

AUREEN PINTO WAGNER, Ph.D.

WORKSHOPS FOR HEALTH CARE PROFESSIONALS

**Wagner, A. (August 15, 2019).** *The Many Faces of Anxiety: Help and Hope for Anxious Youth*  
3-hour workshop, Eastern Area Health Education Center and The Brody School of Medicine at East Carolina University

**Wagner, A. (October 23, 2019).** *Cognitive-Behavioral Therapy for Pediatric Anxiety*  
Pediatric Grand Rounds, Hackensack University Meridian Center, Hackensack, NJ

**Wagner, A. (November 8-10, 2019).** *Reducing Reluctance; Cultivating Readiness in Kids and Teens with OCD*  
Pediatric Behavior Therapy Training Institute, Baltimore, MD. International OCD Foundation

**Wagner, A. (March 6, 2020).** *Child-Friendly CBT for Anxiety: Cultivating Readiness for Treatment in Children and Teens*  
21st Annual Developmental-Behavioral Pediatrics for Primary Care Seminar, Dallas, TX

**Wagner, A. (March 6, 2020).** *The Role of Parents in Helping Children Manage Anxiety*  
21st Annual Developmental-Behavioral Pediatrics for Primary Care Seminar, Dallas, TX

**Wagner, A. (March 19, 2020).** *Don't Go Down the Rabbit Hole! A Clinical Approach to Unanswerable Questions and the Quest for Certainty*  
Master Clinician Workshop, Anxiety Disorders Association of America Annual Conference, San Antonio, TX

**About Dr. Wagner's Workshops for Healthcare Professionals**

*NOW AVAILABLE ON SITE OR VIA VIDEOCONFERENCING!*

Anxiety disorders are the most common mental health problem in children and adolescents, affecting about 13% or 6.5 million youngsters. Cognitive-behavioral therapy (CBT) can help as many as 80% of these children successfully overcome OCD and anxiety. However, it is estimated that the majority of anxious children do not receive CBT, due in part to a significant shortage of clinicians with expertise in CBT with youngsters. Clinicians often find it difficult to access in-depth clinical training in CBT.

Dr. Wagner's workshops are designed to provide practitioners, from beginners to seasoned clinicians, with in-depth training and consultation in the application of CBT for OCD and anxiety disorders. Participants will learn empirically-sound, developmentally sensitive, appealing and practical CBT approaches that are feasible in clinical settings and designed to optimize motivation and treatment compliance in children and adolescents. Strategies for building treatment-readiness, collaborating with parents, managing anxiety in school, working with reluctant children, relapse prevention, and challenges in treatment will be covered.

Participants should be familiar with diagnosing anxiety in children and adolescents and should have at least Master's level training in a mental health profession. (Students currently in a Master's program will also be accepted). These workshops are not designed for parents or those who are primarily interested in applying CBT in the classroom (see *Workshops for Parents* and *Workshops for School Professionals*).

**Half-day** workshops provide an overview of anxiety disorders, the principles of CBT and a practical, user-friendly and appealing approach to CBT with youngsters. Practitioners will learn to recognize the risk factors that perpetuate anxiety and the tools and techniques to help children overcome anxiety. This workshop is suitable for professionals in a mental health or allied field, pediatricians, internists and other interested health care providers.

**Full-day (or multiple day) trainings** are designed for mental health professionals interested in applying CBT for anxiety disorders in clinical practice. Dr. Wagner will provide in-depth training and consultation in the application of CBT, with coverage of highly specific aspects of treatment implementation. Trainings can be tailored to the participants at a Beginner, Intermediate or Advanced level. (For groups with mixed expertise, the general presentation is at the Intermediate level).

Case studies, video tapes, discussion and exchange of creative strategies will augment didactic presentation in helping participants learn to develop creative and specific treatment plans. Detailed handouts, *Teaching Tools*, forms for assessment and treatment, and visual aids will be provided. Participants are encouraged to bring cases for discussion.

**Consultations:** Dr. Wagner provides consultations to professionals via phone or videoconference on an as-needed basis. Sessions are scheduled when mutually convenient and are tailored to the needs of the consultee, who may seek input on one or more clients and one or more issues in a session.

### Comments from participants at Dr. Wagner’s Workshops for Clinicians

- Dr. Wagner was extremely well prepared, articulate and organized. Her materials were excellent.
- Very organized, “real world” applicability. The feel was unexpectedly terrific.
- I really liked the quality and pace of the workshop: A lot of information presenting in an interesting, well-organized way.
- I love the Worry Hill metaphor and the whole treatment approach.
- This was excellent! Please, can we have a full day (or more if needed) course by Dr. Wagner to train CBT practitioners to work with children with CBT.
- Very informative and useful, especially the explanation of CBT and the Worry Hill idea.
- Excellent presenter. I learned how to develop specific hierarchies for OCD and anxiety
- The workshop was wonderfully complete and detailed. It was a great learning experience.
- The workshop was great. I would definitely take an advanced workshop with Dr. Wagner.
- An excellent speaker, very knowledgeable. I liked the video clips—helpful way to learn.
- Well organized, informative, met goals, use of video clips—Dr. Wagner was a very good presenter!
- Dr. Wagner’s skill and knowledge were terrific. She clearly knew the material and made things very interesting as well.
- The level of the presentation was described accurately in the brochure and maintained very well in the workshop. Dr. Wagner was superb, expert, prepared and accessible.

### ABOUT THE SPEAKER

Dr. Aureen Pinto Wagner is a clinical child psychologist and an expert in the treatment of anxiety in children, adolescents and adults. She specializes in cognitive-behavioral therapy (CBT), and has gained international recognition for her unique *Worry Hill*® approach to making CBT accessible to youngsters. Dr. Wagner is a member of the Scientific Advisory Board of the International Obsessive-Compulsive Foundation and a member of its Pediatric Subcommittee. She established *The Anxiety Wellness Center* in 2002 to provide effective treatment for youngsters and adults with anxiety. Dr. Wagner is a sought-after international speaker who is known for her depth of knowledge, user-friendly conceptualization of CBT and creative clinical innovations. Her workshops consistently receive outstanding reviews.

