:

Climbers climb and stop at each cone and either place bean bag from the wall on the cone (if the cone is empty) or remove the bean bag from the cone and place on the climbing wall. The next climber does the opposite action. The activity continues in this way with participants removing and replacing bean bag as they climb. For example, if the activity begins with a bean bag on each cone, the first climber will remove each beanbag and place on the wall. The second climber will remove beanbags from the wall and place back on cones. The third climber will remove beanbags from cones and place back on wall.

**Variation:** Use small objects, for example, plush or plastic animals, instead of bean bags.

**Teaching Tip:** To increase the challenge, place bean bags higher and/or lower on the climbing wall. You can also vary the heights of the cones.

**National Standard(s):** 1,2,3,4 & 5

## Grade-Level Outcomes:

- Nonlocomotor (S1.E7, S1.E8, S1.E10)
- Movement concepts (S2.E1, S2.E2)
- Engages in physical activity (S3.E2, S3.M3, S3.M4, S3.M5)
- Personal responsibility (S4.E1, S4.E2, S4.M1, S4.M2)
- Rules & etiquette (S4.E5, S4.M5, S4.M6)
- Safety (S4.E6, S4.M7)
- Challenge (S5.E2, S5.M3)