

POCO

COMPACT TARGETED VIBRATOR



THE BENEFITS OF POCO

Flexible design and targeted vibrations support various sexual health needs.

WATER RESISTANT

Poco is water resistant and can be used in the bath and shower.

EXACT AREA STIMULATION

Precisely target Poco's vibrations to stimulate the areas you need - internally and externally.

16 LEVELS OF INTENSITY

Increase your comfort level and build up your tolerance to vibrations by choosing from very soft to strong vibrations.

BENDABLE

Bend & target Poco precisely where you want - internally or externally based on what is most comfortable to you.

EASY TO CLEAN

Smooth, non-porous, body-safe silicone is soft to touch and easy to clean.

2 MOTORS

Personalize 2 vibration zones with different patterns for each session to suit your needs.

APP / REMOTE CONTROL

Customize your needs as you progress through your session by controlling the power of the stimulation with the app or Remote.



BODY ADAPTABLE



SMART APP CONTROL



WATER RESISTANT



2 POWERFUL MOTORS



1 HOUR OF RUN TIME



USB RECHARGEABLE



CREATE YOUR OWN VIBES



16 INTENSITIES



REMOTE COMPATIBLE



8 PRESET PATTERNS

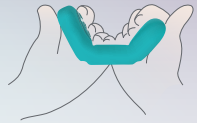
WHAT IS POCO?

Poco is a revolutionary vibrating device that offers intense targeted stimulation needed for arousal, pain relief, pelvic floor restoration, and general help with sexual dysfunction.



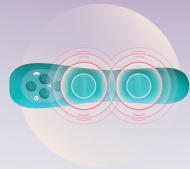
UNIVERSAL DESIGN

Adapt to different body shapes & sizes.



BENDABLE

Easily adjust to deliver targeted vibrations precisely where you need it.



2 MOTORS

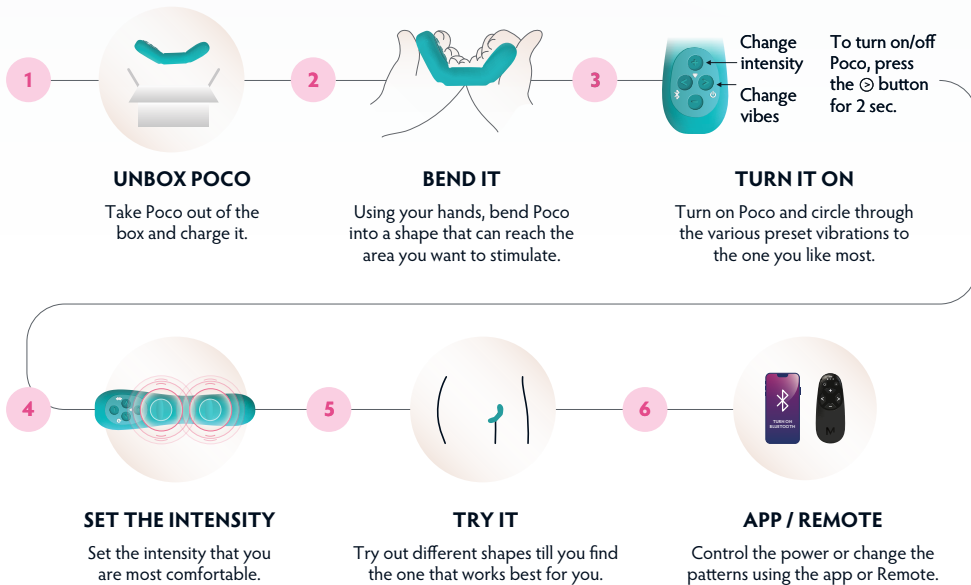
Experience consistent vibrations from 2 powerful motors.



APP / REMOTE

Control the power or change the patterns using the app or Remote.