Dr. Wagner is the author of several books and treatment resources including *Treatment of OCD in Children and Adolescents: A Cognitive-Behavioral Therapy Manual*, *Worried No More: Help and Hope for Anxious Children*, *Up and Down the Worry Hill: A Children’s Book about Obsessive-Compulsive Disorder and its Treatment*, and *What to do when your Child has Obsessive-Compulsive Disorder: Strategies and Solutions* (see [www.Lighthouse-Press.com](http://www.Lighthouse-Press.com))

DR. WAGNER'S PAST WORKSHOPS FOR CLINICIANS

**Wagner, A. (July 19, 2019). *Intrusive Thoughts, Scrupulosity and Just Right OCD: Enhancing Readiness for ERP in Kids and Teens***

2 hours, annual conference, International OCD Foundation, Chicago, IL, [www.ocfoundation.org](http://www.ocfoundation.org)

**Wagner, A. (May 31-June 2, 2019). *Treating OCD in Children and Teens***

Behavior Therapy Training Institute, Minneapolis, MN. International OCD Foundation

**Wagner, A. (May 22, 2019). *Child-Friendly CBT for Anxiety (Part II): Engaging Parents in Fostering Recovery and Self-Reliance***

37th Developmental-Behavioral Disorders & The Spectrum of Pediatric Challenges, Hackensack Meridian Health Annual Conference, Hilton Head, SC

**Wagner, A. (May 21, 2019). *Child-Friendly CBT for Anxiety (Part I): Cultivating Readiness for Treatment in Children and Teens***

37th Developmental-Behavioral Disorders & The Spectrum of Pediatric Challenges, Hackensack Meridian Health Annual Conference, Hilton Head, SC

**Wagner, A. P. (April 29-30, 2019). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Hôtel-Dieu Grace Healthcare, Regional Children's Centre, Windsor, ON, Canada

**Wagner, A. (April 13, 2019). *Reducing Reluctance; Cultivating Readiness in Kids and Teens with OCD***

Pediatric Behavior Therapy Training Institute, Rogers Memorial Hospital, Oconomowoc, WI. International OCD Foundation

**Wagner, A. (February 25-26, 2019). *Cognitive-Behavioral Treatment of OCD in Children and Teens***

Cape Breton Area, Eastern Nova Scotia Health Authority, Canada

**Wagner, A. (February 8-10, 2019). *Treating OCD in Children and Teens***

Behavior Therapy Training Institute, Atlanta, GA. International OCD Foundation

**Wagner, A. (December 14-16, 2018). *Reducing Reluctance; Cultivating Readiness in Kids and Teens with OCD***

Pediatric Behavior Therapy Training Institute, Rogers Memorial Hospital, Nashville, TN. International OCD Foundation

**Wagner, A. P. (November 2018). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. P. (October 15 and 22, 2018). *Introduction to Cognitive-Behavioral Therapy: Foundation and Basics***

The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. P., Perot, A., Abramowitz, J., & Sapyta, J. (October 10, 2018). *Understanding and Getting Help for OCD: An Evening with Experts***

National OCD Awareness Week panel discussion, sponsored by OCD North Carolina, Raleigh, NC. Free and open to the public.

**Wagner, A. P. (October 1 and 15, 2018). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Workshop for Maryvale Adolescent and Family Services, Windsor, ON, Canada

**Wagner, A. (July 28, 2018). *Don't Go Down the Rabbit Hole! A Clinical Approach to Unanswerable Questions and the Quest for Certainty***

90-minute workshop, International OCD Foundation conference, Washington, DC

**Mansueto, C., Van Noppen, B., Wagner, A. & Weg, A. (July 27, 2018). *"I Hate My Therapist!" Going Beyond the Manuals for Effective Treatment of Children with OCD***

90-minute panel, International OCD Foundation conference, Washington, DC

**Wagner, A. P. (May 7-June 3, 2018). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Online workshop for 4 weeks, 3 hours per week, Dalhousie University, Halifax, Nova Scotia, Canada. Open to professionals anywhere in the world.

**Wagner, A. (April 27-29, 2018). *Reducing Reluctance; Cultivating Readiness in Kids and Teens with OCD***

2.5-hour presentation, Pediatric Behavior Therapy Training Institute, Rogers Memorial Hospital, Oconomowoc, WI. International OCD Foundation

**Wagner, A. (January 26-28, 2018). *Treatment of OCD in Kids and Teens***

2.5-hour presentation, Behavior Therapy Training Institute, Houston, TX, International OCD Foundation

**Wagner, A. P. (November 2017). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3 hours weekly for 4 weeks, online workshop for professionals sponsored by The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. P. (September 2017). *Introduction to Cognitive-Behavioral Therapy: Foundation and Basics***

2 hours/week for 2 weeks, online workshop for professionals sponsored by The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. (August 22, 2017). *The Many Faces of Anxiety: Help and Hope for Anxious Youth***

3-hour workshop, Gloucester County School District, Gloucester, VA

**Wagner, A. P. (July 27, 2017). *Empowering Anxious Children and their Parents***

90 minute keynote address, Lowcountry Mental Health Conference, Gaillard Performance Center, Charleston, SC

**Wagner, A. (July 7, 2017). *Introduction to Exposure and Response Prevention for Children***

90-minute panel, International OCD Foundation conference, San Francisco, CA

**Wagner, A. P. (April 11, 2017). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3-hour workshop, Bellevue/Seattle, WA, at The Children's Justice Conference, sponsored by the Department of Social and Health Services, State of Washington

**Wagner, A. P. (January 23-February 13, 2017). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3 hours weekly for 4 weeks, online workshop for professionals sponsored by The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. (November 18-20, 2016). *Reducing Reluctance; Cultivating Readiness in Kids and Teens with OCD***

2.5-hour presentation, Pediatric Behavior Therapy Training Institute, Los Angeles, CA, International OCD Foundation

**Wagner, A. P. (October 3-10, 2016). *Introduction to Cognitive-Behavioral Therapy: Foundation and Basics***

2 hours/week for 2 weeks, online workshop for professionals sponsored by The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. (July 30, 2016). *Cultivating Treatment Readiness in Kids and Teens with Intrusive Thoughts, Scrupulosity and Just Right OCD***

2 hours, annual conference, International OCD Foundation, Chicago, IL, [www.ocfoundation.org](http://www.ocfoundation.org)

