







Harvest Song Fruit Jams is a specialty food company that imports fresh, natural, gourmet fruit preserves directly from Armenia. We partner with family farms who grow their precious fruits in the rich volcanic soil of Mt. Ararat. Once farmers harvest the fruit by hand, the artisans of Harvest Song preserve small batches of these fresh fruits with skill and care unmet by commercial facilities.

Harvest Song preserves are carefully made using time-honored methods in small batches. We process our jams in an HACCP certified cannery which not only meets all International Hygiene Standards but is also certified Orthodox Union Kosher. Our preserves are simmered slowly and allowed to thicken without use of any pectin. This technique allows us to conserve more natural sugar from the fruits, resulting in a product with fewer calories than ordinary jams and preserves, perfect for those who prefer a less sweet jam.



# Experience the Sweet Bounty of the Harvest

We want to share the tastes and textures of the healthy, natural foods that thrive in Armenia. Each batch of Harvest Song's award winning preserve begins with the fertile ground of the biblical Ararat Valley, the famed landing site of Noah's ark. We pride ourselves on being one of a few select preserve makers who take full advantage of the rich, volcanic soil in this region exclusively to grow fresh, delicious fruits.



### Our Promise to You

- All fruit is grown in the deep rural mountains of Armenia
- Each flavor is crafted by hand in small batches
- Every flavor is pectin and gluten free
- Our preserves are made with minimal sugar, allowing the amazing taste of fresh fruit to shine through





# SOUR CHERRY



Available in 10.2oz and 18.9oz

# APRICOT



Available in 10.2oz and 18.9oz

# FRESH WALNUT



Available in 18.9 oz

### WILD STRAWBERRY



Available in 10.2oz and 18.9oz

# GOLDEN FIG



Available in 10.2oz and 18.9oz

#### **Nutrition Facts**

Serving Size 1 Tbsp (20g) Servings Per Container about 15 Calories 35

\*Percent Daily Values are based on a 2,000 calorie diet.

#### **May Contain Pits**

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, calcium, and iron.

Amount/serving %	Daily Value*
Total Fat 0g	0%
Sodium 0mg	0%
Potassium 170mg	5%
Total Carbohydrate 1	2g 4%
Sugars 10g	
Protein 0g	
Vitamin A 4% Vitar	min C 2%

### SOUR CHERRY



### **APRICOT**



#### **Nutrition Facts**

Serving Size 1 Tbsp (20g) Servings Per Container about 15 Calories 35

\*Percent Daily Values are based on a 2.000 calorie diet.

#### **May Contain Pits**

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, calcium, and iron.

Amount/serving	% Dail	y Value*
Total Fat 0g		0%
Sodium 0mg		0%
Potassium 170mg		5%
Total Carbohydrate	13g	4%
Sugars 9g		
Protein 0g		
Vitamin A 4% V	itamin	C 2%

### FRESH WALNUT

#### **Nutrition Facts**

Serving Size 1 Tbsp (20g)
Servings Per Container about 27
Calories 45

\*Percent Daily Values are based on a 2,000 calorie diet.

Amount/serving	% Daily Value*	
Total Fat 3g	0%	
Sodium 0mg	0%	
Potassium 66mg	2%	
Total Carbohydrate 12g 4%		
Sugars 9g		
Protein 0g		
Vitamin A 0% Vitamin C 0%		



### WILD STRAWBERRY



#### **Nutrition Facts**

Serving Size 1 Tbsp (20g) Servings Per Container about 15 Calories 35

\*Percent Daily Values are based on a 2,000 calorie diet.

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, calcium, and iron.

Amount/serving	% Daily Value*
Total Fat 0g	0%
Sodium 1mg	0%
Potassium 69mg	2%
Total Carbohydrate 10	g 4%
Sugars 8g	
Protein 0g	
Vitamin A 0% Vita	min C 0%

### GOLDEN FIG

#### **Nutrition Facts**

Serving Size: 1 Tbsp (22g)

Amount Per Serving:

Sugar ......6g Protein .....0g

Vitamin A .....(4% DV)

Vitamin C.....(2% DV)

Not a significant amount of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, calcium and iron. Percent Daily Values (DV) based on a 2,000 calorie diet.

Iden Fig Preserve





# Contact Us

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