

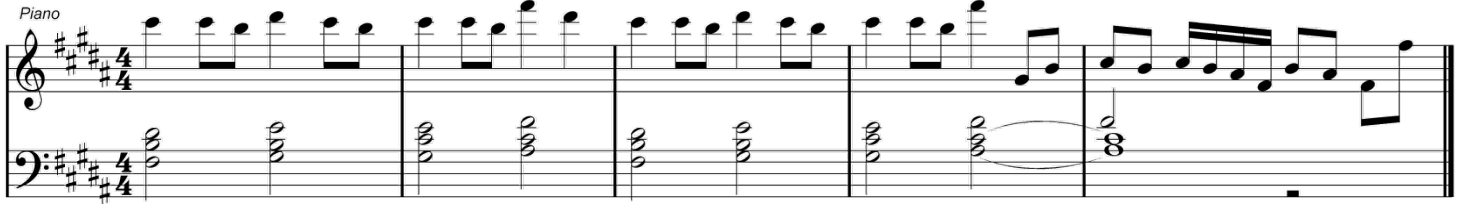
CHOOSING KINDNESS

by Kathryn The Grape / ©Kathryn Cloward

(BPM=96)

Intro (-Drm) B E C#^m F# B E C#^m F# (+Drm)

Piano



1st Verse |B E |C#^m F#
Words can be like swords that hurt our feel - ings
|B E |C#^m F#
Words can be like doors that o - pen to understand - ing
| - |B E |F#
So let's use our words to be kind
|B E |F# | -
To ourselves and o - thers all the time

Chorus |E F# |B
Let's say kind words (say kind words)
|E F# |B
Let's think kind thoughts (think kind thoughts)
|E F# |G#^m
Let's do kind things (do kind things)
|E F# |B
That's what choos - ing kind - ness means

2nd Verse |B E |C#^m F#
Thoughts can be like weeds that spread negati - vity
|B E |C#^m F#
Thoughts can be like wa - ter that streams positi - vity
| - |B E |F#
So let's think thoughts that are kind
|B E |F# | -
About ourselves and o - thers all the time

Repeat **Chorus**

Bridge |B (Cmbly only) E |C#^m |F#
What we choose to do in our lives matters great - ly
|B E |C#^m |F# | - (+Drm)
Let's choose to do kind things (let's choose, 5x) dai - ly

Repeat **Chorus** (2x)

End |E// F#// |B//
That's what choos - ing kind - ness means