**Wagner, A. (July 29, 2016). *Ask the Experts: Frequently Asked Questions about OCD in Kids and Teens***

1.5 hours, annual conference, International OCD Foundation, Chicago, IL

**Wagner, A. (July 28, 2016). *Expert Clinician: Professional Consultation Groups, moderated by Alec Pollard, Ph.D.***

4 hours, annual conference, International OCD Foundation, Chicago, IL

**Wagner, A. P. (May 12-13, 2016). *Up and Down the Worry Hill: Child-Friendly CBT for OCD and Anxiety in Children and Adolescents*** Two-day workshop for clinicians, Toronto, Canada

**Wagner, A. (April 25, 2016). *Anxious Children and Teenagers: What We Need to Know and How we Can Help*** Full day workshop, Grand Erie District School Board, Brantford, Ontario, Canada

**Wagner, A. (April 22-24, 2016). *Treatment of OCD in Kids and Teens***

2.5 hour presentation, Behavior Therapy Training Institute, Houston, TX, International OCD Foundation

**Wagner, A. P. (March 14-April 10, 2016). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Online workshop for 4 weeks, 3 hours per week, Dalhousie University, Halifax, Nova Scotia, Canada. Open to professionals anywhere in the world.

**Wagner, A. (March 18, 2016). *Empowering Anxious Children and their Parents: One Notch Outside the Comfort Zone***

Two-hour workshop, The Psychotherapy Networker Annual Conference, Washington, DC

**Wagner, A. (March 7, 2016). *The Many Faces of Anxiety and OCD in Children and Teens***

1.5 hour workshop, The Warren Coalition Mental Health Conference, Front Royal, VA

**Wagner, A. (March 7, 2016). *Worried No More: Help and Hope for Anxious Children***

1.5 hour workshop, The Warren Coalition Mental Health Conference, Front Royal, VA

**Wagner, A. P. (February 6, 2016). *Helping Kids and Teens Cope with Anxiety***

Keynote address, 20<sup>th</sup> Annual Chronic Illness Conference, The Children's Hospital of the King's Daughters, Norfolk, VA.

**Wagner, A. (January 23, 2016). *Cultivating Readiness for Treatment in Kids and Teens with OCD***

2.5 hours Pediatric Behavior Therapy Training Institute, St. Petersburg, FL, International OCD Foundation

**Wagner, A. P. (January 20-March 16, 2016). *Up and Down the Worry Hill: Child-Friendly CBT for OCD and Anxiety in Children and Adolescents***

Four half-day videoconferencing workshops for clinicians at Teton Behavior Therapy, Jackson Hole, Wyoming. Private workshop, not open to the public

**Wagner, A. P. (January 11, 2016). *Cognitive Behavioral Therapy with Children and Teens: The Foundations and Basics***

Half-day videoconferencing workshop for clinicians at Teton Behavior Therapy, Jackson Hole, Wyoming

**Wagner, A. P., Perot, A., Abramowitz, J., & Sapyta, J. (October 21, 2015)*****Understanding and Getting Help for OCD: An Evening with Local Experts***

National OCD Awareness Week panel discussion, sponsored by the OCD North Carolina

**Wagner, A. (May 29-31, 2015). *Readiness and Treatment Reluctance in Kids and Teens with OCD***

2 hour presentation, Pediatric Behavior Therapy Training Institute, Rogers Memorial Hospital, WI

**Wagner, A. (April 24-26, 2015). *Treatment of OCD in Kids and Teens***

2.5 hour presentation, Behavior Therapy Training Institute, Houston, TX, International OCD Foundation

**Wagner, A. P. (March 12-13, 2015). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two day workshop for clinicians, Chattanooga, TN, sponsored by the Southeast Center for Excellence

**Wagner, A. P. (March 2-29, 2015). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Online workshop for 4 weeks, 3 hours per week, sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada. Open to professionals anywhere in the world.

**Wagner, A. P. (January 26, 2015, 7-9pm). *Helping Kids and Teens Cope with Anxiety***

Two hours, for parents, educators and mental health professions, sponsored by Wake County PTA, Davis Drive Middle School, Cary, NC

**Wagner, A. P. (October 27-28, 2014). *Up and Down the Worry Hill: User-Friendly CBT for OCD and Anxiety in Children and Adolescents***

Two-day workshop for clinicians, Jack Hirose & Associates, Ottawa, ON, Canada

**Wagner, A. P. (October 29-30, 2014). *Up and Down the Worry Hill: User-Friendly CBT for OCD and Anxiety in Children and Adolescents***

Two-day workshop for clinicians, Jack Hirose & Associates, Oakville, ON, Canada

**Wagner, A. P. (October 18, 2014). *The Many Faces of OCD***

National OCD Awareness Week, day-long program, OCD Support Group of Dallas, Free and open to the public, for consumers and parents of children and teens with OCD, Richland College, Dallas, TX 75243

**Wagner, A. P., Perot, A., Abramowitz, J., & Sapyta, J. (October 15, 2014, 6.30-8.30pm)**  
***Understanding and Getting Help for OCD: An Evening with Local Experts***  
 National OCD Awareness Week panel discussion, sponsored by OCD North Carolina, Raleigh, NC

**Penzel, F., Wagner, A., et al., (July 19, 2014).** *Clinician Networking Event: A Chance to Tap Into 200 Years of Experience (Give or Take a Few)*  
 1.5 hours, annual conference, International OCD Foundation, Atlanta, GA [www.ocffoundation.org](http://www.ocffoundation.org)

**McKay, D., Storch, E., & Wagner, A. (July 19, 2014).** *Handling Comorbidity, Varieties of Symptom Presentation, and Parental Involvement in the Treatment of Youth with OCD*  
 1.5 hours, annual conference, International OCD Foundation, Atlanta, GA [www.ocffoundation.org](http://www.ocffoundation.org)

**Wagner, A. P. (May 13, 2014).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
 3-hour workshop, Spokane, WA, sponsored at The Children's Justice Conference, sponsored by the Department of Social and Health Services, State of Washington

**Wagner, A. P. (May 6, 2014).** *Helping Anxious Children and Teens at School*  
 Full day workshop, Burgundy Basin Inn, Rochester, NY, sponsored by the Learning Disabilities Association, Genesee Valley, Rochester, NY.

