

## QUICK SIZING GUIDE

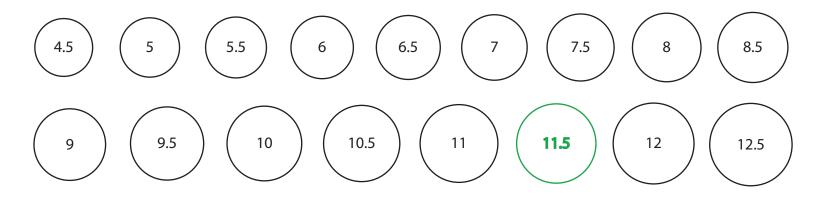
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There are 2 simple ways to find your ring size but keep in mind that your fingers change throughout the day so, to be most accurate, measure a few times during the day.

## Method 1: The "I Already Have a Ring that Fits" Method

(To check that the page printed correctly, Size 1 1.5 is the size of an American Nickel)

- **Step 1:** Find a ring that fits your desired finger.
- **Step 2:** Compare the ring to the circles below and coincides with the lines perfectly on the inside.
- Step 3: When you find a match, you have your ring size!



## Method 2: The "Amazing Paper Ring Sizer" Method

- Step 1: Cut accurately on the dotted line of the Paper Ring Sizer.
- Step 2: Wrap the Sizer around your finger so the Bodhi Rings logo end overlaps the 'ruler' end.
- Step 3: The arrows at the "Bodhi" end of the Sizer will point to your size.
- **Step 4:** Fingers swell and contract so make sure to check your size a few times throughout the day. Also size your knuckles to ensure you can get the ring past them.

