

01/13/2020

INGREDIENTS: Jackfruit, Vital wheat gluten, BBQ sauce(sugar/glucose-fructose, water, tomato paste, cooking molasses, vinegar,salt,modified cornstarch,natural hickory smoke flavor, mustard,dried onions,spices,dried garlic),Water, Tahini, Nutritional Yeast, paprika, garlic powder, liquid smoke, Apple cider vinegar, natural flavor.

Nutrition Facts	
Per (300 g)	
Calories 430	% Daily Value*
Fat 9 g	12 %
Saturated 1 g	5 %
+ Trans 0 g	
Carbohydrate 37 g	
Fibre 6 g	21 %
Sugars 18 g	18 %
Protein 51 g	
Cholesterol 0 mg	
Sodium 1250 mg	54 %
Potassium 150 mg	3 %
Calcium 150 mg	12 %
Iron 5.5 mg	31 %
*5% or less is a little , 15% or more is a lot	

Contains Gluten, Mustard, Sesame Seeds, Wheat.