



Reorder Number  
NPP620

# Self-Adhering Electrodes

Not made with  
natural rubber latex

Flexible

White Fabric Back  
Carbon Electrode

Reusable

For use with Transcutaneous Electrical Nerve  
Stimulators (TENS) and Electrical Muscle  
Stimulators (EMS)

2 in x 3.5 in  
(5 cm x 9 cm)

**Rectangle**



**4 Electrodes**

Distributed by BodyMed®  
Hudson, OH 44236

1-866-528-2152

Made in China Rev 2

## **Directions for Use – Read Warnings before Use**

### **Application**

Each time, before you attach the electrodes to your skin:

- Be sure stimulator is turned off.
- Clean skin thoroughly. Electrodes do not stick to skin with lotion, oil, makeup, dirt, etc. Leave skin moist prior to application.
- Insert pins of lead wire from stimulator into electrode wire connectors.
- Remove electrodes from protective liner by lifting at edge of electrodes and peel from liner. Keep protective liner in storage bag after removing.
- Apply electrodes firmly to skin. Adhesion improves if skin is at room temperature.

### **Removal after Use**

- Before removing electrodes from skin, turn stimulator off.
- Lift edge of electrodes and peel from skin. Do not pull on the lead wires as you may damage electrodes.
- Place electrodes on liner and gently remove lead wire by twisting and pulling at the same time.

### **Care and Storage**

- Store electrodes in the resealable bag in a cool, dry place.
- Life of electrodes will be extended if you follow the application and storage directions shown above.

## **Important Warnings**

- **CAUTION:** Federal law restricts this device to sale by, or on the order of, a physician or licensed practitioner.
- Do not share electrodes with anyone else.
- Set up and use stimulator based on instructions from any healthcare professional and the stimulator manufacturer.
- Do not attach electrodes to skin if it has a rash, skin irritation or broken skin. If any of these occur during use, stop using and contact your physician.
- Do not use while driving a motorized vehicle or operating machinery.
- Electrodes are not made with natural rubber latex.

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