

## VAGINITIS COLLECTION KIT


A vaginal swab sample collection kit used for the collection and transportation of samples for laboratory analysis of genital infections by culture and nucleic acid technique (NAT)


This kit contains the materials required for either sample self-collection or collection by a health/social care professional.


**IVD** For *in vitro* diagnostic use, sample self-collection


**REF** KT441

**UK  
CA**

 Carefully read the enclosed instruction leaflet before use

 Important: Do not use kit if security seal is broken. Keep out of reach of children

 Do not re-use

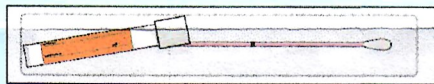
 For use by persons aged 18 and over

### Sample collection instructions (Steps 1–25)

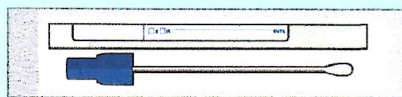
- Please ensure the kit is within expiry date and read these instructions carefully and completely before attempting to collect the sample.
- If your kit requires online activation, please follow the instructions provided by your healthcare organisation. If you need assistance please contact the healthcare organisation who arranged the test.
- For alternative language versions of these kit instructions please visit [www.tdlpathology.com](http://www.tdlpathology.com)

### Your sample collection kit contents

Please check that the kit contains all of the items outlined below. Do not proceed with sample taking if any items are missing, contact the healthcare organisation who arranged your test for assistance.



**PCR sample collection swab and tube**  
**STERILE** **IVD** **CE**



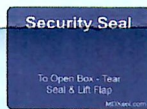
**Culture sample collection swab**  
**STERILE** **R** **CE**



**Sample return bag containing absorbent pad**



**Collection kit outer box**



**Return security label**



**Sample label x 2**



**Return postal envelope**

## VAGINAL CULTURE SAMPLE COLLECTION

**1** If not already pre-populated please complete the test request form provided by your doctor clinic, separate to this kit. **Make sure the sample date is completed.**



**2** Wash hands using soap and water and dry them.



**3** Clearly complete both sample collection tube labels using a ball point pen with:

- Your First name
- Your Surname
- Your Date of birth
- Sample type: Vaginal



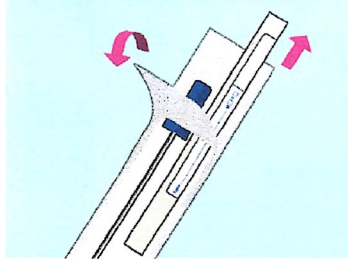
### 4 IMPORTANT SAMPLE TRACKING INFORMATION!

The enclosed postal envelope has a postal tracking label applied. Please make a note of the unique tracking number displayed under the barcode on the postal tracking label, as shown below. Keep this in a safe place for future reference. **You can track delivery of your Royal Mail parcel by entering this number using the following link: <http://www.royalmail.com/track-your-item>**

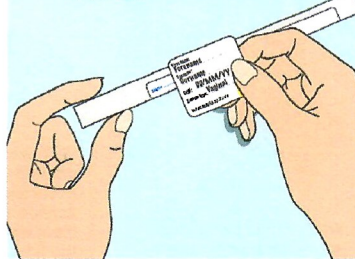


**Write your tracking number here for reference – keep this safe.**

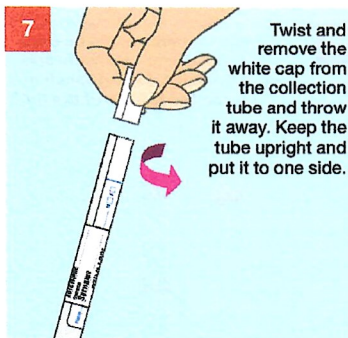
**5** Take the culture swab packet and peel it open from the top. Take out the collection tube.



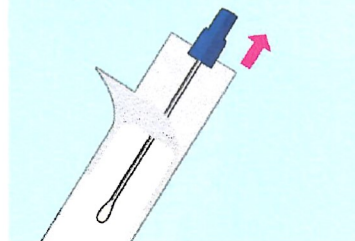
**6** Apply the completed label along the length of the collection tube as shown.



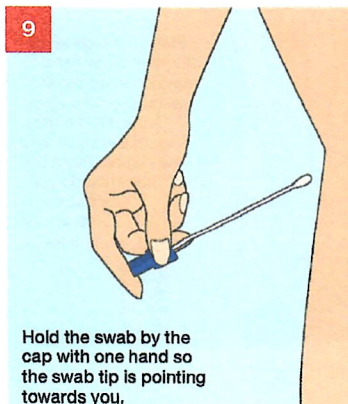
**7** Twist and remove the white cap from the collection tube and throw it away. Keep the tube upright and put it to one side.



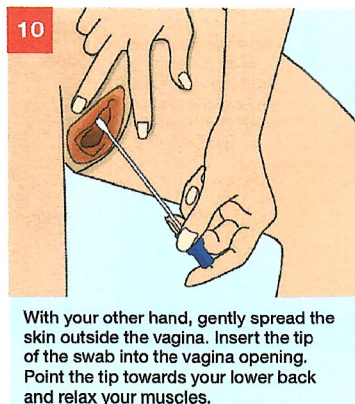
**8** Take out the blue topped swab. Do not touch the soft swab end or let it come into contact with surfaces.

