

## Female Rib Support Belt

## Instructions:

- 1. Open all closures.
- 2. Center the support against your lower back. Pull both sides around the back against the buttock area. Fasten .
- 3. It should be tight and fit snugly against your hips.
- 4. Readjust if necessary.

For sizing purposes, measure the hips and waist at the widest points and use the bigger measurement.

For any additional information on how to wear, please contact your licensed professional.



Encourages more controlled breathing to help reduce pain

Female style has a breast cut-out and front closure for a more conformed fit

Designed to resist rolling

6" wide

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