**Wagner, A. P. (March 24-April 28, 2014).** *User-Friendly Cognitive-Behavioral Therapy for Anxiety in Youngsters*  
 3 hours weekly for 5 weeks, online workshop for professionals sponsored by Guysborough Antigonish Strait Health Authority, Nova Scotia, Canada

**Wagner, A. P. (March 18-April 8, 2014).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
 3 hours weekly for 4 weeks, online professional workshop sponsored by Alberta Health Services, Canada

**Wagner, A. (March 21, 2014).** *Up and Down the Worry Hill: CBT for Anxious Kids and Teens*  
 Two-hour workshop, The Psychotherapy Networker Annual Conference, Washington, DC

**Wagner, A. P. (March 17-April 4, 2014).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
 3 hours weekly for 4 weeks, online workshop for professionals sponsored by The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. (March 14, 2014).** *Worried No More: Help for Anxious Kids and Teens at School*  
 Three hour workshop, North Carolina School Social Workers' Conference, Chapel Hill, NC

**Wagner, A. (February 7-9, 2014).** *Readiness and Treatment Reluctance in Kids and Teens with OCD*  
 2 hour presentation, Pediatric Behavior Therapy Training Institute, St. Petersburg, FL,  
 International OCD Foundation

**Wagner, A. P. (Feb 3 and Feb 10, 2014).** *Cognitive-Behavioral Therapy: Fundamentals and Basics*  
 4 hours, online workshop for professionals, Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. P. (February 2-March 3, 2014).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
 3 hours weekly for 4 weeks, online workshop for professionals sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada. Open to professionals anywhere in the world.

**Wagner, A. P. (January 8, 2014). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full day workshop for residents, University of North Carolina Chapel Hill, Department of Psychiatry

**Wagner, A. P. (November 4-December 1, 2013). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3 hours weekly for 4 weeks, online workshop for professionals sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada. Open to professionals anywhere in the world.

**Wagner, A. P., Perot, A., Abramowitz, J., & Sapyta, J. (October 17, 2013, 6.30-8.30pm). *Understanding and Getting Help for OCD: An Evening with Local Experts***

National OCD Awareness Week panel discussion, free and open to the public, Raleigh, NC 27605

**Wagner, A. (July 19, 2013). *User-Friendly CBT for Children and Adolescents: A Step-by-Step Approach***

1.5 hours, annual conference, International OCD Foundation, Atlanta, GA [www.ocfoundation.org](http://www.ocfoundation.org)

**Wagner, A. (July 19, 2013). *CBT for Hard-to-treat OCD in Children and Adolescents: Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding***

2 hours, annual conference, International OCD Foundation, Atlanta, GA, [www.ocfoundation.org](http://www.ocfoundation.org)

**Wagner, A. P. (May 6, 2013). *Up and Down the Worry Hill: User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full-day workshop, sponsored by the Family Service Society, Corning, NY.

**Wagner, A. P. (April 8-May 6, 2013). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3 hours weekly for 4 weeks, online workshop for professionals sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada. Open to professionals anywhere in the world.

**Wagner, A. P. (March 1-30, 2013). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3 hours weekly for 4 weeks, online workshop for professionals sponsored by The Saskatchewan Health Region, Saskatoon, Canada

**Wagner, A. P. (March 8, 2013). *The Many Faces of Anxiety and OCD: Early Recognition and Effective Intervention***

Sessions at the Behavioral Health Conference, Wakefield, MA, sponsored by the Northshore Education Consortium, Boston, MA

**Wagner, A. P. (February 8, 2013, 9-10am) Live on SiriusXM Doctor Radio, About Our Kids Channel 81**  
Dr. Aureen Wagner, a renowned expert in the treatment of anxiety will answer all your questions.

**Wagner, A. P. (November 5-30, 2012). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3 hours weekly for 4 weeks, online workshop for professionals sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada

**Wagner, A. P. (October 18-19, 2012). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***



Two-day workshop for clinicians and school professionals, sponsored by Jack Hirose & Associates, Winnipeg, Manitoba, Canada

**Wagner, A. P. (October 16-17, 2012). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day workshop for clinicians and school professionals, sponsored by Jack Hirose & Associates, Calgary, Alberta, Canada

**Wagner, A. P., Perot, A., Abramowitz, J., Sapyta, J., & Gleiter, K. (October 11, 2012, 6.30-8.30pm). *Understanding and Getting Help for OCD: An Evening with Local Experts***

National OCD Awareness Week panel discussion, free and open to the public

**Wagner, A. P. (August 13-17, 2012). *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

**Wagner, A. P. (April 26-27, 2012). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day workshop for clinicians and school professionals, sponsored by Leading Edge Seminars

**Wagner, A. P. (April 12-15, 2012). *CBT for Hard-to-Treat OCD in Children & Adolescents***

Two-hour workshop, annual conference, Anxiety Disorders Association of America, Arlington, VA

**Chansky, T, Siqueland, L., & Wagner, A. P. (April 12-15, 2012). *Complex Cases in Childhood Anxiety: Finding the Child Amidst the Diagnoses***

One-hour roundtable, annual conference, Anxiety Disorders Association of America, Arlington, VA

**Wagner, A. (March 23, 2012). *Worried No More: Seven Steps in User-Friendly CBT for Anxious Kids***

Two hour workshop, The Psychotherapy Networker Annual Conference, Washington, DC

**Wagner, A. P. (February 1-29, 2012). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

3 hours weekly for 4 weeks, online workshop for professionals sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada

**Wagner, A. P. (February 16, 2012). *Worried No More: Help and Hope for Anxious Kids & Teens***

Half-day workshop, sponsored by the Children's Hospital of the King's Daughters, Norfolk, VA.