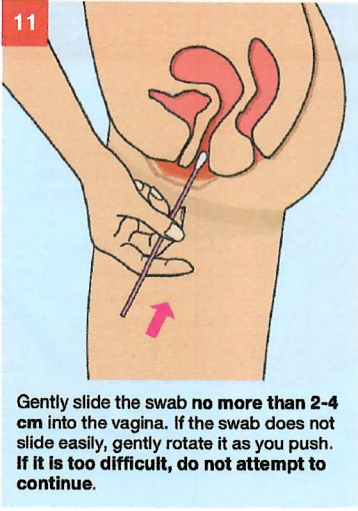


**9** Hold the swab by the cap with one hand so the swab tip is pointing towards you.

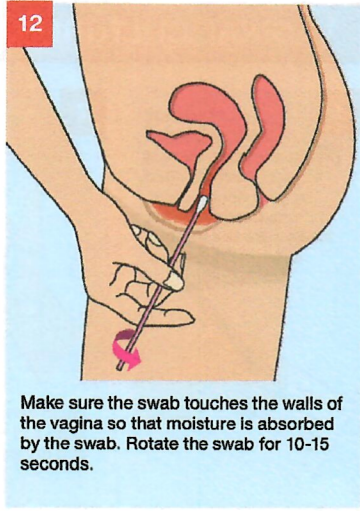


**10** With your other hand, gently spread the skin outside the vagina. Insert the tip of the swab into the vagina opening. Point the tip towards your lower back and relax your muscles.

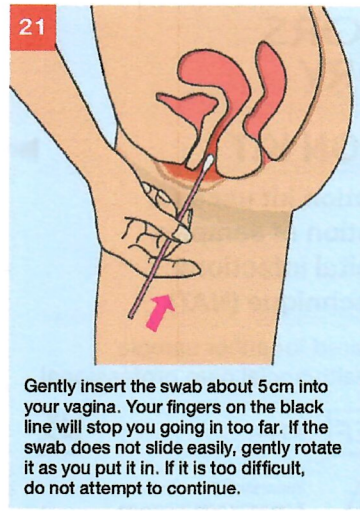




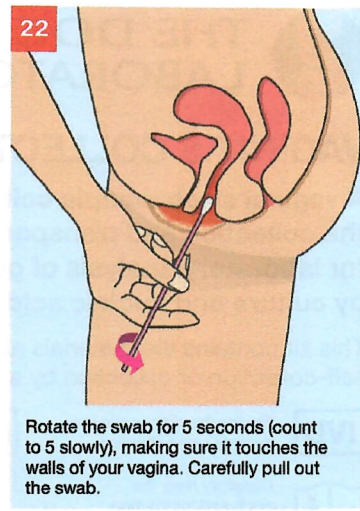
**11** Gently slide the swab **no more than 2-4 cm** into the vagina. If the swab does not slide easily, gently rotate it as you push. **If it is too difficult, do not attempt to continue.**



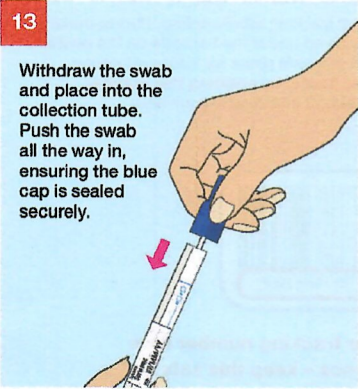
**12** Make sure the swab touches the walls of the vagina so that moisture is absorbed by the swab. Rotate the swab for 10-15 seconds.



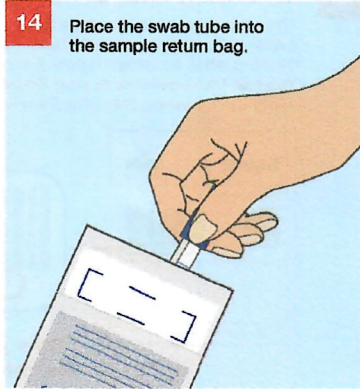
**21** Gently insert the swab about 5 cm into your vagina. Your fingers on the black line will stop you going in too far. If the swab does not slide easily, gently rotate it as you put it in. If it is too difficult, do not attempt to continue.



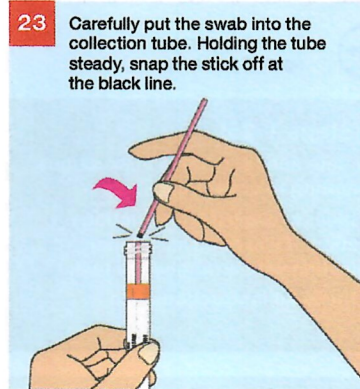
**22** Rotate the swab for 5 seconds (count to 5 slowly), making sure it touches the walls of your vagina. Carefully pull out the swab.



