

# **“I Feel Good About Myself” Lyrics**

Words and Music by Kathryn the Grape / Kathryn Cloward

## **CHORUS**

I feel good I feel good  
I feel good about myself  
I feel good I feel good  
I feel good about myself

## **VERSE 1**

I am magical.  
I feel good about myself when I am brave trying new things and making new friends.  
I am colorful.  
I feel good about myself when I am aware of my feelings and actions.  
I am love.  
I feel good about myself when I am helpful and loving.

## **REPEAT CHORUS TWO TIMES**

## **Verse 2**

I am kind.  
I feel good about myself when I am choosing to do the right thing.  
I am unique.  
I feel good about myself when I am doing what I love to do and sharing with others.  
I am grateful.  
I feel good about myself when I'm appreciating my family & friends & all that I've been given.

## **REPEAT CHORUS TWO TIMES**

## **Bridge**

I am joyful.  
I feel good about myself when I am simply being me.

## **REPEAT CHORUS THREE TIMES**