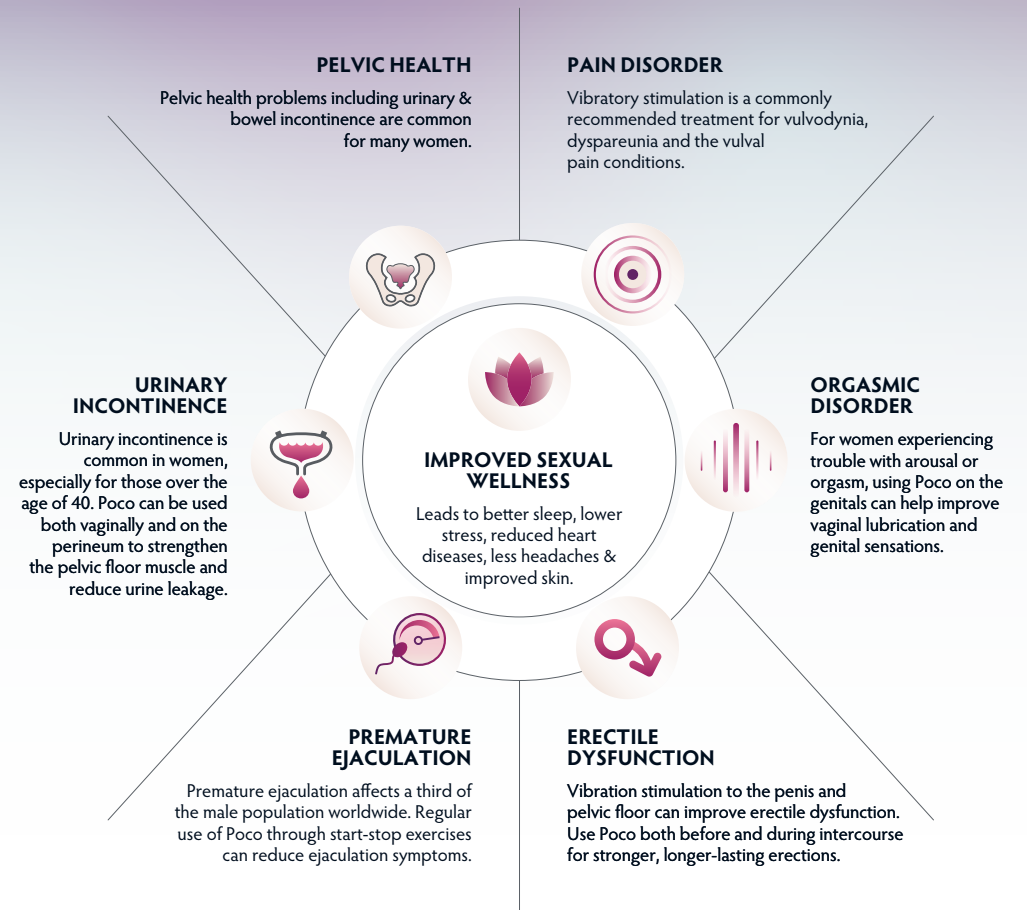
HOW DO YOU USE IT?



The vibrations you choose may differ depending on which sexual health needs you are addressing. Take the time to experiment and discover what works best for you. Discuss your needs with your healthcare professional so you can get a better idea what will work best for you.

HOW CAN POCO HELP?

Poco is a preferred non-medical solution for a wide range of sexual health issues. Regular application of a directional vibration can help improve sexual function, make sex enjoyable & more comfortable.



SOURCES: 1. Ong T, Khong S, Ng K et al. Using the Vibrance Kegel Device With Pelvic Floor Muscle Exercise for Stress Urinary Incontinence: A Randomized Controlled Pilot Study. *Urology*. 2015;86(3):487-491. doi:10.1016/j.urology.2015.06.022. 2. Rodrigues MP, Barbosa LJF, Paiva LL, et al. Effect of intravaginal vibratory versus electric stimulation on the pelvic floor muscles: A Randomized Clinical Trial. *Eur J Obstet Gynecol Reprod Biol*. 2019;3:100022. Published 2019 May 12. doi:10.1016/j.eurox.2019.100022. 3. Lauper M, Kuhn A, Gerber R, Luginbühl H, Radlinger L. Pelvic floor stimulation: What are the good vibrations?. *NeuroUrol Urodyn*. 2009;28(5):405-410. doi:10.1002/nau.20669. 4. Segal R, Tajkarimi K, Burnett A. Viberect penile vibratory stimulation system: evaluation of its erectogenic efficacy. *Canadian Journal of Urology*. 2013;20(4):6844 - 6847. 5. Fode M, Borre M, Ohl DA, Lichtbach J, Sonksen J. Penile vibratory stimulation in the recovery of urinary continence and erectile function after nerve-sparing radical prostatectomy: a randomized, controlled trial. *BJU Int*. 2014;114(1):111-117. doi:10.1111/bju.12501. 6. Dhar R, Nunns D. Vulvodynia management. *Obstetrics, Gynaecology & Reproductive Medicine*. 2009;19(7):175-177. doi:10.1016/j.ogrm.2009.03.008. 7. Rodrigues M, Paiva L, Ramos J, Ferla L. Vibratory perineal stimulation for the treatment of female stress urinary incontinence: a systematic review. *Int Urogynecol J*. 2017. doi:10.1007/s00192-017-3444-y. 8. de la Torre S, Miller L. Multimodal vaginal toning for bladder symptoms and quality of life in stress urinary incontinence. *Int Urogynecol J*. 2016;28(8):1201-1207. doi:10.1007/s00192-016-3248-5. 9. Nelson C, Ahmed A, Valenzuela R, Parker M, Mulhall J. Assessment of Penile Vibratory Stimulation as a Management Strategy in Men with Secondary Retarded Orgasm. *Urology*. 2007;69(3):552-555. doi:10.1016/j.urology.2006.02.048. 10. Reece M, Herbenick D, Sanders S, Dodge B, Ghassemi A, Fortenberry J. Prevalence and Characteristics of Vibrator Use by Men in the United States. *J Sex Med*. 2009;6(7):1867-1874. doi:10.1111/j.1743-6109.2009.01290.x.