

Pain relief in minutes for sauna users!

"We always knew we were on to something special when we discovered far infrared therapies, but even we were surprised at just how effective our iHealth Far Infrared Saunas would be. Some people were getting relief within 10 minutes of trying our saunas" said Peter Tyson, owner of iHealth Saunas.

"It doesn't surprise us that many people don't believe the range of ailments that benefit from a far infrared sauna. Maybe it's simply that detoxifying the body means that we are more able to fight virus and disease... aging even... and maybe we'll never know quite why exactly, but judging by the feedback (not to mention clinical trials and applications by medical professionals the world over) the evidence is overwhelming. Our far infrared sauna, with regular use, is likely

to make you: feel better; live longer; lose weight; reduce or eliminate pain; recover from injury or exercise; and a whole lot more."

The Tyson family, embarked on a mission to make their own family healthier ... which has now evolved into a business committed to helping all Australians become well again... and improve their lives, naturally.

iHealth have brought their premium far infrared sauna range to Agfest to allow "as many people as possible" to try one for themselves.

Without sunlight, life would cease to exist. Only a small percentage of all sunlight is visible and less than 2% of that is infrared. That's the good stuff, no nasty ultraviolet that burns skin and causes cancer.



Our body readily absorbs far infrared or healthy light (energy) to a depth of 45mm creating a deep, penetrating heat that relaxes, soothes and loosens sore joints and muscles.

"When I turned 62, my GP advised me to discontinue steam sauna due to high blood pressure. The Infrared Health Sauna solved that problem. My doctor is happy and so am I. Thank you!" DUANE

Even long-term steam sauna devotees are switching to far infrared saunas, as conventional steam saunas heat the air to extreme levels yet only penetrate our body 5 – 10mm. Some have been advised by their GP to make the change.

iHealth has designed a range of premium saunas that include, one, two, three and four person units as

well as a 'Lite' range of high quality, but lower spec, saunas priced to allow even more people to experience the benefits of their saunas at home.

"We're the only sauna available in Australia that has been certified to comply with the AU/NZ Electrical Standard. Before you buy a sauna from anyone, ask them to show you the certificate.

You'll be hard-pressed to find anyone that can ... unless it's us" says Peter.

Regular users of far infrared sauna experience relief from symptoms of arthritis, rheumatism and fibromyalgia; relief from muscle, back and joint pain; general good health and elevated energy levels; weight loss; and smoother, more youthful skin.

Call in and try one at Site 150 First Avenue or call Miriam Tyson on 1300 720 407 for a copy of their comprehensive information booklet.

