

# ***Ormalite Ultrafine Powder***

## **Instructions for Use**

**Ormalite** is a remarkable clay, rich with M-state elements (single atom states, smaller than colloidal and ionic) straight from Nature and is the secret to the great sense of well being experienced, usually within minutes of consumption. Ormalite contains a broad spectrum of macro minerals, trace minerals and M-state elements resulting in an overall balanced influence on the body. These mineral nutrients are food for the brain, the hormonal system, the nervous system and the DNA.

Taken just before bed it fosters deep, restful sleep. Serves as an excellent enhancement to workouts, yoga, martial arts, and chi gong. **Ormalite** deepens prayer and meditation, and enhances social relaxation.

### **INSTRUCTIONS**

Add a tiny pinch of **Ormalite** (1 level scoop of the .15 ml scooper - provided) to 1-4 ounces of water and stir or swirl. May be consumed anytime of day or night with or without food or other mineral formulas. Taken just before bed results in a calming of the mind, greater relaxation, and a deeper sleep. Promotes calm, focused energy during the day when taken in normal suggested amounts.

Some will be more sensitive to **Ormalite** effects than others. If nothing is felt within 15 minutes with the first dose, take another dose and continue until noticeable results are obtained. Normal effects include an increased sense of calm centeredness, smooth energy, greater relaxation, better focus, less stress, less pain, a reduction in headaches, a more open heart, and a general sense of happiness and well being. Effects increase over 15-30 minutes and continue strong for 3 hours with a diminishing effect over three full days, reducing by 1/3 each day (generally noticed after sleep). Effects are cumulative with each new dose taken during this time, so each dose will build upon the remaining effects of the previous doses.

Most will feel noticeable effects with the first dose. Yet, for a few, the enhanced sense of well being will be more subtle, and therefore not easily recognized. Everyone is individual. Just watch for signs of feeling less stress, lighter, and happier.

Rest assured that, felt or not, the **Ormalite** is providing the body with precious M-state elements, minerals, trace minerals and rejuvenative influences, resulting in improved brain function, energy, vitality, better sleep, and a steady improvement in well being.

### **SYMPTOMS OF GETTING TOO MUCH**

For most people, there will be a limit to how much can be consumed before experiencing some of the symptoms of getting too much. More or less **Ormalite**, or more or less **Mineral Manna**, are ways to moderate your preferred dose of **Ormalite**.

For a few, there is no level that is considered too much from a functionability standpoint. These are usually the ones that require large doses of medicines or nutrients to get any kind of effect at all. For the more sensitive, it is wise to build gradually, if desired, allowing your levels of tolerance to grow naturally. Moderate your intake based on what makes you feel the best.

Some of the symptoms of getting too much have to do with feeling more laid back than is helpful to get the day's work done on time. You may find yourself forgetting appointments or noticing a loss of interest in the mundane details of life (shopping, cleaning house, paying bills, getting to work on time). With much higher amounts, you may notice increased difficulty doing math in the head, or focusing on business that requires math skills.

The reason for these effects is due to the fact that the endocrine gland hormones in the body (particularly the pineal) are flowing with greater abundance. Happiness and contentment can grow to the point that these details do not seem as important. You are moving into a higher meditative state. Energy centers are opening to a greater degree. The left and right brain are communicating more effectively, creativity is surfacing, and meridian energy is flowing more abundantly. You will naturally feel happy, relaxed and energized at the same time. There may be a greater tendency to want to take a walk in the garden, or take the day off, do some chi gong, or slip into a comfortable meditation.

This is a good thing when appropriate, and an extra dose or two will facilitate this mood. But when it comes to taking care of business at work or in the home, get to know where your helpful dose is - one that will enhance your concentration and focus on the tasks at hand and improve your sense of well being. For everyone this amount will be different and will increase with continual usage.

For some, an extra dose after work is just the thing for winding down from the day. For most, a dose of **Ormalite** taken

just before bed will encourage a deep restful sleep, and possibly more vivid, and more pleasant dreams. For a very small number, whose kidney/adrenal system is severely exhausted, a dose at night may be energizing at first, then once their endocrine system is strengthened through the influx of these very same minerals, the same person may notice a significant improvement in their sleep patterns.

