

glucology™

# Bluetooth Smart Kitchen Scale

USER'S MANUAL

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## GETTING STARTED

### The Smart Kitchen Scale

Thank you for purchasing the Glucology™ Smart Kitchen Scale. This product is designed to provide quick and accessible nutritional information for food from the USDA database.

This manual will provide guidance with how to best maintain and use the smart scale alongside the accompanying food nutrition app.

The information contained in the app is for general information purposes only and is not meant to substitute professional dietary advice or treatment. You should not use any information gained from the app to make health-related decisions. All dietary information should be used at your discretion and is not intended to diagnose, treat, prevent or cure any disease.

## USING THE SCALE

### For First Use

Ensure you install 2 X 1.5V AAA batteries by opening the battery door at the bottom of the product.

Place the scale on a hard and flat surface to ensure accurate measurement.

The scale will either turn on automatically or manually press ON to get started.

Connect the "Food Nutrition" app to your new scale (refer to "Connecting Scale to App" instructions).

Clean the scale with a damp cloth and try to avoid chemical abrasive cleaners. Do not put in dishwasher.

Store scale in a cool and dry environment.

## FEATURES

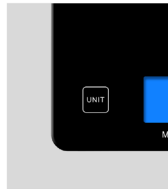


### Display

Shows weight in desired unit and other necessary messages

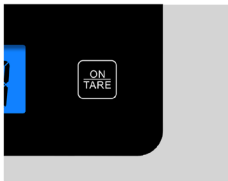
### Button to change unit measurement of scale

Options available include measurements in grams, pounds, ounces and mls



### Power/Tare Button

Power button to turn scale on or off, and to reset scale back to 0 units in measurement



## FEATURES

### Turning scale off

To turn the scale off when not in use, hold the ON/OFF/Tare button for 3 seconds.

The scale will also automatically turn off, if left inactive, after approximately 1 minute.

### Weight Capacity

Note that the scale is designed for maximum capacity of 5kg.

If this limit is exceeded, the display on the scale will show an error message.

## CONNECTING SCALE TO APP

### DOWNLOAD APP

Scan the appropriate QR code to download the 'Smart Apple' app on your device.



iOS App

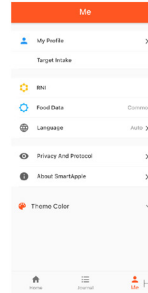


Android App

### HOW IT CONNECTS

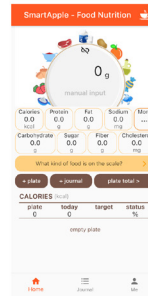
Once you open the app, there is no connecting settings required. Ensure your device has its bluetooth connection on.

## HOW THE APP WORKS



Step 1

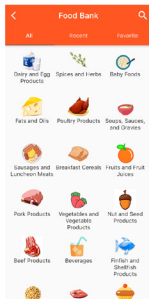
Click "Me", then ensure you have your desired "Target Intake" and the language you're after



Step 2

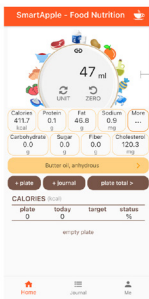
For the scale to pick up the nutrients in your chosen food, click "What kind of food..."

## HOW THE APP WORKS



Step 3

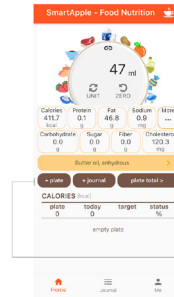
Now that you're in the food bank, you can search for the food you wish to measure



Step 4

Turn the scale on and put your food portion onto the scale. The weight and nutritional value will then appear on your app

## HOW THE APP WORKS



Step 5

Click "plate" to save your measured data in the app



Step 6

Click "Journal" to view the history of your records

## NUTRITION CONTENT

The app can provide the following nutrient content:

### GENERAL

Calories, Protein, Fat, Carbohydrate, Sugar, Fiber, Cholesterol, Alcohol, Retinol

### MINERALS

Calcium, Iron, Magnesium, Potassium, Phosphorus, Sodium, Zinc, Copper, Manganese, Selenium

### VITAMINS

Vitamin A, B6, B12, C, E, Niacin

## TECHNICAL DETAILS

|                 |                         |
|-----------------|-------------------------|
| CAPACITY:       | 5 kg                    |
| MINIMUM WEIGHT: | 5g                      |
| BATTERY:        | 2 x 1.5v AAA            |
| DIMENSION:      | 200 x 160 x 18mm        |
| DIVISION:       | 1g/0.1oz/<br>0.05oz/1mL |
| LCD DISPLAY:    | 58 x 26mm               |
| WARRANTY:       | 12 months               |

## SUPPORT AND SAFETY

# IMPORTANT SAFETY INSTRUCTIONS

Make sure you read these instructions, keep these instructions and follow all instructions.

Do not attempt to repair or service Glucology Smart Kitchen Scale yourself. Refer all servicing to qualified service personnel.

## CONTACT

For more information, visit our website:

Australia Customers: [www.ibdmedical.com.au](http://www.ibdmedical.com.au)

International Customers: [www.glucology.store](http://www.glucology.store)

OTHER CONTACT INFORMATION:

US & Canada Number: 1 800 494 2301

Worldwide Number: +61 2 8398 7520

Customer Support email: [cs@glucology.store](mailto:cs@glucology.store)

Headquarter Address:

31/330 Wattle Street, Ultimo NSW 2007

