

541-482-9633 888-325-1475 www.VitalityHerbsAndClay.com VitalityHerbsAndClay@Gmail.com

**FREE Shipping on domestic orders of \$250 or more (except pallets and truckloads).**  
**Carrier calculated Shipping and Handling on all domestic orders under \$250.**  
 Requests for other shipping carriers (UPS or FedEx) will be charged according to quoted carrier rates.  
 International orders will be shipped via US Postal Service, unless otherwise requested.

## Green Superfoods

**Earth and Sea Greens with SBOs** *Rich in chlorella, spirulina, blue green algae & many other potent nutritive. Provides a complete spectrum of nature's finest chlorophyll based foods. No vegetables have been added to this blend to insure the most concentrated nutritional profile possible.*

Available in:

<b>powder</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>	<b>2 lb</b>
	\$27.00	\$47.00	\$87.00	\$167.00
<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	

*Ingredients: Nettle Leaf, Yacon, Alfalfa, Borage Leaf, Moringa Oleifera, Mushroom Blend (Chaga, Cordyceps, Lion's Mane, Maitake, Reishi, Agarikon, Turkey Tail), Ashwagandha, Codonopsis, Eleuthero Root, Fennel, Hyssop, Parsley Root, Peppermint, Shatavari, White Oak Bark, Bringraj, Cilantro, Guduchi, Hawthorn Berry, Ho Shou Wu, Milk Thistle Seed Powder, Nettle Root, Nettle Seed Powder, Oatstraw, Orange Peel, Suma Root, Brahmi, Dulse, Humic & Fulvic Earth with SBOs, Jiaogulan, Licorice Root, Parsley Leaf, Spirulina, Wood Betony, Ancient Plant Minerals, Baobab, Blue Green Algae, Devil's Club, Horsetail, Lotus Seed, Marshmallow Root, Plantain Leaf, Peony Root, Rose Hips, Sacred Clay, Schizandra Berry, Vitallite, Bilberry Fruit, Birch Bark, Coriander, Dill, Fenugreek, Ginger, Kelp, Rehmannia with Kudzu (4:1), Stevia Green Leaf, Triphala (Amalaki, Bibitaki, Haritaki), Black Walnut Hull, Cardamon, Laminaria Juice, Ormalite*

*Recommended Use: Recommended Low Level Use: For general maintenance, thoroughly mix 1 level tablespoon with 8-12 ounces of water, 2 times per day. In capsule form, take 12 capsules with liquid 2 times per day. Can be combined with your desired amount of Fiber Blend, Fire or other herbal/mineral formulas and added to 8 oz of water, juice, smoothie, or cold/hot tea. Consume as a meal additive or meal replacement to increase energy, nourishment & body alkalinity.*

*Recommended High Level Use: To realize the greater health benefits of Earth & Sea Greens with SBOs, amount can be increased to 1 tablespoon (12 capsules) 3 or more times per day, consumed with water, veggie juice, smoothie or cold/hot tea.*

### **Fiber Blend**

*Contains natural seeds & fibers which recondition the bowels & supports probiotic development.*

Available in:

<b>powder &amp; seeds</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>	<b>2 lb</b>
	\$15.00	\$25.00	\$45.00	\$85.00

*Ingredients: Chia Seed, Moringa, Yacon, Codonopsis, Milk Thistle Seed, Tocos (Rice Bran Solubles), Bamboo Manna, Parsley Root, White Oak Bark, Marshmallow Root, Licorice, Oatstraw, Fennel Seed, Rose Hips, Humic & Fulvic Earth with SBOs, Coriander, Nettle Root, Slippery Elm, Black Walnut Hull, Ginger, Cardamon, Stevia Leaf*

*Recommended Use: Add 1 tablespoon of Earth & Sea Greens and 1 tablespoon of Fiber Blend to 8 oz of water, juice, smoothie or tea. Consume 2-4 times per day as a meal additive or meal replacement to increase energy, nourishment & body alkalinity. Can be combined with Fire or other herbal supplements. Can also be sprinkled on food or used to thicken salad dressings or other dishes.*

### **Sea Vegetable Blend**

*Sea Vegetable Blend plus Moringa is our most nutrient dense, alkalizing superfood blend. It's purpose is to provide some of Nature's most potent nutritive herbs together so as to serve as a nutritional base for any diet or health building program. It consists solely of seaweeds, algae, Moringa, and a small amount of Humic/Fulvic Earth plus Ormalite to enhance assimilation and harmonize the herbs in the formula.*

Available in:

<b>powder</b>	<b>2.75 oz</b>	<b>5.5 oz</b>	<b>11 oz</b>	<b>22 oz</b>
	\$40.00	\$75.00	\$140.00	\$265.00
<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$55.00	\$105.00	\$195.00	

*Ingredients: Moringa, Kelp, Bladderwrack, Dulse, Icelandic Moss, Spirulina, Irish Moss, Sea Palm, Chlorella, Gigartina, Blue Green Algae, Dunaliella, Laminaria Juice, Humic & Fulvic Earth, Ormalite*

*Recommended Use: Recommended Low-Level Use: 1 teaspoon (4 capsules) 2 times per day with food, green drinks or beverages.*

*Recommended High-Level Use: 1 tablespoon (12 capsules) 2 times per day with food, green drinks or beverages.*

### **Vital Cleanse & Nutrify**

*Combines: Earth & Sea Greens, Fiber Blend, Alfalfa-Nettle Combo, Deep Earthen Cleanse & Herbal C into one easy to use product.*

*Vital Cleanse & Nutrify provides the basic nutrient building blocks required by the body to improve overall health & well being.*

Available in:

<b>powder</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>	<b>2 lb</b>
	\$27.00	\$47.00	\$87.00	\$167.00
			<b>2 week supply</b>	<b>1 month supply</b>