If, after consuming the **Ormalite** for a few days at a dose that is too much, and you experience an uncomfortable lightheadedness or difficulty focusing, simply discontinue for 1 to 2 days before resuming at a lower dose. Build gradually according to levels of tolerance.

Be aware of how you feel and what works for you given the schedule you keep. A comfortable, yet conservative dose may produce the most beneficial results over time, promoting a gradual, steadily improving state of well being. Remarkable improvements in health have been noticed by those who have consumed **Mineral Manna** or **Ormalite** for 6 months to a year or more.

### **CAN I TAKE ORMALITE IF I AM ON PHARMACEUTICAL DRUGS?**

**Ormalite** may be taken providing the two are not taken together or within 30 minutes of each other. **Ormalite** in 8 ounces of water is a very dilute clay/water combination, and is generally taken in such small amounts, and it absorbs more sublingually similar to homeopathic remedies, that it is not likely to diminish the effectiveness of a drug. Since **Ormalite** tends to nourish, balance and enhance the hormonal system of the body over time, thereby restoring balance, it is advisable to monitor your symptoms closely to determine if a drug may need to eventually be reduced. One very informative reference book on the subject of pharmaceutical drugs and withdrawal is "**Your Drug May Be Your Problem**" by Peter Breggin, MD & David Cohen, PhD.

Seek competent professional advice where questions arise regarding compatibility. Though, due to the emerging nature of the science behind M-state elements, clays, humics, salt, and the lack of awareness of its potentials among the professional community, your deepest intuitive sense will ultimately be your most accurate guide.

### **STORAGE**

**Ormalite** does not need to be refrigerated (the components are already millions of years old). Best to keep away from strong EMF fields like toasters, computers, microwave ovens, electric stoves, electrical circuit breaker boxes, etc. as these may diminish the potency of the product. This product is not effected by either heat or sunlight.

### **FOR USE IN A CLAY POULTICE, BODY WRAP, BATH, TOOTHPASTE, SHAMPOO, FACIAL OR THE 5 MINUTE SWISH**

Add any desired amount of the **Ormalite** relative to the amount of the clay being used and the impact desired. The stronger the dose the greater the impact. On average, a few drops to a teaspoon of the water dilution will suffice to tonify a small mixture or facial. One or more tablespoons of the water dilution in a poultice or body wrap will increase its natural healing benefits.

### **MANNA MIST**

**Manna Mist** is a highly concentrated suspension of **Ormalite** in a high quality water source. **Manna Mist** may be sprayed on the skin or face to improve skin tone and reduce surface inflammation. Spray regularly (every 15 to 30 minutes) on any sensitive or affected areas. Spray over the head and face to lighten the energy of the day and clear static in the aura.

### **USING ORMALITE TO HELP MANIFEST DREAMS AND DESIRES**

While consuming the **Ormalite** hold a specific intention in mind. Visualize the successful accomplishment of the intention and feel the experience of the accomplishment as much as possible in the moment.

Elements within **Ormalite** are food for the brain, the DNA, and the cells. These elements also support many biological functions in the body. The M-state elements within **Ormalite** are highly influenced by thought and feeling, therefore the use of **Ormalite** with conscious intention supports the manifestation of goals and desires.

### **MORE INFORMATION**

Feel free to call or email to gain a deeper understanding of the product benefits. You may also visit our website at [www.PyroClay.com](http://www.PyroClay.com) Or go directly to our Clay Product Catalogue at: <http://store.pyroclay.com/prostores/servlet/Categories>

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*There is no natural product capable of healing the human body. Natural products merely provide nourishing building blocks for the body to select from to form its own compounds and deliver them according to its own wisdom. The best we can do to promote health is to provide the body with a complete array of nourishing influences for the body to choose from as it creates its own healing resources.*

*The statements in this article have not been evaluated by the FDA. Individual experiences do not represent a clinical study or imply that anyone else will have a similar experience. These products are not intended to diagnose, treat, prevent or cure any specific disease.*