

ORGANIC COFFEE

Lokah, Hudson Valley, NY

MEDIUM OR DARK ROAST COFFEE 3

An innovative bean to cup immersion/pourover brew for the perfect balance. Choice of medium bodied Guatemalan Asobagri with flavors of honey and apricot, or full bodied Mexican Chiapas Highlands featuring flavors of cinnamon and dark chocolate. All coffee sourced from, and proceeds donated to, Women coffee farmers.

JAPANESE ICED COFFEE 4

The Japanese iced coffee bean to cup method incorporates a concentrated recipe brewed hot to retain and highlight the flavors of the bean and poured over ice after brewing.

HERBAL REMEDY TEA

Golden Flourish, Brooklyn, NY

AMORÉ 3

Organic rose petals, hawthorn leaf, motherwort, lavender & cinnamon bark. For cardiovascular support.

SERENE 3

Organic holy basil, gotu kola, chamomile, lemon balm & peppermint. For calm & balance.

NOURISH'D 3

Organic elderflower, rosehips, astragalus, echinacea & nettle. For immune support.

ADDITIONS

ORGANIC COCONUT CREAM 1

Sweet cream made of pure ground organic coconut meat.

RAW NEW YORK HONEY 50

Local, sustainable, and organic.

ORGANIC MEDICINAL MUSHROOMS 1

Lion's mane, reishi, shiitake, maitake, cordyceps, and chaga.

ORGANIC CBD 3

10MG of artisanally crafted CBD/MCT.

SPECIALTY DRINKS

Recipes by Cristy-Lucie Alvarado

GOLDEN MILK 5

A flavorful blend of organic turmeric, ginger, cinnamon, cardamom, black pepper, coconut milk, and a touch of honey, that promotes a reduction in inflammation.

MUSHROOM COFFEE 5

A delicate blend of organic coffee, medicinal Cordyceps and Chaga mushrooms, ghee, coconut oil, cacao and coconut milk, with a touch of local honey and Himalayan pink salt, aiding mental focus, with support from disease-fighting fatty acids, healthy fats and healthy fiber.

ROSE COCOA 5

A luscious self-care-inducing, stress relieving floral hot cocoa made with fair-trade organic cacao, shatavari, vanilla, rose petals, local honey, coconut milk, and a pinch of himalayan pink salt.

MUSHROOM MATCHA 6

A creamy, refreshing, adaptogenic and immune supporting organic blend of ceremonial grade matcha, medicinal mushrooms, herbs, ginger and coconut cream. Served hot or iced.

ADAPTOGEN SPRITZER 6

Organic, refreshing, anti-inflammatory, antioxidant-rich sparkling kurokoji fermented green tea green tea infused with ginger, dandelion root, rosemary, lemon and tangerine, with a boost of medicinal mushrooms for immune support and energy.

HERBAL COFFEE 5

A microbiome-supporting, energy-inducing organic brew made from the roots of roasted chicory, dandelion, maca and burdock, with organic mesquite pod, cinnamon bark, coconut cream and honey.

ORGANIC KOMBUCHA

Calmbucha, New Paltz, NY

BLUEBERRY & SPEARMINT 5

ROSEMARY LEAVES & GRAPEFRUIT 5

HIBISCUS & GINGER 5

SNACKS

A weekly selection from Citrine Kitchen, Woodstock, NY

ORGANIC, PALEO, VEGAN PASTRIES 4/5

ORGANIC KANNA CHOCOLATES 14