

INGREDIENTS: organic wheat gluten, onion, water, organic kidney beans, organic cane sugar, Apple cider vinegar, organic sunflower oil, salt, natural flavor, spices, black pepper.

01/09/2020

Nutrition Facts	
Per (75 g)	
Calories 160	% Daily Value*
Fat 3 g	4 %
Saturated 0.4 g	2 %
+ Trans 0 g	
Carbohydrate 14 g	
Fibre 3 g	11 %
Sugars 2 g	2 %
Protein 19 g	
Cholesterol 0 mg	
Sodium 550 mg	24 %
Potassium 250 mg	5 %
Calcium 40 mg	3 %
Iron 2.25 mg	13 %
Vitamin C 1.5 mg	2 %
*5% or less is a little , 15% or more is a lot	

Contains Gluten, Wheat.