**Wagner, A. P. (October 20-21, 2011). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day workshop, sponsored by Jack Hirose & Associates, Saskatoon, Saskatchewan, Canada

**Wagner, A. P. (October 18-19, 2011). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day workshop, sponsored by Jack Hirose & Associates, Edmonton, Alberta, Canada

**Wagner, A. P. (October 17, 2011). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full-day workshop, sponsored by Jack Hirose & Associates, Vancouver, British Columbia, Canada

**Stewart, E., Wagner, A., Fama, J., Murphy, T., & Storch, E. (July 30, 2011).** *Ask the Experts: Q and A on OCD in Kids and Teens*

2 hour panel, annual conference, International OCD Foundation, San Diego, CA, [www.ocfoundation.org](http://www.ocfoundation.org)

**Wagner, A. (July 30, 2011).** *User-Friendly CBT for Children and Adolescents: A Step-by-Step Approach*

1.5 hours, annual conference, International OCD Foundation, San Diego, CA, [www.ocfoundation.org](http://www.ocfoundation.org)

**Wagner, A. (July 29, 2011).** *CBT for Hard-to-treat OCD in Children and Adolescents: Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding*

2 hours, annual conference, International OCD Foundation, San Diego, CA, [www.ocfoundation.org](http://www.ocfoundation.org)

**Hudak, R., Mansueto, C., Storch, E., Morrow, E. & Wagner, A. (July 29, 2011).** *OCD in Autism Spectrum Disorders*

1.5 hour panel, annual conference, International OCD Foundation, San Diego, CA [www.ocfoundation.org](http://www.ocfoundation.org)

**Wagner, A. P. (May 12 and 13, 2011).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*

Two-day workshop, sponsored by The Brattleboro Retreat, Brattleboro, Vermont

**Wagner, A. P. (April 7, 2011).** *CBT for OCD and Anxiety in School-Going Children*

Full-day workshop, sponsored by The Partnership for Results, Inc., Auburn, New York

**Wagner, A. P. (March 25, 2011).** *CBT for Hard-to-Treat OCD in Children & Adolescents*

One-hour workshop, annual conference, Anxiety Disorders Association of America, New Orleans, LA.

**Wagner, A. P. (January 28-29, 2011).** *Helping Youngsters with Anxiety: Cognitive-Behavioral Strategies for Worry, Separation Anxiety, OCD & School Refusal*

Conference on School Mental Health: Treating Students K through 12. Sponsored by Harvard Medical School, Dept. of Continuing Education

**Wagner, A. P. (October 24, 2010).** *Hard-to-Treat OCD in Children and Adolescents: Child-Friendly CBT for Youngsters with Bad Thoughts, Perfectionism and Hoarding*

The 11th Annual OCD New Jersey Conference, Doubletree Hotel, Somerset, NJ

**Wagner, A. P. (October 16, 2010).** *OCD in Children and Adolescents: Effective Treatment*

National OCD Awareness Week event, sponsored by The International OCD Foundation, NY affiliate, Hofstra University, Hempstead, NY

**Wagner, A. P. & Abramowitz, J. (October 14, 2010).** *Understanding and Getting Help for OCD: An Evening with Local Experts*

National OCD Awareness Week event, sponsored by The International OCD Foundation.

Location: Cameron Village Library, 1930 Clark Avenue, Raleigh, NC 27605

**Wagner, A. P. (July 26-30, 2010).** *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents*

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

**Wagner, A. P. (July 17, 2010).** *Hard to treat OCD in Children and Adolescents: CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding*

2 hours, annual conference of the International OCD Foundation, Washington, DC

**Wagner, A. P. (March 26, 2010).** *User-Friendly Cognitive-Behavioral Therapy for Anxious Kids*  
Two-hour workshop, The Psychotherapy Networker Annual Conference, Washington, DC

**Wagner, A. P. (March 6, 2010).** *Cultivating Treatment Readiness in Anxious Children & Adolescents*  
One-hour workshop, annual conference, Anxiety Disorders Association of America, Baltimore, MD.

**Wagner, A. P. (January 17, 2010).** *Cognitive-Behavioral Therapy for Anxiety Disorders in Children and Adolescents: Current Status and Future Directions*  
Two hours, sponsored by the Western New York Council of Child Psychiatrists, Rochester, NY

**Wagner, A. P. (November 5 and 6, 2009).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
Two-day workshop for clinicians and school professionals, sponsored by Leading Edge Seminars

**Wagner, A. P. (October 30, 2009).** *Up and Down the Worry Hill: User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
Full-day workshop, sponsored by Psychology Clinic for Assessment, Therapy, and Research, Department of Psychology, Georgia State University.

**Wagner, A. P. (October 15 and 16, 2009).** *Cognitive-Behavioral Therapy for OCD and Anxiety: User-Friendly Treatment for Children and Adolescents.*  
Two-day workshop for clinicians, The School of Social Work, University of Calgary, Alberta, Canada

**Wagner, A. P. (September 25, 2009).** *The Many Faces of Anxiety in Children and Adolescents: Early Recognition and Effective Intervention*  
Half-day workshop for professionals, Children's Hospital of the King's Daughters, Norfolk, VA.

**Wagner, A. P. (August 7, 2009).** *Hard-to-Treat OCD in Children and Adolescents: CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding*  
1.5 hours, for clinicians, annual conference of the Obsessive-Compulsive Foundation, Minneapolis, MN.

**Wagner, A. P. (July 27-31, 2009).** *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents*  
Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

**Wagner, A. P. (July 2009).** *CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding in Children & Adolescents*  
2 hours, for clinicians, annual conference of the Obsessive-Compulsive Foundation, Minneapolis, MN.

**Wagner, A. P. (March 28, 2009).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
Two-hour workshop for clinicians, The Psychotherapy Networker Annual Conference, Washington, DC

**Wagner, A. P. (November 21 and 21, 2008).** *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents*  
Two-day workshop for clinicians at Maryvale Adolescent and Family Services, Windsor, Ontario, Canada

**Wagner, A. P. (November 6 and 7, 2008).** *Up and Down the Worry Hill: User-Friendly Cognitive-Behavioral Therapy for Anxiety in Youngsters*  
Two-day training workshop for clinicians and school professionals, Child and Parent Resource Institute Ontario Ministry of Children and Youth Services, London, Ontario, Canada.

**Wagner, A. P. (October 30, 2008). *Worried No More: User-Friendly Cognitive-Behavioral Therapy and Parenting Strategies for Anxious Children***

Full day workshop, Saratoga County Mental Health Center, Saratoga Springs, New York.