*Ingredients: Alfalfa Leaf, Yacon Root, Nettle Leaf, Nettle Seed Powder, Jiaogulan, Tocos (Rice Bran Solubles), Parsley Root, Chia Seed, Moringa Oleifera, Codonopsis, Milk Thistle Seed Powder, Ancient Plant Minerals, White Oak Bark, Humic & Fulvic Earth with SBO's, Sacred Clay, Hawthorn Berry, Rose Hips, Orange Peel, Acerola Cherry, Fennel Seed, Baobab Fruit, Bamboo Manna, Triphala (Amalaki, Bibitaki, Haritaki), 7 Mushroom Blend (Chaga, Cordyceps, Lion's Mane, Maitake, Reishi, Agarikon, Turkey Tail), Marshmallow Root, Shatavari, Maqui Berry, Borage Leaf, Ashwagandha, Blueberry, Oatstraw, Licorice Root, Nettle Root, Eleuthero Root, Ho Shou Wu, Suma Root, Bringraj, Hyssop, Spirulina, Vitallite, Guduchi, Peppermint, Gigartina, Brahmi, Dulse, Cilantro, Coriander, Red Peony Root, Atractylodes, Lotus Seed, Parsley Leaf, Wood Betony, Blue Green Algae, Plantain Leaf, Ginger, Schizandra Berry, Black Walnut Hull, Slippery Elm, Bambo Manna, Stevia Whole Green Leaf Powder, Devil's Club, Rehmannia with Kudzu (4:1), Fenugreek, Kelp, Birch Bark, Bilberry Fruit, Dill, Laminaria Juice, Cardamon, Ormalite*

*Recommended Use: Recommended Use: 1 tablespoon in water, juice, smoothie, or in a salad dressing, 2 or more times per day based on desired alkalizing, cleansing & building effect. Increase the frequency or amounts per day to increase the nutrient stores in the body, the cleansing of heavy metals, radiation & chemicals, improve body alkalinity, and strengthen every major function of the body.*

**All of our formulas are made only with CGW ingredients (consciously grown, certified organic, wildcrafted or tested).**

## Clay and Mineral Products

### **Ancient Mineral Blend**

Contains a blend of two mineral-rich sources - Ancient Plant Minerals & Humic & Fulvic Earth (to enhance bioavailability). This product is somewhat laxative in effect due to its naturally occurring magnesium content and may be very laxative at 2 teaspoons or more for some.

Available in:

	4 oz	8 oz	1 lb	2 lb	4 lb
<b>powder</b>	\$15.00	\$25.00	\$45.00	\$85.00	\$165
	<b>1 week supply</b>	<b>2 week supply</b>	<b>1 month supply</b>	<b>2 month supply</b>	<b>4 month supply</b>
<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>		
	\$25.00	\$45.00	\$85.00		
	<b>1 week supply</b>	<b>2 week supply</b>	<b>1 month supply</b>		

**Recommended Use:** 1/2 teaspoon to 1 tablespoon (2-12 capsules) in water or smoothie 1-3 times per day for simple remineralization of the body. If laxative effect is too strong reduce to a comfortable amount. Taken just before bed improves sleep and reduces cramping of muscles. (usually within 5 minutes).

### **Clay Water Mineral Drink**

**Contains: Sacred Clay – 12 oz Ancient Mineral Blend – 1 lb Vitallite – 60 g Ormalite – 9 g \$115.00**

**1 Month Package**

### **Deep Earthen Cleanse**

Bioavailable minerals sourced directly from the earth. Bonds with heavy metals, chemicals and other toxins in the bloodstream and the intestinal tract.

Available in:

	3 oz	6 oz	12 oz	24 oz	48 oz
<b>powder</b>	\$20.00	\$30.00	\$50.00	\$90.00	\$170.00
	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>		
<b>caps</b>	\$32.00	\$54.00	\$98.00		

**Ingredients:** Ancient Plant Minerals, Sacred Clay, Humic & Fulvic Earth with SBOs, Blueberry, Rose Hips, Yacon Root, Bamboo Manna, Hawthorn Berry, Parsley Root, Acerola Cherry, Orange Peel, Baobab Fruit, Maqui Berry, Triphala (Amalaki, Bibitaki, Haritaki)

**Recommended Use:** 1/2 tablespoon (6 capsules) 2-4 times per day. May be combined with **Earth & Sea Greens** or other herbal formulas. May also be taken just before bed for improved rest & detoxification throughout the night. To accelerate a cleansing/nourishing program and reduce potential detox symptoms take daily or frequent clay baths.

### **Earthen Ormus**

Combines several ormus-containing clays into one product. A blend of Vitallite, Ancient Plant Minerals, Humic/Fulvic Earth, Ormalite, Sacred Clay & AquiTerra Clay.

	1.75 oz	3.5 oz	7 oz	14 oz	28 oz
<b>powder</b>	\$28.00	\$51.00	\$97.00	\$189.00	\$373.00
	<b>2 week supply</b>	<b>1 month supply</b>	<b>2 month supply</b>	<b>4 month supply</b>	<b>8 month supply</b>

**Recommended Use:** A rounded 1/4 teaspoon one or two times a day in water, smoothie or **SumaRaj Tea**.

### **Manna Mist**

A suspension of **Ormalite** and naturally occurring, monatomic-rich mountain spring water in a convenient spray bottle!

Available in:

<b>Liquid:</b>	1 oz	2 oz	4 oz	8 oz
	\$6.00	\$11.00	\$19.00	\$33.00

### **Mineral Manna for People and Pets**

An extremely bioavailable, comprehensive blend of mineral nutrients and ormus properties. Originally designed as a one-stop-shop mineral infusion and detoxification resource for anyone that is not sensitive to the laxative effects of Ancient Mineral Blend or the sodium in Himalayan Salt. Provides a potent, tingling, heart opening experience!

Available in:

	3.5 oz	7 oz	14 oz	28 oz	3.5 lb
<b>powder</b>	\$20.00	\$35.00	\$65.00	\$128.00	\$245.00
		<b>2 week supply</b>	<b>1 mo. supply</b>	<b>2 mo. supply</b>	<b>4 mo. supply</b>
<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>		
	\$30.00	\$50.00	\$90.00		

**Ingredients:** Sacred Clay, Ancient Plant Minerals, Himalayan Salt, Humic & Fulvic Earth & Ormalite

**Recommended Use:** 1.5 teaspoons (7.5 ml or 6 capsules) in any amount of water twice a day (morning and just before bed) for simple remineralization and detoxification of the body. If laxative effect is too strong reduce to a comfortable amount. Taken just before bed helps to improve sleep. Helps relax cramping or restless muscles. Enhances meridian flow. Provides an enhancement to meditation, prayer, workout and all forms of martial arts, yoga & chi gong.

### **Ormalite Ultrafine Powder**

Contains a broad spectrum of macro minerals, trace minerals and M-State elements

	9 g	18 g	36 g	72 g	144 g
<b>powder</b>	\$25.00	\$45.00	\$85.00	\$160.00	\$305.00
	<b>1 mo. supply</b>	<b>2 mo. supply</b>	<b>4 mo. Supply</b>	<b>8 mo. supply</b>	<b>16 mo. supply</b>

**Recommended Use:** Add 1 scoop (provided) to any amount of water or smoothie. Stir & consume one or more times per day.

