## **Oralieve**<sup>®</sup>

## How to use

## Oralieve Moisturising Mouth Gel

The use of a moisturising mouth gel is a new step in your oral care routine – one that can offer great benefits but may require some adjustment. Some people find the introduction of a gel into the mouth a challenge, particularly if the area is very dry or sore, however stick with it and you will feel the benefits.

**Oralieve Moisturising Mouth Gel** is designed to help provide lasting relief and can be used as often as needed.

- **STEP 01:** Apply a pea-sized amount of **Oralieve Moisturising Mouth Gel** around the inside of your mouth covering the cheeks, gums and the roof of your mouth. Massage the gel fully in.
- **STEP 02:** If your lips are dry or cracked, apply **Oralieve Moisturising Mouth Gel** to the affected areas for instant hydration.

If you wear dentures, apply a small amount of **Oralieve Moisturising Mouth Gel** underneath the dentures to help provide moisture on your palate, retain your denture and prevent any sore spots.

For end of life or patients on continuous oxygen: Regularly inspect the oral cavity and remove any secretions before application of Oralieve Moisturising Mouth Gel.



Allergy information: Contains milk proteins.