**Wagner, A. P. (September 26, 2008). *User-Friendly Cognitive-Behavioral Therapy for Anxiety and OCD in Children and Adolescents***

Full day training workshop, Master Therapists Workshop Series, Department of Psychiatry, University of Connecticut Medical School, Farmington/Hartford, CT

**Wagner, A. P. (August 11-15, 2008). *Cognitive-Behavioral Therapy for Anxiety and OCD: Complexities and Challenges in the Treatment of Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

**Wagner, A. P. (August 4-8, 2008). *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

**Wagner, A. P. (August 2, 2008). *CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding in Children & Adolescents***

1 hour, for clinicians at the annual conference of the Obsessive-Compulsive Foundation, Boston, MA.

**Wagner, A. P. (August 2, 2008). *Up and Down the Worry Hill: CBT for Kids and Teens with OCD***

For clinicians and parents, annual conference of the Obsessive-Compulsive Foundation, Boston, MA.

**Wagner, A. P. (June 12-13, 2008). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day workshop for clinicians and school professionals, Leading Edge Seminars Inc., Toronto, Canada

**Wagner, A. P. (March 14, 2008). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two hour workshop, The Psychotherapy Networker Annual Conference, Washington, DC.

**Wagner, A. P. (March 13, 2008). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full day workshop for clinicians, Children's Hospital of the King's Daughters, Norfolk, Virginia.

**Wagner, A. P. (March 8, 2008). *All Anxieties Great and Small: An Adolescent Girl's Ambivalent Journey to Recovery***

Anxiety Disorder Grand Rounds, annual conference of the Anxiety Disorders Association of America, Savannah, GA. Chair: Robert Ackerman, MSW

**Wagner, A. P. (March 7, 2008). *CBT for Hard-to-Treat OCD Symptoms in Children & Adolescents: Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding***

Three hour workshop, annual conference, Anxiety Disorders Association of America, Savannah, GA.

**Wagner, A. P. (Nov 30-Dec 1, 2007). *Worried No More: User-Friendly Cognitive-Behavioral Strategies for Anxious Children***

Anxiety Disorders Conference, Harvard Medical School, Department of Continuing Education, Boston, MA

**Wagner, A. P. (Nov 16, 2007). *Anxiety and OCD in Children and Adolescents: User Friendly Cognitive-Behavioral and Parenting Strategies***

Full day intensive training sponsored by the Mental Health Association of Suffolk County, NY and Division of Community Mental Hygiene, Suffolk County, Long Island, NY

**Wagner, A. P. (Nov 1-2, 2007). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day intensive training for professionals sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada

**Wagner, A. P. (October 19, 2007). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full day workshop, sponsored by Ann Arbor Consultation Services, Ann Arbor, MI.

**Wagner, A. P. (September 29, 2007). *Cognitive-Behavioral Therapy for Youngsters with Tourette Syndrome, OCD and Anxiety***

Plenary address, annual conference of the Tourette Syndrome Foundation of Canada, Niagara Falls, ON

**Wagner, A. P. (August 30-31, 2007). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two day workshop for clinicians, Chattanooga, TN. Sponsored by the Southeast Center for Excellence.

**Wagner, A. P. (August 6-10, 2007). *Cognitive-Behavioral Therapy for Anxiety and OCD: Complexities and Challenges in the Treatment of Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

**Wagner, A. P. (July 30-August 3, 2007). *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

**Wagner, A. P. (July 21, 2007). *The Worry Hill Treatment Protocol for OCD in Children & Adolescents***

1.5 hours, annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

**Wagner, A. P. (July 21, 2007). *CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding in Children & Adolescents***

2 hours, annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

**Wagner, A. P. (July 21, 2007). *"Help! My 5 year-old has every symptom in the book!" Treatment of 37 presenting complaints and a family in crisis.***

OCD Grand Rounds for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

**Wagner, A. P. (December 7, 2006). *Application of Cognitive-Behavioral Therapy for Anxiety and OCD in Persons with Co-morbid Tic Disorders***

Full day, The Graduate School of Applied and Professional Psychology, Rutgers University, NJ

Average numerical rating by attendees (4=excellent, 1=fair): 4/4

Comments from participants:

- Very well organized, loved the video clips
- Dr. Wagner is a phenomenal presenter and a very intelligent woman.
- Excellent! Video clips were a great help in illustrating techniques, as were hierarchy examples
- The topic of bad thoughts OCD, which is very difficult was well explained and very helpful.
- The workshop was very informative and engaging. Thank you.
- You seem very good at this treatment and the treatment seems very user friendly. I'm looking forward to using your materials.

- I love the Worry Hill metaphor and the whole treatment approach.
- Very comprehensive, particularly helpful with regard to “bad thoughts” and “just right” OCD.
- Videotaped segments were great for illustrating techniques.

**Wagner, A. P. (October 10, 2006). *Effective Child-Friendly Treatment for Anxiety and OCD: Part I***  
1.5 hours, Annual Conference of the Life Management Center, Charleston, SC

**Wagner, A. P. (October 10, 2006). *Effective Child-Friendly Treatment for Anxiety and OCD: Part II***  
90-minute workshop for professionals and parents, Life Management Center, Charleston, SC  
Average numerical rating by attendees (4=strongly agree, 1=strongly disagree): **3.8/4**

**Wagner, A. P. (July 31-August 4, 2006). *Cognitive-Behavioral Therapy for Anxiety and OCD: Effective and User-Friendly Treatment for Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA  
Average numerical rating by attendees (5=strongly agree, 1=strongly disagree): **4.8/5**

Comments from participants:

- Dr. Wagner was extremely well prepared, articulate and organized. Her materials were excellent.
- Very organized, “real world” applicability. The feel was unexpectedly terrific.
- I really liked the quality and pace of the workshop: A lot of information presenting in an interesting, well-organized way.
- Excellent presenter. I learned how to develop specific hierarchies for OCD and anxiety
- The workshop was wonderfully complete and detailed. It was a great learning experience.
- The workshop was great. I would definitely take an advanced workshop with Dr. Wagner.
- An excellent speaker, very knowledgeable. I liked the video clips—helpful way to learn.
- Well organized, informative, met goals, use of video clips—Dr. Wagner was a very good presenter!
- The knowledge of the speaker, the handouts and the references were excellent.
- Dr. Wagner’s skill and knowledge were terrific. She clearly knew the material and made things very interesting as well.
- The level of the presentation was described accurately in the brochure and maintained very well in the workshop. Dr. Wagner was superb, expert, prepared and accessible.