**Be advised:** For some 1/2 to 1 scoop per day just before bed is sufficient. For others 2-4 scoops per day is an appropriate amount.

## Clay and Mineral Products (cont.)

### Sacred Clay

Contains a broad spectrum of vital macro & trace minerals. **Lighter, finer and more pure than the old Sacred Clay.**

**If you are on pharmaceutical drugs we do not advise taking the Sacred Clay internally.**

6 oz	12 oz	1.5 lb (24 oz)	3 lb	6 lb	12 lb
\$20.00	\$30.00	\$55.00	\$97.00	\$177.00	\$335.00
Approximately	Approximately	Approximately	Approximately	Approximately	Approximately
4 baths	8 baths	16 baths	32 baths	64 baths	128 baths
120 caps	240 caps	480 caps			
\$22.00	\$39.00	\$73.00			

Recommended Use: 12 capsules (1 tablespoon) per day with or without food, taken in water or juice. Add 1/4 cup clay along with 1/8 cup of Black Beauty (optional) to a normal bath.

### Vitallite

Provides energy, mental focus, serenity & physical endurance.

30 g	60 g	120 g	240 g	480 g	960 g
\$15.00	\$25.00	\$45.00	\$85.00	\$160.00	\$305.00
2 week supply	1 month supply	2 month supply	4 month supply	8 month supply	16 month supply
	60 caps	120 caps	240 caps	480 caps	
	\$30.00	\$55.00	\$100.00	\$190.00	

Recommended Use: 1/4 teaspoon one or two times a day in water, smoothie or **SumaRaj Tea**.

## Bath & Beauty Products

### Bath Kits - Sacred Clay & Black Beauty

Contains:	12 oz/8 oz	1.5 lb/1 lb	3 lb/2 lb	6 lb/4 lb	12 lb/8 lb
	Sacred Clay 12 oz	Sacred Clay 1.5 lb	Sacred Clay 3 lb	Sacred Clay 6 lb	Sacred Clay 12 lb
	+ Black Beauty 8	+ Black Beauty 1 lb	+ Black Beauty 2 lb	+ Black Beauty 4 lb	+ Black Beauty 8 lb
	\$40.00	\$75.00	\$137.00	\$255.00	\$485.00
	8 Baths	16 baths	32 baths	64 baths	128 baths

Or a combination of baths, facials and clay packs.

### Individual Premixed Bath Packets

Premixed packets in a 2 to 1 ratio of **Sacred Clay** (1/4 cup) and **Black Beauty** (1/8 cup).

Contains:	One Bath Packet	Case of 6	Case of 12	Case of 24	Case of 48
	\$8.00	\$43.00	\$75.00	\$140.00	\$265.00
	1 bath	6 Baths	12 Baths	24 Baths	48 Baths

Or a combination of baths, facials and clay packs.

### Black Beauty

With Ocean Magnesium, Epsom Salt (earthen source), **Sacred Clay**, Himalayan Salt, Humic/Fulvic Earth, Activated Charcoal, **Vitallite**, **Ormalite** **Add to Sacred Clay**

### Add to Sacred Clay

Available in:

Bulk	8 oz	1 lb	2 lb	4 lb	8 lb
	\$13.00	\$24.00	\$45.00	\$85.00	\$160.00

Add **Black Beauty** to your **Sacred Clay** bath in a 2 to 1 ratio (1/4 cup **Sacred Clay** to 1/8th cup **Black Beauty**)

## SumaRaj Bulk Tea

### SumaRaj

The Supreme Whole Body Rejuvenating Tea.

Available in:

bulk mix	3.5 oz	7 oz	14 oz	28 oz	5 lb
	\$12.00	\$22.00	\$42.00	\$80.00	\$190.00

Ingredients: Chicory Root (roasted), Yerba Maté (roasted), Dandelion Root, Nettle Leaf, Ashwagandha, 7 Mushroom Blend (Chaga, Cordyceps, Lion's Mane, Maitake, Reishi, Agarikon, Turkey Tail), Burdock Root, Eleuthero Root, Bringraj, Cat's Claw, Jatoba, Bilberry Fruit, Chamomile, Ginkgo, Gotu Kola, Hawthorn Berry, Holy Basil, Horsetail, Suma Root, White Oak Bark, Wood Betony, Ginger, Rehmannia with Kudzu (4:1), Birch Bark, Birch Leaf, Borage Leaf, Nettle Root, Nettle Seed, Orange Peel, Passion Flower, Sheep Sorrel, Bupleurum Root, Ginseng (American), Milk Thistle Seed, Skullcap, Fenugreek, Guduchi (Tinospora), Humic & Fulvic Earth, Pau D'Arco, AquiTerra Clay, Shatavari, Turmeric, Vitallite, Schizandra Berry, Coriander, Dulse, Cloves, Rosemary, Ormalite

## Farm & Garden Products

### Silica Rich Clay

The formation of this unique clay began millions of years ago as a result of underground molten lava activity near what is known today as Crater Lake, Oregon. During the last Ice Age, slow moving glaciers removed the protective earthen cap from this deposit, exposing this extraordinary gift from the earth.

Available in:

8 lb	16 lb	32 lb
\$20.00	\$33.00	\$48.00

Call for a quote on 1 pallet or more.

Recommended Use: Spread 1-2 tablespoons of Silica Rich-Coarse Grind per square foot to the surface soil. Simply leave on the surface and water in, or mix thoroughly into the soil.

## Herbs & Herbal Formulas

### 10 Day Immune Boost

Designed for a short term strong immune system build up. It contains herbs well known for their immune enhancement properties, including a few that are traditionally used for short periods only due to the potential reduction in friendly flora from long term use. These include the berberine containing herbs: Oregon Grape Root, Barberry Root Bark, Golden Seal and Bloodroot.