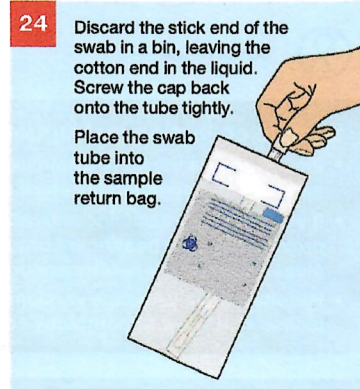
**13** Withdraw the swab and place into the collection tube. Push the swab all the way in, ensuring the blue cap is sealed securely.



**14** Place the swab tube into the sample return bag.



**23** Carefully put the swab into the collection tube. Holding the tube steady, snap the stick off at the black line.

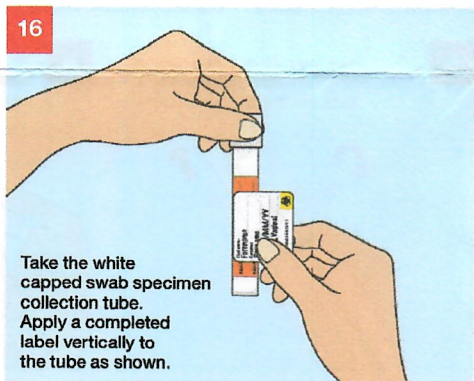


**24** Discard the stick end of the swab in a bin, leaving the cotton end in the liquid. Screw the cap back onto the tube tightly. Place the swab tube into the sample return bag.

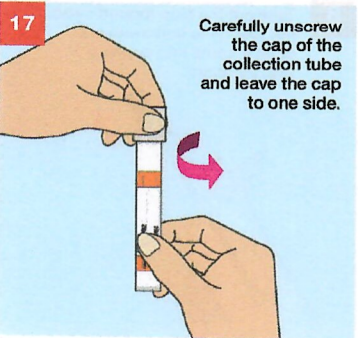
## VAGINAL PCR SAMPLE COLLECTION



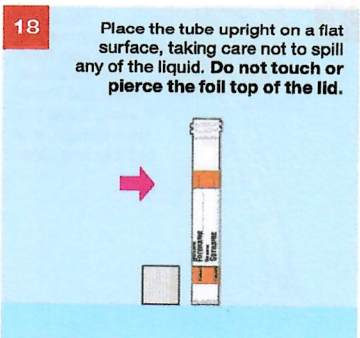
**15** Wash hands using soap and water and dry them.



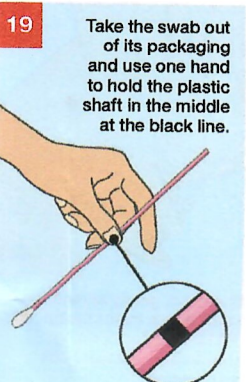
**16** Take the white capped swab specimen collection tube. Apply a completed label vertically to the tube as shown.



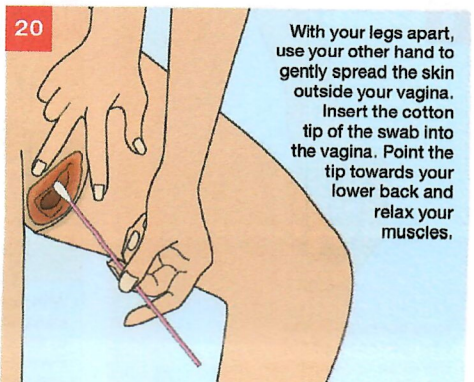
**17** Carefully unscrew the cap of the collection tube and leave the cap to one side.



**18** Place the tube upright on a flat surface, taking care not to spill any of the liquid. **Do not touch or pierce the foil top of the lid.**



**19** Take the swab out of its packaging and use one hand to hold the plastic shaft in the middle at the black line.



**20** With your legs apart, use your other hand to gently spread the skin outside your vagina. Insert the cotton tip of the swab into the vagina. Point the tip towards your lower back and relax your muscles.

## 25 IMPORTANT CHECKLIST

Before you return your sample please do the following:

- Place your completed request form supplied by your doctor/clinic into the postal envelope
- Make sure both swab specimen tubes are labelled and are placed inside the return sample bag and this is sealed
- Place the return sample bag into the collection kit outer box
- Close the collection kit outer box firmly and apply the return security label to seal it
- Place the collection kit outer box into the return postal envelope
- Check that you have taken note of your postal tracking number

You are now ready to seal the postal envelope. Please store at room temperature until posted.

Please post your sample to The Doctors Laboratory as soon as possible (ideally on same day or within 24 hours of sample collection) from ANY Royal Mail post box in the UK. No stamp is required within the UK.

If you need assistance please contact The Doctors Laboratory on 020 7307 7373 or email [samples@tdlpathology.com](mailto:samples@tdlpathology.com).



We would welcome feedback on your experience of using this self-collection kit to help us improve our services. To complete a short online survey please scan the code or visit:

<https://forms.office.com/r/SWWruqwKda>