**Wagner, A. P. (March 24, 2006). *Worried No More: Building Self-Reliance in Anxious Children and Adolescents***

Two-hour workshop, annual conference of the Anxiety Disorders Association of America, Miami, FL

Average numerical rating by attendees (1=excellent, 4=poor): **1.5/4**

Comments from participants:

- Comprehensive and superb. Worth the trip. Can I get supervision?
- Outstanding. Please have her teach more workshops.
- Need more pediatric workshops and Aureen Wagner is terrific!
- Excellent!
- Wonderful information, informed speaker.

**Wagner, A. P. (July 21-23, 2006). *The Worry Hill Treatment Protocol for OCD in Children and Adolescents***

1.5 hours, annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Participant Comments:

- Excellent!!! Information provided was so very practical especially for work with children.
- Wonderful, great, well presented!
- I wish I had attended this program years ago—I have learned so much that I can apply now.
- Superb, creative and helpful. Thank God for Dr. Wagner!

- Excellent—Did a good job of blending treatment providers’ and families’ needs.
- Fabulous! Would love to have her in Atlanta.
- Outstanding presentation. Very encouraging.
- Please have Aureen do an advanced BTI next year. She is so practical and helpful.
- Great workshop! Lots of useful information to take back for practice.
- Obviously, a leader in the field. Very informative and helpful, easy to follow and understand.
- Very, very good and helpful. I like the hands-on stuff. She was clear and a great speaker.
- Very practical, easy to follow, great handouts.

**Wagner, A. P. (July 21-23, 2006). *Bad thoughts, Just Right, Scrupulosity and More: CBT for Children and Adolescents with OCD.***

Two-hours, annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Participant Comments:

- Fantastic! Very helpful information on “just right” OCD.
- Absolutely superior session. This is the level that is appropriate for clinicians who treat OCD. This is the type of content that clinicians need. More Dr. Wagner, please.
- Excellent! Best at conference! Very informative, geared towards clinicians. Great examples.
- Great presentation! Very knowledgeable, helpful to have her share real life stories and examples.
- Very thorough, utilizes very creative approaches, supports theory with case studies.
- Dr. Wagner has exceptional knowledge in this area and is a very interesting speaker.
- Would highly recommend this session to anyone who works with kids, and parents of OCD children
- Dr. Wagner’s presentation was fantastic! She is very thorough, organized and efficient.
- Great speaker. I like her.
- Great job covering a very difficult topic. The treatment suggestions and clinical tips were very helpful.
- Excellent talk! Thank you for holding questions until the end.
- Please have Dr. Wagner do an advanced BTI. Her clinical expertise is invaluable.
- Great handout, great presentation, useful for practice, great question and answer time.
- We very much enjoyed both her talks—we had already selected her talks as a “must attend.”

**Wagner, A. P., Adams, G., Birkhan, W., Hammes, K., & Pesses, G. (July 21-23, 2006). *Clinician-Parent Forum: Sharing experiences, insights and strategies for recovery from OCD.*** 1.5 hours, for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Participant Comments:

- Very good support, experience and education
- Excellent! I was very glad I came.
- Very informative session. All of the panelists had very insightful comments and practical suggestions. I appreciate all their time.
- Very knowledgeable and helpful panel.
- Excellent, very informative.

**Wagner, A. P. (January 24, 2006). *Cognitive-Behavioral Therapy for OCD Children and Adolescents: Current Status and Future Directions***

Presented to the Western New York Council of Child Psychiatrists, Rochester, NY

**Wagner, A. P. (November 26, 2005). *Worried No More: Building Self-Reliance in Anxious Children and Adolescents***

Two-hours for parents and professionals at the National Anxiety Disorders Conference, London, UK.

Average numerical rating by attendees (4=excellent, 1=fair): 4/4

Comments from participants:

- This was excellent! Please, can we have a full day (or more if needed) course by Dr. Wagner to train CBT practitioners to work with children with CBT.
- Very informative and useful, especially the explanation of CBT and the Worry Hill idea.
- Thank you very much for an informative and very practical talk—it was great to have real tips and techniques that can be put into practice.
- Clear and concise talk. Lots of good tips.
- A really good workshop—great presentation and supportive atmosphere.
- Very clear and useful guidance on how to help children and their caregivers.
- Thank you so much! The examples of specific cases were very helpful. I wish there was more time for this workshop.
- Excellent range of information—clear and interesting. I particularly liked the strategies and metaphors.
- Excellent presentation. It was so helpful to listen to a real expert.

**Wagner, A. P. (November 26, 2005). *Obsessive-Compulsive Disorder in Children and Adolescents: Strategies and Solutions***

Two-hour workshop for parents & professionals, National Anxiety Disorders Conference, London, UK.

Average numerical rating by attendees (4=excellent, 1=fair): 3.8/4

Comments from participants:

- This speaker was one of the best I have heard. The Worry Hill metaphor, the explanation of CBT and habituation was excellent.
- The description of CBT was excellent! It was helpful to know how children with OCD feel.
- It was all very good, especially the Feeling Thermometer idea and the ideas for helping children.
- This was really useful. The anecdotes, sample hierarchies and ideas for working with reluctant children were very helpful.

**Wagner, A. P. (November 26, 2005). *OCD and Families: Accelerating Progress through Connection***  
Keynote address at the National Anxiety Disorders Conference, London, United Kingdom.

**Wagner, A. P. (September 29 and 30, 2005). *Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents: Effective Intervention and Day-to-day management***

Two-day workshop, Association of Community Mental Health Centers of Kansas conference, Wichita, KA

**Wagner, A. P. (October 21, 2005). *Practical Applications of Cognitive-Behavioral Therapy for OCD and Anxiety in Children, Adolescents and Adults***

Full day workshop for clinical practitioners and school professionals, co-sponsored by The Psychological Association of Western New York (PAWNY), University at Buffalo School of Medicine and Biomedical Sciences, and New York State Psychological Association (NYSPA).

Comments from participants:

- Thorough, well-organized and practical; excellent, useful information and techniques
- Dr. Wagner shared her expertise in a down-to-earth fashion without being aloof, which helped me make a connection to her and the material, fostering engagement.
- The applied focus of this presentation was wonderful! Such a switch from the theoretical.
- Well done! A wealth of information clearly presented and well organized. Thank you!
- It was an excellent, well-organized, informative presentation.
- This training was extremely practical—great explanations for assessment, specific treatment techniques. Case studies and examples of clients very helpful. Use of humor wonderful!