**10 Day Immune Boost** can be taken with **Immune Power** for best results, then continuing **Immune Power** during the 20 day period between **10 Day Immune Boost** sessions.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Andrographis, Artemisia Annuua, Astragalus, Baical Skullcap, Barberry Root Bark, Bloodroot, Boneset, Burdock Root, Cat's Claw, Celandine, Chapparal, Clove, Cordata, Elder Flower, Elecampane, Forsythia, Gigartina, Ginger, Goldenseal, Humic/Fulvic Earth, Hyssop, Isatis, Licorice Root, Monarda, Musta, Neem, Olive Leaf, Oregano, Oregon Grape Root, Ormalite, Osha &/or Lomatium, Poke Root, Prickly Ash Bark, Red Clover Blossom, Sophora, Spilanthes, Thyme, Wormwood, Yarrow, Yellow Dock

**Recommended Use:** 1-2 teaspoons (4-8 capsules) 2 or more times per day for 10 days.

### Adaptogen & Mushroom Blend

Provides a smooth, vitalizing influence, delivering 5-6 hours of calm, sustained energy with each dose. 2-3 caps in the morning and again in the early afternoon provides energetic support for the whole day, leaving you with energy left over at the end of the day. Contains several adaptogenic herbs which provide immune and hormone balancing influences along with a general strengthening of the whole the body. Other herbs in **Adaptogen & Mushroom Blend** help to improve endurance, better performance, an increase in repetitions, superior oxygen utilization, faster workout recovery, and accelerated tissue rebuilding following stressful workouts.

Improves mental concentration, meditation, chi gong or martial art practices, sustained mental focus during a busy workday in the office, and extended endurance for those with physically demanding jobs. Allows you to work a long day and still have energy left over at the end of the day, improving the quality of time spent with friends and loved ones after work.

Long term usage gradually builds health and stamina due to the formula's nourishing influences upon the kidney jing (an energy more subtle and more foundational to overall health than the chi). Nourishes the body's immune system and cardiovascular system as well, strengthening the overall physical constitution, improving resistance to health compromises, while helping to restore greater youth and vitality.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** 7 Mushroom Blend (Chaga, Cordyceps, Lion's Mane, Maitake, Reishi, Agarikon, Turkey Tail), Bringraj, Bhumyamalaki, Ginger, Ashwagandha, Bee Pollen, Brahmi, Codonopsis, Coriander, Damiana, Devil's Club, Hawthorn Berry, Ho Shou Wu, Jatoba, Licorice Root, Nettle Root, Rheidol Roseau, Sarsaparilla, Schizandra Berry, Shatavari, Wild Yam Root, Wood Betony, Ancient Plant Minerals, Borage, Eleuthero Root, Jiaogulan, Nettle Leaf, Suma Root, Laminaria Juice, Humic & Fulvic Earth, Ormalite

**Recommended Use:** **Low Level Use:** 1 teaspoon (4 capsules) 2 times per day in food, water, smoothie or **SumaRaj** tea.  
**High Level Use:** 1-2 teaspoons (4-8 capsules) 2-3 times per day.

### Alfalfa/Nettle Combo

Serves as an excellent companion to Earth & Sea Greens.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>6 oz</b>	<b>12 oz</b>	<b>24 oz</b>	
	\$47.00	\$87.00	\$167.00	

**Ingredients:** Alfalfa Leaf, Nettle Seed, Nettle Leaf

**Recommended Use:** 1 tablespoon 2 times per day in water, veggie drinks, tea or raw milk.

### Back, Muscle & Joint

Rebuilds, strengthens, straightens & increases flexibility of the back, muscles, joints & bones.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Hyssop, White Oak Bark, Ancient Plant Minerals, AquiTerra Clay, Ashwagandha, Black Walnut Hulls, Boswellia, Bringraj, Calendula Flowers, Chickweed, Eleuthero Root, Ginger, Hawthorn, Iporuru, Kapi Kachu, Kelp, Manjista, Marshmallow Root, Mullein Leaf, Musta, Neem, Queen of the Meadow, Samambaia, Skullcap, Slippery Elm Bark, Tribulus Terrestris, Yucca Schidigera, Blue Green Algae, Chlorella, Laminaria, Humic & Fulvic Earth, Ormalite

**Recommended Use:** **Low Level Use:** 6 days per week, take 1/2 teaspoon (2 capsules) in the morning and 1/2 teaspoon (2 capsules) at night with **Day Calm & Deep Sleep**.

**High Level Use:** 6 days per week, take 1 teaspoon (4 capsules) 3 times per day and 1/2 teaspoon (2 capsules) at night with **Day Calm & Deep Sleep** until desired health goals have been achieved. After eight weeks of high level use, discontinue for one week before continuing.

## Herbs & Herbal Formulas (cont.)

### **Blood Sugar Balance**

Reduces sugar cravings, balances both high & low blood sugar levels.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Bitter Melon, Chaga, Devil's Club, Guduchi, Gymnema, Nopal Cactus, Periwinkle, Bhumyamalaki, Bringraj, Cinnamon, Dill, Fenugreek, Jatoba, Yacon Root, Alfalfa, Bilberry Fruit, Brahmi, Codonopsis, Ginger, Hawthorn Berry, Licorice Root, Pata de Vaca, Pedra Huma Caa, Triphala (Amalaki, Bibitaki, Haritaki), Yucca Schidigera, Devil's Claw, Nettle Leaf, Nettle Root, Oregano, Parsley Leaf, Parsley Root, Prickly Ash, Vitallite, Wild Yam Root, Wood Betony, Bladderwrack, Bupleurum Root, Dulse, Kelp, Andrographitis, Humic/Fulvic Earth, Ormalite

**Recommended Use:** **Low Level Use:** 1 teaspoon (4 capsules) 2 times per day with meals (or after consuming coffee or sweets) and optionally, 1/2 teaspoon (2 capsules) before retiring with **Day Calm & Deep Sleep** to promote the healing and regeneration of the pancreas, liver and adrenals while sleeping.

**High Level Use:** During acute stages, or for an intensive rejuvenation program, take 1 teaspoon (4 capsules) 3 times per day, with 1/2 teaspoon (2 capsules) before retiring with **Day Calm & Deep Sleep** until desired health goals have been achieved.

### **Curry Blend**

A circulatory and digestive stimulant.

Available in:

<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$20.00	\$35.00	\$65.00	\$120.00

**Ingredients:** Coriander, Cumin, Fennel, Garlic, Ginger, Pipli, Turmeric

**Recommended Use:** Use in sauces, stir fry, vegetables, soup or stews to add flavor and increased digestive support. Makes a superior tasting curry.

### **Day Calm & Deep Sleep**

Rejuvenates the body while sleeping. Excellent for jet lag and insomnia. Provides an uncommon quality of sleep.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Ancient Plant Minerals, Catnip, Fennel, Jatamansi, Passion Flower, Schizandra, Skullcap, Zizyphus Seed, Arjun, Ashwagandha, Bringraj, Cardamon, Cat's Claw, Chamomile, Bhumyamalaki, Dulse, Elder Leaf & Flower, Gotu Kola, Ho Shou Wu, Holy Basil, Kappi Kachu, Linden Leaf & Flower, Manjista, Parsley Leaf, Rosemary, Sarsaparilla, Thyme, Wood Betony, Damiana, Elecampane, Eucalyptus, Gymnema, Mullein, Nettles Leaf, Saw Palmetto, Trifala (Amalaki, Bibitaki, Haritaki), Chlorella, Kelp, Lomatium, Oregano, Wormwood, Lotus Root, Vidhari Kand, Humic & Fulvic Earth, Ormalite

**Recommended Use:** To promote a better quality relaxation, take 1/2 to 1 teaspoon (2-4 capsules) 1/2 hour before retiring, up to six days per week.

