



Fitting Instructions

Adjust the overall height of the harness using the pair of "Tensionlock Buckles" found in front.

Position so the torso strap is comfortably above your waist belt.



Position so the back of the harness is not too high and riding up against the back of your neck.

Snugging up the torso strap will prevent the harness from riding up and pressing against your neck. If you find that your camera is so heavy that the harness rides up, despite tightening the torso strap, then consider upgrading to the H717 X-Harness instead.



We make available several different adapters, depending on what buckles or straps you are using on your camera. The strap shown in this photo is the H436 Strap, which mates to the Kinesis H435 buckles which can attach to your camera body. You adjust the length of this strap by sliding it in and out of the "3-bar Slider" which is sewn to the harness.



For more clarification on how to adjust this strap, visit www.kgear.com/kinesis-how-to (scroll down to "Slider Adjustment").

The optional H164 Camera Stabilizing Strap keeps your camera from bouncing around when walking or hiking. It Velcros to some small rectangular "Uniloops" on the sides of the harness.



Kinesis H435 Camera Adapter Straps

For quickly changing from a harness to a neck strap, consider attaching a pair of these 20mm (3/4") quick-release female buckles to the lugs of each of your camera bodies. Some bodies only have a round post and also require a pair of metal o-rings (# H431). This buckle system mates with H436 straps/male buckles and the H675 PJ Neck strap.

Be sure that the center bar of the adjustment slider has the concave side facing the webbing.



The loose end of the webbing can be tucked into this mini slider.



V-HARNESS OPTIONS

<for more info & photos click www.kgear.com/h>
<for printable instructions click www.kgear.com/kinesis-how-to>

For carrying a small DSLR camera or holster case on your chest (for a heavy DSLR we recommend the H717 X-Harness). The fabric facing your body is made from lightly padded, breathable 3mm 3D spacer fabric. The shoulder area has 6mm closed-cell foam. The outer fabric is made from smooth urethane coated 400D nylon oxford cloth.

- H700-N **V-Harness** (base harness w/ no straps)
- H700-K **V-Harness** (w/ H436 strap set & H435 "Kinesis" adapters for a DSLR)
- H700-E **V-Harness** (w/ H439 strap set for Op/Tech)
- H700-T **V-Harness** (w/ H442 strap set for Tamrac)
- H700-P **V-Harness** (w/ H436 strap set & H675 PJ Neck Strap)
- H700-H **V-Harness** (for holster case use; comes w/ H437 snaphook strap set [attach to the holster side D-rings, not the rear ones])
- H700-WDW **V-Harness** (custom build for WDW w/ metal snaphooks)
- H164 **Camera Stabilizing Strap for H700**