

## OPERATING INSTRUCTIONS for Patients and Medical Professionals

### ⚠ WARNING

The Polar Care Kodiak can be cold enough to seriously injure the skin. Follow these Operating Instructions, Product Insert (in the pouch on side of unit), and the Intelli-Flo® Pad Fitting Instructions (provided with each Intelli-Flo Pad).

### 1. Discuss Treatment with your Licensed Health Care Practitioner

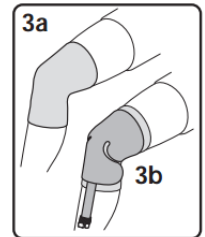
Provide a complete medical history including any reactions to cold. Certain medical conditions make cold-induced injury more likely. Ask your practitioner about potential adverse reactions and cold induced injuries.

### 2. Use Only As Prescribed

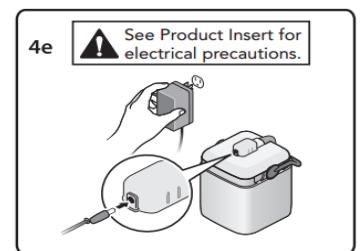
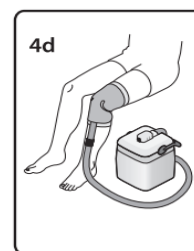
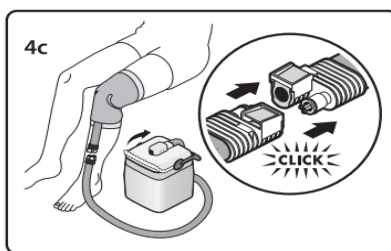
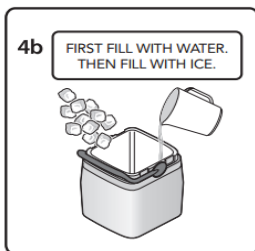
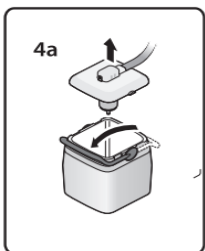
Use only according to your practitioner's instructions regarding the frequency and duration of cold application and breaks, how and when to inspect the skin, and total length of treatment. Federal law restricts this device to sale by or on the order of a licensed health care practitioner.

### 3. Apply Insulation Barrier & Intelli-Flo Pad

Always use an insulation barrier (**3a**) (such as Breg Polar Dressing, Webril, Kerlix, cast padding, elastic bandage) between the Intelli-Flo Pad and skin. Do not let any part of the Pad touch skin (**3b**). If a sterile dressing has been applied to the treatment site that does not completely cover the skin under the pad, use an additional insulation barrier. Use only Breg Intelli-Flo Pads designed for the body part. Multi-Use Intelli-Flo Pads may be used on shoulders, knees, back and hips. If the Intelli-Flo Pad is placed on a body part that it is not designed for, or if another kind of pad is used, the skin can get too cold and be injured.

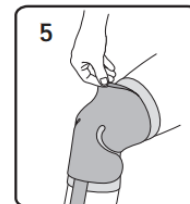


### 4. Set Up Unit



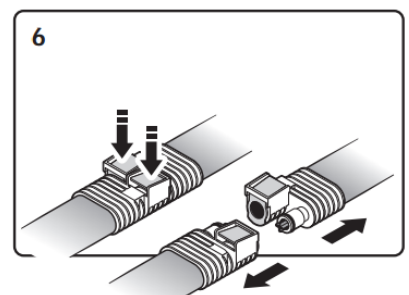
### 5. Skin Inspection

Inspect the skin under the Intelli-Flo Pad (by lifting the edge) as prescribed, typically every 1 to 2 hours. Do not use the Polar Care Kodiak if dressing, wrapping, bracing, or casting over the Intelli-Flo Pad prevents skin checks. Stop using and contact your practitioner immediately if you experience any adverse reactions, such as: increased pain, burning, increased swelling, itching, blisters, increased redness, discoloration, welts, other changes in skin appearance, or any other reaction identified by your practitioner.



### 6. Ending Session

To stop the pump, disconnect electrical power. To disconnect the Intelli-Flo Pad from the pump hose, depress the two metal tabs on the hose coupling and gently pull apart.



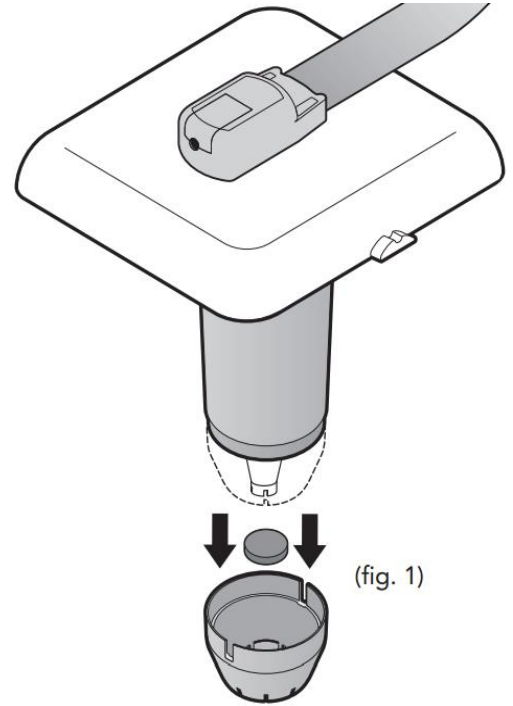
# POLAR CARE KODIAK Trouble Shooting Guide

## Your problem is:

- Pump not running
- Water is not flowing to the pad
- Pad is not getting cold

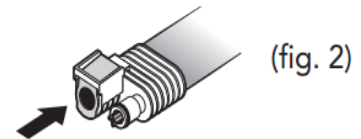
## Possible solutions:

- Make sure the transformer is plugged into the wall outlet.
- Confirm that the ice and water are filled to the indicated levels.
- Make sure there are no kinks in the pad.
- Gently pull on the blue tube to make sure the tube/pad junction is straight.
- Remove the pad and fill it while the pad is lying flat; then reapply.
- Confirm that the pad couplings are securely attached to the unit.
- Remove cap, which contains the foam filter, from the bottom of the pump (fig. 1). Clean out any debris. Replace cap ensuring the foam filter is in place.
- Depress the plunger inside the female side of the coupling with a pen or other instrument to release any air in the line (fig. 2).



## Your problem is:

- Unit is leaking Note: Some condensation on the lines, controller, and pads is unavoidable, especially in warm, humid climates. Wrapping the pad and tubing will reduce this excess condensation.



## Possible solutions:

- If a leak exists (other than condensation on lines) disconnect pad couplings. Make sure the release clips on the couplings are depressed prior to reconnecting the pad to the pump hose. Confirm couplings are securely connected.

## Other Notes:

- Always make sure there is a barrier between the pad and the skin (such as a Breg Polar Care wrap).
- Allow the unit to run for 10 minutes to achieve stable flow and pad pressure.
- Use cube or chunked ice for optimal performance.
- Never run pump without water, as this will cause permanent damage to your unit.

**If you are unable to resolve the problem, please contact one of Breg's local representatives:**

**Steve Tlumacki**  
**(508) 654-1635**  
**stlumacki@gmail.com**

**Pat McGuirk**  
**(781) 775-9153**  
**patrmcguirk@gmail.com**