If sleep is still impaired, take an additional 1/2 teaspoon (2capsules) with a teaspoon of **Ancient Mineral Blend** & 1 scoop of **Ormalite** OR 1/4 teaspoon of **Earthen Ormus** in water. This formula is non-habit forming and safe even in large amounts.

\*Coffee, colas, black & green teas, sugar, sweets and worry can compromise the effectiveness of **Day Calm & Deep Sleep**.

### **Digestive Bitters**

Improves regularity & digestion. Increases the body's natural enzyme production into the thousands of enzymes, reduces gas & cleans debris from the bloodstream. Gradually dissolves liver, kidney & gallbladder stones, while gently cleansing the liver, blood and kidneys. This formula is slightly laxative.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Trifala (Amalaki, Bibitaki, Haritaki), Ancient Plant Minerals, Aloe Vera, Turmeric, White Oak Bark, Bhumyamalaki, Cumin, Dandelion Root, Sarsaparilla, Cardamon, Boldo, Papaya Leaf, Codonopsis, Fennel Seed, Cinnamon (Sweet), Alfalfa Leaf, Coriander, Guduchi, Peppermint, White Peony Root, Hawthorn Berry, Ginger, Milk Thistle Seed, Fenugreek, Lemon Balm, Gold Coin Grass, Plantain Leaf, Turkey Rhubarb, Dill, Chamomile, Caraway Seed, Oregano, Parsley Leaf, Fringe Tree Bark, Pipali, Thyme, Bupleurum, Rosemary, Chickweed, Ashwagandha, Licorice Root, Calamus (American), Burdock Root, Wild Yam, Gymnema, Nettle Root, Pink Sulfur Salt, Devil's Claw, Elecampane, Gentian, Andrographis, Humic & Fulvic Earth, Ormalite

**Recommended Use:** 1/2 to 1 teaspoon (2-4 capsules) with every meal. Optionally 1/4 teaspoon (one capsule) can be taken between meals to help clear the blood of undigested food and separate contents of one meal from the next. This practice ensures the separation of oils and sweets in the diet.

### **Energy & Brain Power**

Provides several hours of calm sustained energy & mental acuity. May be taken any time of day up to 5 hours prior to sleep. Does not contain caffeine, ephedra, stimulants or sugar. Consists of herbs and clays that naturally enhance the body's hormonal and neurotransmitter activity. Provides excellent support for the adrenal glands.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2.5 oz</b>	<b>5 oz</b>	<b>10 oz</b>	<b>20 oz</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Ashwagandha, Eleuthro Root, Lion's Mane, Red Ginseng, Bee Pollen, Calamus, Catuaba, Celastrus Seed, Gynostema, Jatoba, Nettle Seed, Rhodiola Rosea, Brahmi, Chaga, Cordyceps, Magnolia Bark, Suma, Vitallite Clay, American Ginseng, Bringraj, Damiana, Devil's Club, Eucommiae, Kappikatchu, Maral Root, Saw Palmetto Berry, Schizandra Berry, Shatavari, Wild Yam

**Recommended Use:** 4 capsules (1 teaspoon) twice per day.

**All of our formulas are made only with CGW ingredients (consciously grown, certified organic, wildcrafted or tested).**

## Herbs & Herbal Formulas (cont.)

### **Fire**

A spicy circulatory and digestive stimulant.

Available in:

<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$20.00	\$35.00	\$65.00	\$120.00

**Ingredients:** Cayenne 40,000 - 100,000 HU, Hungarian Paprika, Black Pepper, Curry Spice Blend, Ginger, Hawthorn Berry, Kudzu, Cilantro, Cinnamon, Ginkgo, Lion's Mane, Turmeric, Aged Garlic, Fennel, Galangal, Periwinkle, Prickly Ash, Thyme, Yucca Shidigera, Artemisia Annuua, Basil, Dill, Licorice Root, Rosemary, Yarrow, Cumin, Nutmeg, Oregano, Stevia, White Willow Bark, Wild Lettuce

**Recommended Use:** Add to **Earth & Sea Greens with SBO's & Fiber**, soups, food dishes, or just in water for tingly, circulatory stimulus. Begin small (1/8th teaspoon) and increase according to your level of tolerance to hot & spicy, up to 1 teaspoon. Helps to improve digestion of the food it is eaten with.

### **Friendly Flora**

Reestablishes the friendly bacteria in the large & small intestines.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>3 oz</b>	<b>6 oz</b>	<b>12 oz</b>	<b>24 oz</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Humic & Fulvic Earth with SBO's and the following prebiotics: Nettle Leaf, Chickory,, Trifala (Amalaki, Bibitaki, Haritaki), Yacon, Ancient Plant Minerals, Parsley Root, Sacred Clay, Moringa, Yucca Shidigera, Ormalite

**Recommended Use:** 1/2 teaspoon (2 capsules) in the morning and 1/2 teaspoon (2 capsules) in the evening. Therapeutically, 1 1/2 to 3 teaspoons (6-12 capsules) per day may be taken for 1 month, or until intestinal flora is re-established.

### **Heart, Circulation & Nerves**

A tonic & rejuvenative formula for the heart, circulatory & nervous systems.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Hawthorn Berry, Wood Betony, American Calamus, Chicory, Ho Shou Wu, Jatoba, Motherwort, Mugwort, Passion Flower, Schizandra, Rehmannia with Kudzu (4:1), Ancient Plant Minerals, Ashwaganda, Brahmi, Cinnamon, Damiana, Ginger, Gotu Kola, Hyssop, Licorice, Lion's Mane, Nettle Leaf, Nettle Root, Parsley Leaf, Parsley Root, Prickly Ash, Rosemary, White Willow Bark, Wild Lettuce, Wormwood, Yarrow, Blue Vervain, Chickweed, Lotus Root, Lotus Seed, Skullcap, Thyme, Watercress, Boswellia Serrata, Haritaki, Jatamansi, Yellow Sandalwood, Humic & Fulvic Earth, Ormalite

**Recommended Use:** **Low Level Use:** 1 teaspoon (4 capsules) twice a day.  
**High Level Use:** 1-2 teaspoons (4-8 capsules), 3 - 6 times a day.

