

## FOLLOWING A ROUTE

24

Students read route maps and verbally communicate the route to climbers.

### materials needed:

12 Route Maps

### prior to the activity:

Use copies of the Blank Route Map (page 123) to develop 12 different routes of varying difficulty. The routes should have distinct beginning points and end points. All holds should be easily identified. Create a route map for each route.

### activity:

This activity focuses on teamwork and communication. Students work in two-person teams, one climbing and one giving verbal instructions. The non-climber on each team will be given a route map by the instructor. After studying the route map, the non-climber will verbally guide his/her partner through the climbing route. The activity is complete when the last hold on the route has been accomplished.

Divide the class into two-person teams and instruct them as follows:

- Decide who will climb first.
- The non-climber receives a route map and is the only one who may look at it.
- Verbal instructions are the only mode of communication allowed. No pointing is allowed.
- After the route has been completed, team members are asked to review the map together and evaluate whether the route was successfully followed. After review and evaluation of the climb has taken place, roles are reversed, a new map is introduced and the process is repeated with the new climber.

Refer to pages 1 - 4 for descriptions of abbreviated skills listed here:

**Skills Developed : SES1 - SES4 - SES9 - CS1 - CS2 - CS3 - CS5  
CS6 - PS1 - PS2 - PS3 - PS5**



**following a route map**