

Black Beauty

Bath & Facial Additive

Add to Sacred Clay

Instructions for Use

Ingredients: Ocean Magnesium, **Sacred Clay**, Himalayan Salt, Humic/Fulvic Substance, Vitallite & Ormalite

Directions: Keep container closed when not in use to prevent moisture or humidity from melting the magnesium flakes. Melting, however will not affect performance. Safe for both septic systems and city drains. May tingle on the skin for the first 2-3 minutes. **Dilute** spent material to bath water consistency and apply to garden, trees, shrubs and grass to enhance growth.

Bath: Add 1/8 cup of **Black Beauty** along with 1/4 cup of **Sacred Clay** to the bath water. Soak 30 minutes to 1 hour, or longer as desired. Maintain a 1-2 ratio when increasing amounts in the tub.

Foot Bath: Add 1 tablespoon of **Black Beauty** and 2 tablespoons of **Sacred Clay** to the foot bath water. Soak 30 minutes to 1 hour, or longer as desired.

Facial, Poultice and Body Wrap: Mix 1 tablespoon of **Black Beauty** per 1 cup of **Sacred Clay** and 1/2 cup of water (1 tsp. to 1/3 cup for a facial). Add more water very slowly to achieve desired thick paste consistency. Stir to blend. Spread over affected area, or just the feet, or the entire body, from 1/8th to 1 inch thick. Cover with a moist cotton gauze, washcloth or towel. Wrap in plastic wrap or large 9x12 painter's plastic (for body wrap). Leave on for 45 minutes or longer - even overnight if convenient. Read a book, watch a movie, listen to tapes, or go to sleep. Enjoy!

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