**Wagner, A. P. (July 2005). *Cognitive-Behavioral Therapy for Anxiety and OC: Effective and User-Friendly Treatment for Children and Adolescents***

Week-long intensive training for mental health professionals at the Cape Cod Institute, Cape Cod, MA



Average numerical rating by attendees (5=strongly agree, 1=strongly disagree): 4.74/5

Comments from participants:

- Dr. Wagner was fabulous—very practical, useful information presented in an organized manner. I learned a lot. The perfect blend of academic and clinical information.
- Dr. Wagner was great! What I loved is the down-to-earth methods and easy language. I am leaving with solid and concrete skills and tools to take to my practice and clients.
- The course was outstanding! Dr. Wagner presented her user-friendly suggestions for working with children with anxiety.
- Dr. Wagner is extremely knowledgeable and able to share that knowledge effectively. I would highly recommend her workshop to other professionals.
- Dr. Wagner was excellent. If she could do an advanced CBT for children course it would be great.
- What I liked most about the institute was the speaker, her expertise, her presentation, organization and sense of humor.

**Wagner, A. P. & Franklin, M. (July 2005). *Clinical Dialogue: Treatment of specific obsessions and compulsions in children and adolescents***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, San Diego, CA.

Participant Comments:

- Excellent!!! Information provided was so very practical especially for work with children.
- Great presentation! Great speakers, material very helpful practically, handouts great, good examples, good q and a.
- Wonderful! Very intelligent and knowledgeable presenters. Would love to have listened to them for longer. Bring them back!
- Excellent presenters and AV! Very comprehensive and very helpful for my practice.
- Wonderful presentations –it was excellent for me as a parent but I can see that a therapist would learn a lot from it. Thank you.
- Wonderful! They have given me the best tools to deal with my son’s problems.
- Enjoyable, good tone. Lots of theory mixed with real examples. Relaxed presentation, used humor.

**Wagner, A. P. (July 2005). *The Worry Hill Treatment Protocol for the treatment of OCD in children and adolescents*.**

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, San Diego, CA

Participant comments:

- Fantastic speaker. She has a very sincere, nurturing attitude. She should be part of every annual conference. I would love for her to teach a more advanced workshop. Love her material and books.
- One of the most valuable sessions I have attended. I learned a great deal more about the subject and I thought I was already knowledgeable about it.
- Excellent, creative speaker. Wonderful use of imagination...such a beautiful idea of creating metaphorical stories for children to learn to control their OCD in a concrete manner versus an abstract one. Creates clarity for adults also.
- You have a wonderful way to present CBT to parents—I wish I had heard you four years ago! Thank you for a great presentation and organized approach to treatment.
- Excellent! Well organized and informative—a real treasure.
- Great! So practical and useful in practice. Her knowledge and passion for her work is inspiring.
- Excellent presentation. Practical explanation with great instruction.
- Dr. Wagner breaks down CBT treatment in a step-by-step manner I could relate to and understand. It’s been hard to find up to this session.
- She is so articulate, perceptive and insightful. A huge and valuable resource. She is amazing and I hope she’ll always be given as much time as she wants to present!

**Wagner, A. P. (June 2005). *Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder (OCD) in Children and Adolescents***

Two-day intensive training, University of Pittsburgh Medical Center, Western Psychiatric Institute and Clinics, Pittsburgh, PA

Average numerical rating by attendees (4=excellent, 1=fair): 3.96/4

Participant Comments:

- Awesome presentation! I admire your passion and knowledge in pediatric OCD.
- Informative, clear, easy to listen to. The fearmometer, readiness concepts and specific techniques were very helpful.
- Overall, an excellent presentation! Very clear presentation with examples, ability to relate information to our clinical settings
- The entire presentation was incredibly helpful. Thank you looking forward to a long-term relationship.
- Great! Very practical.
- Great information! Various techniques to use for specific types of OCD was very helpful.
- Excellent program with very interesting subject matter.

**Wagner, A. P. (November 2004).**

*Cognitive-Behavioral Therapy for OCD and Anxiety Disorders: Practical Applications for Children and Adolescents—Part 1*

*Cognitive-Behavioral Therapy for OCD and Anxiety Disorders: Practical Applications for Children and Adolescents —Part 2*

Two 75-minute seminars at the annual U.S. Psychiatric and Mental Health Congress in San Diego, CA

**Wagner, A. P. (September 2004). *Anxiety and OCD in Children and Adolescents: Effective Intervention and Day-to-day management***

Full day workshop, Association of Community Mental Health Centers of Kansas, Kansas City, KA

Average numerical rating by attendees (5=Strongly agree, 1=Strongly disagree): 4.9/5

**Wagner, A. P. (July 2004). *Cognitive-Behavioral Therapy for Anxiety and OC: Effective and User-Friendly Treatment for Children and Adolescents***

Week-long intensive training, Cape Cod Institute, Cape Cod, MA

Average numerical rating by attendees (5=Strongly agree, 1=Strongly disagree): 4.58/5

**Wagner, A. P. & Franklin, M. (July 2004). *Clinical Dialogue: Treatment of specific obsessions and compulsions in children and adolescents***

Two-hours, annual conference of the Obsessive-Compulsive Foundation, Chicago, IL.

**Wagner, A. P. (March 2004). *Working with Families of OCD Sufferers***

Annual Conference of the Anxiety Disorders Association of America, Miami

**Wagner, A. P. (November 2003).**

*Cognitive-Behavioral Therapy for Anxiety Disorders: Practical Applications for Children.*

*Cognitive-Behavioral Therapy for OCD in Children and Adolescents*

*Ask the Expert: Anxiety Disorders and OCD in Children and Adolescents*

Three seminars at the 16<sup>th</sup> Annual 2003 U.S. Psychiatric and Mental Health Congress in Orlando, FL

**Wagner, A. (March 2003). *Cognitive-Behavioral Therapy: Practical Applications for Anxiety & OCD***

2-hour workshop, Genesee Valley Psychological Association, Rochester, NY

**Wagner, A. P. (November 2000). *Treatment of OCD in children and adolescents.***

Full day workshop, Kaiser Permanente Health System of Northern California, sponsored by the Obsessive-Compulsive Foundation