

ZZRWAL03AT



BODYMED[®]

All Terrain Knee Walker



Instruction Manual

Please read the following instructions carefully before use.

PRODUCT INTRODUCTION

The BodyMed® All-Terrain Knee Walker with basket is a sturdy, durable, and comfortable 4-wheel mobility aid that offers patients suffering from a foot or ankle injury a smooth-rolling alternative to crutches during their recovery. Its deluxe, all-terrain tires make maneuverability on uneven surfaces possible.

Features

- Sleek, compact design
- Equipped with four 12", air-filled, all-terrain tires
- Foldable steering column for convenient carrying and storage
- Adjustable handlebar height
- Adjustable knee pad height
- Attachable basket for personal storage
- Front steering wheels
- Easily controllable dual back wheel brakes

Product Components

- Padded Contoured Knee Pad
- Handlebar with Anti-Slide Grips and Hand Brakes
- Height Adjustable Steering Column
- Height Adjustable Knee Pad Column
- Front and Back All-Terrain Tires
- Dual Back Wheel Brakes
- Sturdy Solid Bar Frame
- Attachable Basket



Product Specifications

- Knee Pad Adjustable Height: 19.5"–26" [49.5 cm–66.5 cm]•
- Handlebar Adjustable Height: 33"–43" [84 cm–108 cm]•
- Max. Weight Capacity - 350 lb. (159 kg)
- Product weight - 29 lb.

INSTALLATION

Steering Column Assembly

When you receive your knee walker, the steering column will be in the folded position.

1. Raising the Steering Column

- a. Pull up the quick release clamp lever at the base of the steering column to release the clamp, then push the lever forward to disengage.
- b. Push the lever downward and to the left to disengage the pin, then push the steering column upward until it is in the full upright position.
- c. When the steering column is upright, release the clamp lever so the pin goes back into the hole.
- d. Lift the clamp lever up and rotate it clockwise to tighten the pressure on the lever.
- e. At the correct pressure, pull the lever down so the end of the lever is pointing towards the ground in order to lock the steering column in the upright position.
 - f. NOTE: Rotate the lever counterclockwise to loosen the pressure on the lever.

2. Folding the Steering Column

- a. Release the clamp lever at the base of the steering column, then push the lever forward to disengage.
 - i. NOTE: Rotate the lever counterclockwise to loosen the pressure on the lever.
- b. Push the lever downward and to the left to disengage the pin, then push the steering column downward to its folded position.

IMPORTANT NOTE

The lower bolt of the front axle can be removed so that the wheels can be placed sideways to save space while traveling. If loosened, please retighten the bolt into the front axle before riding.

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IMPORTANT NOTE





Knee Pad Assembly and Height Adjustment

1. Release the quick release clamp.
2. Remove the pin on the knee pad assemble bar.
3. Insert the knee pad column into the column on the frame, then adjust the knee pad column to the proper height.
4. Insert the pin into the hole to lock the height in place.
5. Tighten the quick release clamp under the knee pad.



Handlebar Assembly and Height Adjustment

1. Release the quick release clamp.
2. Loosen and remove the star screw (knob) attached to the steering column, and adjust the height of the steering column.
3. Insert the star screw (knob) into the hole to cross the two columns, and tighten the knob into the adjacent screw on the steering column.
4. Tighten the quick release clamp to secure.

Brake Adjustment

During assembly or routine maintenance, it is important to check the tightness of the braking mechanism. The pressure of the braking mechanism on the brake wheel should be enough so that the brake wheel does not turn and is not overly tight when the hand brake is fully squeezed.

- If the brakes are too loose, they will not function properly.
- If the brakes are too tight, they may cause a “squeaking sound” while the knee walker is in use.

Adjustments are required if the brakes are either too loose or too tight. The brake tightness can be adjusted with the nuts at either end of the brake cable.

- Turning the screw clockwise will loosen the brake.
- Turning the screw counterclockwise will tighten the brake.



Hand Brake Adjustment

The position of the hand brakes may be adjusted to suit the user's preference.

- Use a 3/16 Allen wrench to loosen the hand brakes.
- Reposition each hand brake to a comfortable use position, then retighten with the Allen wrench to set each in place.



Parking Brake Mode

1. To set the parking brake, locate the spring pins on each hand brake.
2. Grip each hand brake to activate the back-wheel brakes, then push the spring pins down to lock the brakes in place.
3. To release the parking brake, grip each hand brake again, causing the spring pins to release back to their original position.



Basket Attachment

1. To install the basket, locate the two upper holes on the back of the basket.
2. Insert these two holes over the front anchor tabs on the steering column, then press down until the basket is securely fitted into the front anchor tabs.



How To Use

1. Before use, set the parking brake.
2. Place your hands on the handlebars.
3. Position the knee of your injured foot or ankle on the center of the knee pad. Your lower leg will rest on the rear portion of the pad.
4. Release the parking brake, and propel yourself backwards and forwards using your other leg. Keep the knee of your injured foot or ankle centered on the knee pad.
5. Move slowly so you can stop safely using your other leg.
6. Use the hand brakes as needed.

SAFETY CONSIDERATIONS

1. When adjusting the height of the handlebars, make sure the star screw (knob) locks tightly for a secure hold.
2. Be sure to hold onto the handlebar grips using two hands.
3. To slow down or stop the knee walker, squeeze the two hand brakes to engage the back-wheel brakes. Be mindful of distances and speed when attempting to slow down or stop.
4. Keep the walker balanced when in use.
5. Unless adjusting the height, do not pull up on the knee pad. Be careful not to damage the connecting parts.
6. Do not lean forward while positioned on the knee pad as doing so may cause the knee walker to flip over.
7. Ensure all connecting parts are not damaged before use.
8. Do not operate near stairs.
9. Do not operate when taking medication that may cause dizziness or unbalanced walking.
10. This device is intended for use while a person is in place on the walker. Do not use it to pull yourself up from a seated position.
11. Please be cautious when moving from a carpeted area to hard surface floors or any rough surfaces.
12. Do not use if any components are missing.
13. For best results, this device should not be used over the rated weight limit.

MAINTENANCE AND STORAGE

1. Be sure to install the knee walker components correctly before use. Do not damage the components during installation.
2. Clean using a normal, neutral detergent.
3. Store in a dry, ventilated place.
4. Remember, the lower bolt of the front axle can be removed so that the wheels can be placed sideways to save space while traveling. If loosened, please retighten the bolt into the front axle before riding.

LIMITED PRODUCT WARRANTY

Your BodyMed® All-Terrain Knee Walker is warranted to be free from defects in materials and workmanship occurring within one (1) year from date of purchase, when used in strict accordance with the instructions provided. The sole remedy for a breach of this warranty is replacement of defective materials or components. This warranty extends only to the original purchase. The purchase receipt or other proof of date of original purchase is required before full replacement will be provided.

Please contact BodyMed® at 1-866-528-2152

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