1. ULTRASONIC CLEANING
Do not use ultrasonic solutions containing alkali products such as sodium hydroxide or potassium hydroxide.
   a. Always mix solutions according to instructions.
   b. A five-minute cycle time is recommended.
   c. Remove the burs from ultrasonic solution and rinse well with water.
   d. Dry the bur block thoroughly before placing it in a sterilization pouch.

2. STERILIZATION (Autoclave)
Operate the sterilizer unit at 121°C for 30 minutes or at 132°C for 15 minutes with steam pressure of 15 psi. Allow sterilized components to dry for 15–30 minutes. Larger loads will require an additional 5–15 minutes.

The BruxZir® Adjustment & Polishing Kit equips you with the tools to modify BruxZir® restorations and achieve the ultimate high shine and lifelike vitality.

<table>
<thead>
<tr>
<th>NAME</th>
<th>ROUND BUR</th>
<th>TAPERED BUR</th>
<th>FOOTBALL BUR</th>
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<td>ITEM NO.</td>
<td>70-1014-8RX0016</td>
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<tr>
<th>NAME</th>
<th>GREEN CUP</th>
<th>BROWN CUP</th>
<th>WHITE CUP</th>
<th>BROWN DISC</th>
<th>BLUE DISC</th>
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18551 Von Karman Ave. • Irvine, CA 92612
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Only
By Prescription Only
Consult Instructions for Use

PROCEDURE TO STERILIZE THE ALUMINUM BUR BLOCK

BruxZir™ ADJUSTMENT & POLISHING KIT
A football-shaped bur is most effective for adjusting the occlusal surfaces of posterior teeth and the lingual surfaces of anterior teeth.

A tapered bur is most effective for adjusting cusps or proximal contacts.

A round bur is used for adjusting a fossa.

Always use light pressure with water and air spray when adjusting BruxZir® restorations to avoid microfractures.

Using light pressure and no water, begin pre-polishing with the green cup to remove abrasions left by the diamonds during adjustments. The green cup can also be used alone for minor adjustments if you don’t want to use a diamond.

Continue pre-polishing with the brown cup until a more glossy look appears on the adjustment areas.

Use the white cup with light to medium pressure to achieve a “wet” high shine.

BRUXZIR ADJUSTING BURS

BRUXZIR POLISHING CUPS

BRUXZIR POLISHING DISCS

The brown disc gently removes surface defects. Use in circular motions at 7,000–10,000 RPM to make minor adjustments to occlusal surfaces without affecting the anatomy.

The blue disc is ideal for difficult-to-reach areas. Use light to medium pressure at 7,000–10,000 RPM to achieve a natural, high-shine finish in as little as 20 seconds.

Note: Excessive pressure will lead to overheating and premature degradation of the instruments, as well as possible damage to the pulp tissue. Recommended speed for adjusters is 8,000–12,000 RPM. Recommended speed for polishers is 7,000–10,000 RPM. Expected life of adjusters and polishers is 10–15 uses depending on the substrate and applied pressure.

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