

4 Ingredients Protein Cookies



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These protein cookies are soft, chewy, and made with just 4 ingredients! No flour and no sugar needed. Made with whey protein and covered in promises to be low carb, high fiber, and delicious!

PREP: 5 mins

TOTAL: 20 mins

SERVINGS: 10

YOU'LL NEED

- BN Pure PRO
- Baking Tray
- Baking Paper
- Large Bowl
- Spatula
- Measuring Cups



NOTES

Do not overbake the cookies, as they continue to cook as they cool down. While the cookies may look a little underbaked, they will firm up beautifully while cooling down.

INGREDIENTS:

- 1 scoop BN Pure Pro
- 1 large ripe banana
- 1 cup oats
- 1/3 cup chocolate chips

METHOD:

1. Preheat the oven to 180°C. Line a baking tray with baking paper.
2. Mix the banana, oats, chocolate chips and BN Pure Pro in a large mixing bowl - stir well.
3. Spoon 1 tbsp size balls of the mixture onto the baking tray.
4. Bake for 10-15 mins or until golden, then allow cooling on the tray for 5 mins.
5. Serve immediately, or store in the fridge for up to 5 days.

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