### **Herbal C**

Includes the richest sources of Vitamin C in the plant kingdom. Naturally contains complementing nutrients for maximum assimilability.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** Parsley Root, Rose Hips, Acerola Cherry, Baobab Fruit, Hawthorn Berry, Maqui Berry, Orange Peel, Yacon Root, Triphala (Amalaki, Bibitaki, Haritaki)

**Recommended Use:** **Low Level Use:** 1/2 teaspoon (2 capsules) 2 times per day.  
**High Level Use:** 1-2 teaspoons (4-8 capsules) 3 or more times per day.

### **Herbal Oxygen**

Rejuvenates the body's ability to digest mucus. Opens sinus and lung passages.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

**Ingredients:** American Calamus, Cardamon, Codonopsis, Elecampane, Mullein, White Oak Bark, Bala, Fennel, Fenugreek, Wild Cherry Bark, Nettle Seed, Licorice Root, Thyme, Humic & Fulvic Substance, Ormalite

**Recommended Use:** 1 to 1 1/2 teaspoons (4-6 capsules) as often as desired to promote the clearing of mucus from the lungs, throat and sinuses, and to improve the intake of oxygen.

### **Himalayan Salt**

Use as a table salt or add to the bath with **Sacred Clay or AquiTerra**.

Available in:

<b>fine crystals</b>	<b>8 oz</b>	<b>1.1 lb</b>	<b>2.2 lb</b>
	\$9.00	\$16.00	\$30.00

## Herbs & Herbal Formulas (cont.)

### Hyssop Mint Tea

A cleansing and cooling mint tea.

Available in:

<b>bulk</b>	<b>3 oz</b>	<b>6 oz</b>	<b>12 oz</b>
	\$17.00	\$30.00	\$55.00

Ingredients: Hyssop, Peppermint, White Oak Bark, Nettle Leaf, Jiaogulan, Lemon Balm, Lemon Grass, Spearmint

Recommended Use: **Low Level Cleanse:** 1 teaspoon to 1 tablespoon per 8 oz. of hot water. Steep for 4-20 minutes. Reheat if desired or add ice. Consume once or twice per day for mild cleansing and immune system enhancement.

**High Level Cleanse:** Add 1 cup of the herbal blend to 1 gallon of freshly boiled water. Steep 20 minutes. Consume 1/2 to 1 gallon of the tea in one day, hot or iced. Continue the cleanse for 1-3 days repeating the above instructions each day.

Take clay baths each day to remove toxins being cleansed. Moderate the diet as desired to enhance the cleansing & immune building effects. Refrigerate any remaining amounts for the next day.

If detox reactions take place, take clay baths more often, even 2-4 times per day), and discontinue, or reduce the quantity or strength of the tea.

**Note:** Hyssop Mint Tea consumed in large amounts for several days can be dehydrating due to its cleansing effects. With the more intense cleanse, best to drink the tea for 3-5 days then off for 2-3 days while increasing the consumption of pure water. Take daily clay baths (which also hydrates the body).

### Immune Power

A potent combination of some of the world's most valued herbal immune rejuvenators.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Lomatium and/or Osha Root, 7 Mushroom Blend (Chaga, Cordyceps, Lion's Mane, Reishi, Agarikon, Maitake, Turkey Tail), Artemisia Annua, Gigartina, Hyssop, Neem, Thyme, White Oak Bark, Cat's Claw, Chamomile, Clove, Elderberry Fruit, Ginger, Hawthorn Berry, Jatoba, Linden Leaf & Flower, Olive Leaf, Oregano, Peppermint, Prickly Ash, Sheep Sorrel, Spilanthes, Turmeric, Wood Betony, Wormwood, Andrographitis, Ashwagandha, Elderberry Flower, Guduchi, Humic & Fulvic Earth, Lemon Balm, Milk Thistle Seed, Poke Root, Birch Leaf, Black Walnut Hulls, Licorice Root, Nettle Seed, Yellow Dock, Ormalite

Recommended Use: **Low Level Use:** 1 teaspoon (4 capsules) 2 times per day as a preventative, more if exposed to health compromises.

**High Level Use:** During acute stages take 1 1/2 teaspoon (6 capsules) or more every 1-2 waking hours for the first 24 hours, or until symptoms subside. Then every 2-4 hours for day 2 & 3, then 3 times per day for days 4-7. This formula in combination with sleep produces the most dramatic results.

Once desired health goals have been achieved, continue to take 1 teaspoon (4 capsules) 3 times per day for 7 more days to strengthen the body's immune capabilities, reducing the possibility of a relapse.

### Kidney & Adrenal Builder

A strengthener & rejuvenative formula for the kidneys, adrenals and subtle energies of the body. Builds constitutional vitality.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Nettle Leaf, Ashwagandha, Borage Leaf, Eleuthero Root, Jatoba, Vitallite, Parsley Root, Arjun, Bhumyamalaki, Bringraj, Codonopsis, Devil's Club, Hawthorn Berry, Ho Shou Wu, Hydrangea, Hyssop, Jiao Gu Lan, Maral root, Nettle Root, Nettle Seed, Parsley Leaf, Prickly Pear, Sarsaparilla, White Oak Bark, Yucca Schidigera, Wild Yam, Licorice Root, Ancient Plant Minerals, Brahmi, Chaga, Chickweed, Dulse, Uva Ursi, Suma, Bladderwrack, Devil's Claw, Bamboo Manna, Dunaliella Salina, Humic & Fulvic Earth, Ormalite

Recommended Use: **Low Level Use:** One teaspoon (4 capsules) in water, smoothie or hot/cold tea two times per day. **High Level Use:** 1 to 1 1/2 teaspoons (4-6 capsules) three times per day until desired health goals have been accomplished. 1/2 teaspoon (2 capsules) can also be taken at night with **Day Calm & Deep Sleep** to further deep level rebuilding while you sleep.

### Licorice Root

A time-honored herb in Chinese medicine, dating back thousands of years. Tonifies the endocrine, immune and digestive systems. Sweet!

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>
	\$18.00	\$34.00	\$67.00
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>
	\$10.00	\$18.00	\$33.00

### Lung Support

A tonic & rejuvenative for the lungs.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Elecampane, Eucalyptus, Cardamon, Codonopsis, Fenugreek, Mullein, Trifala (Amalaki, Bibitaki, Haritaki), Calamus, Ashwagandha, Fennel, Jatoba, Licorice, Neem, Nettle Root, Wild Cherry Bark, Bamboo Manna, Manaca, Bay Leaf, Ginger, Icelandic Moss, Marshmallow Root, Oregano, Slippery Elm, Pipali, Thyme, Cinnamon, Cloves, Hawthorn Berry, Humic & Fulvic Earth, Ormalite

Recommended Use: **Low Level Use:** One teaspoon (4 capsules) two times per day.

**High Level Use:** During acute stages take one teaspoon (4 capsules) every 4 hours until symptoms subside. At night take with one teaspoon (4 capsules) of **Day Calm & Deep Sleep** to insure a deep, quality nights rest.

When combined with **Immune Power** the therapeutic power of the formula is multiplied.

## Herbs & Herbal Formulas (cont.)

### **Memory, Mental Clarity & Eyesight**

Rebuilds neural pathways. Increases focus and clarity.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Ashwagandha, Bilberry, Brahmi, Bringraj, Calamus, Celastrus Seed, Eyebright, Hawthorn Berry, Ho Shou Wu, Lion's Mane, Periwinkle, Trifala (Amla, Harad, Behada), Schisandra Berry, Bala, Blue Vervain, Boswellia, Ginger, Moringa, Nettle Root, Parsley Leaf, Shatavari, Guduchi, White Oak Bark, Wood Betony, Chrysanthemum, Jatamansi, Licorice, Rosemary, Humic & Fulvic Earth, Ormalite

Recommended Use: 1/2 to 1 teaspoon (2-4 capsules) two or three times a day.

### **Pink Sulfur Salt**

A low sodium - sulfur rich salt. Excellent on veggies, soups & salads. Also serves as an excellent replacement for MSM.

Available in:

<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>
	\$12.00	\$23.00	\$44.00

### **Purify**

Detox chemicals, toxins & heavy metals.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Andrographitis, Barberry Root Bark, Black Walnut Leaf, Buckthorn Bark, Elecampane, Hyssop, Oregano, Osha &/or Lomatium Poke Root, Red Clover Blossom, Wormwood, Cilantro, Yellow Dock, Guduchi, Sassafras Sarsaparilla, Sheep Sorrel, Wood Betony, Pao d' Arco, Cat's Claw, Turmeric, Blue Green Algae, Vervaine, Amalaki, Chapparal, Bayberry Bark, Burdock Root, Bupleurum, Clove, Ginger, Humic/Fulvic Earth, Licorice Root, Neem, Prickly Ash Bark, Queen's Delight Root, Hawthorn Berry, Thyme, Olive Leaf, Birch Leaf, Birch Bark, Wild Bergamot, Teasel Root, Ormalite

Recommended Use: **Low Level Use:** 1-2 teaspoons (4-8 capsules) 2 times per day. May produce fatigue during the first few days of use due to cleansing, followed by a feeling of lightness and clarity.

**High Level Use:** Gradually increase the amount and/or frequency to any desired level. Each new level may be attended by mental and physical fatigue for a period of time, differing per individual, until that level of cleansing is complete.

**To reduce detox symptoms, take daily or frequent clay baths.**

### **Revitalize for Men**

A strengthener & rejuvenative formula providing energy and stamina for men.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Ashwagandha, Bee Pollen, Bringraj, Codonopsis, Devil's Club, Eleuthero Root, Hawthorn Berry, Ho Shou Wu, Jatoba, Jiaogulan, Pygeum, Saw Palmetto, Tribulus Terrestris, Nettles Root, Parsley Root, American Ginseng, Skullcap, Bhumyamalaki, Damiana, Tulsi, Sarsaparilla, Schizandra, Shatavari, Vitallite, Wild Yam, Wood Betony, Ancient Plant Minerals, Asian White Ginseng, Brahmi, Calamus, Cardamon, Coriander, Ginger, Kapi Kacchu, Licorice Root, Lotus Root, Suma Root, Laminaria Juice, Humic & Fulvic Earth, Ormalite

Recommended Use: 1 to 1 1/2 teaspoon (4-6 capsules) twice per day.

### **Revitalize for Women**

A strengthener & rejuvenative formula providing hormonal balance for women.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Ashwagandha, Asian White Ginseng, Bee Pollen, Bhumyamalaki, Brahmi, Bringraj, Catuaba, Codonopsis, Damiana, Devil's Club, Dong Quai, Eleuthero Root, Hawthorne Berry, Ho Shou Wu, Holy Basil, (fragrant) Jatoba, Jiao Gu Lan, Kappi Katchu, Maca, Manjista, Maral Root, Moringa, Motherwort, Muira Puama, Nettle Leaf, Passion Flower, Rehmannia with Kudzu mix, Sarsaparilla, Saw Palmetto, Schizandra, Shatavari, Suma, Tribulus Terrestris, Vitex Berry, White Oak Bark, Wild Yam, Wood Betony, Ancient Plant Minerals, Bladderwrack, Ginger, Gymnema, Licorice Root, Nettle Root, Nettle Seed, Purple Dulse, Yucca, Humic & Fulvic Substance, Ormalite

Recommended Use: 1/2 to 1 teaspoon (2-4 capsules) twice per day.



## Herbs & Herbal Formulas (cont.)

### **Smoothie Spice Blend**

Adds flavor and extra digestive power to smoothies, fiber drinks, hot and cold cereals, and other foods.

Available in:

<b>powder</b>	<b>1 oz</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>
	\$8.00	\$13.00	\$23.00	\$43.00

Ingredients: Yacon, Cinnamon, Stevia, Ginger, Fennel, Fenugreek, Hawthorn Berries, Cardamon, Rosemary, Coriander, Nutmeg, Cloves

Recommended Use: Add 1/2 to 2 teaspoons (according to desired taste and size of the batch) to smoothies, hot cereals, etc. to add flavor and increased digestive support.

### **Spleen Builder**

Supports the spleen. The spleen contributes to the immune system, the digestive system, the lymphatic system and the blood/circulatory system. The spleen is responsible for increasing drive, energy, focus, and groundedness.

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Agrimony, Birch Leaf, Calamus, Cardamon, Codonopsis, Hyssop, Red Root, Turmeric, White Oak Bark, Wood Betony, Thyme

Recommended Use: **Low Level Use:** 1 teaspoon (4 capsules) 2 times per day with food, green drinks or beverages.

**High Level Use:** 1-1 1/2 teaspoons (4-6 capsules) 3 times per day, including just before bed

### **Stevia**

Provides a nourishing influence to the pancreas & digestive system.

Available in:

<b>powder</b>	<b>1 oz</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>
	\$5.00	\$9.00	\$17.00	\$32.00

Ingredient: Stevia Leaf Powder

Recommended Use: Add 1/16 teaspoon to beverages or food dishes for natural pancreatic support, or combine with Licorice Root to obtain desired taste.

### **Thyroid Balance**

Supports the thyroid as well as the adrenals, the hypothalamus and the pituitary glands -

Available in:

<b>caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>	
	\$40.00	\$70.00	\$130.00	
<b>powder</b>	<b>2.5 oz</b>	<b>5 oz</b>	<b>10 oz</b>	<b>20 oz</b>
	\$35.00	\$60.00	\$110.00	\$210.00

Ingredients: Laminaria Juice, Alfalfa, Ancient Plant Minerals, Bladderwrack, Blue Green Algae, Borage Leaf, Brahmi, Bringraj, Chlorella, Dulse, Eleuthero Root, Fu Ling, Ginger, Ho Shou Wu, Irish Moss, Jatoba, Kelp, Nettle Leaf, Nettle Root, White Peony Root, Rehmannia with Kudzu (4:1), Spirulina, Suma, Vitallite, Watercress, Dunaliella, Nettle Seed, Humic & Fulvic Earth, Ormalite

Recommended Use: 1 teaspoon 2-3 times per day in water, **Earth & Sea Greens**, vegetable juice or hot/cold tea. In capsule form take 4 capsules 2-3 times per day. Take with **Kidney & Adrenal Builder** for best results.

## Elk Velvet Antler

### **Elk Velvet Antler**

Contains IGF1, an effective immune enhancement

Available in:

<b>caps</b>	<b>60 caps</b>	<b>120 caps</b>	<b>240 caps</b>	<b>480 caps</b>
	\$50.00	\$90.00	\$175.00	\$345.00
<b>powder</b>	<b>2 oz</b>	<b>4 oz</b>	<b>8 oz</b>	<b>1 lb</b>
	\$85.00	\$165.00	\$325.00	\$635.00

Ingredients: Elk Velvet Antler

Recommended Use: 1 capsule two or more times per day.

## Life Transformation

**Medical Intuitive/Life Path/  
Nutritional Consultation**

\$120 per hour

## Audio Visual

**How to Manifest Material  
Dreams and Desires** using  
The Gentle Art of Self-Healing

DVD

\$25.00

The statements in this flier have not been evaluated by the FDA.

No guarantees of any kind are made for the performance or effectiveness of the preparations mentioned in this flier.

We urge anyone with questions about the safe use of clay & herbal products, or if you are pregnant, to check with a knowledgeable healthcare provider before using.

We do not claim that these products cure, treat or prevent any disease or ailment. The Federal Food, Drug and Cosmetic Act requires this notice.

Prices are subject to change without notice.

## Discounts

Orders \$300 + receive a 5% discount off retail price  
Orders \$500 + receive a 10% discount off retail price  
Orders \$1000 + receive a 15% discount off retail price.

## Shipping Policy

**FREE Shipping on domestic orders of \$250 or more (except pallets and truckloads).**  
**Carrier calculated Shipping and Handling on all domestic orders under \$250.**  
**Requests for other shipping carriers (UPS or FedEx) will be charged according to quoted carrier rates.**  
**International orders will be shipped via US Postal Service, unless otherwise requested.**

**Vitality Herbs and Clay** ships primarily through the US Postal Service. If you would like to use a different carrier, please call the office and speak to a customer service representative. There may be additional charges.

Orders are usually shipped within 1-2 business days. When your package is shipped, you will receive an email (if you provided one) giving you the tracking number. This tracking number will give you an estimated time of delivery.

## Customs Fees

Vitality Herbs & Clay is not responsible for duties or fees incurred by customs, nor can we provide an estimate of the cost of potential duties that may be assessed to a particular package. Recipient of the package is responsible for any and all duties or taxes incurred by customs. All items entering a foreign country are subject to customs inspection and the assessment of duties and taxes in accordance with that country's national laws. It is your responsibility to contact your customs department to determine whether any duties/taxes apply.

## Missing Packages

No package is insured unless you request it. If the delivery carrier doesn't deliver your package or claims to have made the delivery but you have not received it, we will do our best to help you locate the package.

Vitality Herbs & Clay is not the delivery carrier and is therefore not responsible for Lost/Stolen/Mis-routed/Not Received/Customs Captured International packages. In most cases, Lost/Stolen/Mis-routed/Not Received packages do show up. If such a misfortune occurs, we will do our best to help you locate the package, however, we cannot ship you replacement products at no charge. If the package is returned to us we will ask you to pay additional shipping costs.

## Returns

**We will accept returns on any product ordered within the last 45 days. If the product being returned is due to a product or shipping error on our part, we will cover the shipping costs. If you find that after receiving the product(s) that they simply don't work for you or taste as good as you had hoped or test well for your constitution, then the cost of shipping is your responsibility. There is a 20% restocking fee for unopened products and a 50% for opened.**

Please include the following in the box:

- Full name and RMA number
- Reason for return

## Return Policy

Your satisfaction is our ultimate goal.

**If you would like to return an item to Vitality Herbs & Clay, contact us first!**  
**Call a customer service representative for an RMA number. 888-325-1475 or 541-482-9633**

Vitality Herbs & Clay will not issue credit for any merchandise beyond 45 calendar days from date of the invoice.

Unopened items may be returned for a 80% refund. Opened products may be returned for a 50% refund.

No return can be accepted without our prior authorization. Each returned product must have an RMA number. We will refuse unauthorized returns.

Any items shipped to an improper address due to failure to contact us for return information are not our responsibility to refund or reship.

Returned product(s) will be fully inspected and evaluated before a refund is issued.

If the product being returned is due to a product or shipping error on our part, we will cover the shipping costs.

In most cases, refunds will be made with a company check and mailed within 10 business days of package receipt.

If the product was originally purchased with Affiliate Credits, then your account will be credited for the returned items and applied toward future orders.

## Freshness and Quality Guarantee

We guarantee that all products will be of the highest quality.

We do not guarantee product taste. We are in the business of selling functional herbal formulas and clays that deliver maximum nutrition; many of which do not taste great. Since everyone's taste buds are different, we cannot guarantee that a product's taste will be to your liking. If you find that after receiving the product(s) that they simply don't work for you or taste as good as you had hoped or test well for your constitution, **then the cost of shipping is your responsibility.**

***All of our formulas are made only with CGW ingredients (consciously grown, certified organic, wildcrafted or tested).***