



## BlueActive Active bracelet



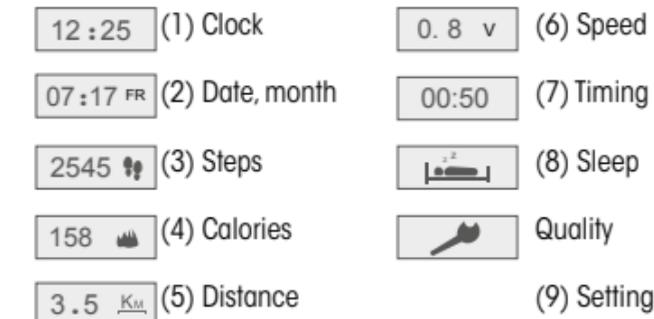
EN - User Guide

The unit measures motion using a specific sensor and processes the input data for providing statistics of steps, burned calories, distance and sleep quality.

### The package includes:

Blue Active Active bracelet, USB charging cable, User Manual

### Device views



### List of components

1. Band
2. Removable sensor unit
3. Multifunction button (stands out as a circle on the sensor unit)
4. Display
5. Micro-USB charging port
6. Fastening pin
7. Micro USB charging cable



### Charging the tracker

1. Remove the sensor unit from the band by pressing the device via the display opening.
2. Connect the supplied Micro-USB charging cable to the Micro USB charging port on the sensor unit and the other end to a computer USB port or to AC outlet using separate adapter.
3. The battery of the unit will be fully charged after two hours.
4. When the battery is fully charged, remove the Micro-USB charging cable from the sensor unit and from your computer. The band slot is marked "USB>", showing how the sensor unit must be placed back in the slot. This is important because of the tab inside the band must come towards the Micro-USB charging port. The tab will protect the charging port on the sensor unit

and thus secure the electronics against splashes.

### View options

You can change the display view by pressing the multifunction button. The display turns off automatically after 5 seconds and is activated again if you touch the multifunction button. When you make the settings and you scroll through the views, it is important that the sensor device is properly placed in the tracker band. Otherwise, touching the side surface of the sensor unit may cause the unit to detect this as a touch on the multifunction key.

#### (1) On: Clock

Shows the time in hours and minutes

#### (2) Date, month

The first two digits indicate the month and the next two indicate date followed

by weekday. For example: 02:16 MO means Monday, February 16, Monday. MO stands for Monday.

Abbreviations for weekdays:

MO Monday

TU Tuesday

WE Wednesday

TH Thursday

FR Friday

SA Saturday

SU Sunday

#### (3) Steps (pedometer)

The unit starts measuring steps when you put on your tracker and move your arm. The sensor records your steps from the first step up to 100 000 steps.

#### (4) Calories

As you walk or move around with the tracker on your wrist, the unit is counting calories burned according to set values for age, height and weight.

#### (5) Distance

The device stores the movement distance, and it is displayed when you move more than 100 meters.

#### (6) Velocity

The tracker measures the speed of your arm swing movement and calculates how many kilometers per hour you proceed.

#### (7) Time

When the display shows a clock icon, it will tell you how long you have been in motion. At one minute, the time will start showing on the display.

#### (8) Sleep quality

The unit tracks three levels of sleep: Very good (smiling face), good (neutral face), bad (crying face). Select the display for sleep quality and touch the multifunction button 3 seconds to monitor your sleep quality. To deactivate the display view

of sleep quality, press 3 seconds on the multi-function button.

## (9) Settings

When the settings icon is displayed, you can change the settings by pressing the multifunction button for 3 seconds. Set date, height, weight, age, gender, or reset the measurements in this menu.

## Activate settings

### 1. Operation

Browse display views by briefly touching the multifunction button until you reach the symbol (9) for Settings. Select the menu settings by pressing the multifunction button for 3 seconds. The unit will now flash years. Change the year by briefly touching the multifunction button until the desired reading is displayed. Confirm the setting and move to next step by pressing the multifunction

8

button for 3 seconds.

**NOTE! In the settings view, you can only go in one direction. That is, if you choose the wrong setting, or if you happen to go to the next step, you must either confirm the settings in the next views with 3 second touches, or scroll through and complete all other settings, after which you can start re-adjusting settings again if necessary.**

For example, there are two items to be changed in the settings of month / day. First, select the correct month by touching shortly, and then touch the multifunction button for 3 seconds to confirm and move to setting the day. By touching shortly, you can proceed to the desired day and finally confirm by touching for 3 seconds.

9

## 2. Definition of settings

- (1) Year, 2015-2025
- (2) Month, day. From January to December. And days 1-31
- (3) Clock time, 12:00 to 23:59
- (4) Gender, Male / Female
- (5) Age, 10-99
- (6) Weight 10 kg - 250 kg
- (7) Height, 100 cm - 240 cm
- (8) Reset "YES, NO" If you choose "YES", the unit will wipe the measured data.

### Note!

**Do not attempt to open the sensor unit. If the multifunction button does not respond to your touch when you use it the first time, charge the battery of the sensor unit by using the supplied micro USB cable. Connect the cable into a computer USB port or to a wall outlet using an external adapter. Charging**

10

time approx. 2 hours.

## Safety

1. Keep the tracker and all accessories out of the reach of children and pets. They may accidentally damage the unit or swallow parts of it, which can lead to suffocation.
2. Keep the device dry. The tracker is splash resistant, meaning that it can be exposed to occasional splashes. The device is not suitable for diving or swimming.
3. Avoid use in too warm environments. Usable temperature range: -10C°-45C°. Excessive heat reduces the life of electronic components, damages the battery, and can melt or bend plastic parts.
4. Avoid storing in cold. When the unit is moved to a warmer environment,

11

moisture may condense, which can damage the tracker or the circuit board inside.

5. Rough handling can damage the circuit board.
6. Do not use harsh chemicals or strong detergents to clean the tracker. Use a soft cloth moistened with a mild detergent, and wipe off the tracker.
7. Do not paint the tracker band. Painting prevents band flexibility and hampers normal use.
8. Do not expose the tracker to extreme heat. Excessive heat can lead to explosion of sensor battery.

12

## Technical specifications

Standby time: 6 days  
Typical operating time at full charge: 3 days  
Charging time: 2 hours  
Band material: Silicone  
Battery: built-in rechargeable Li-polymer battery (50mAh)  
User interface: Touchscreen with Multifunction button  
Splash-proof

## Warranty

The product has 12 months warranty. For detailed warranty conditions please visit [www.bluebiit.com](http://www.bluebiit.com)

13

**LOVE  
MOVE  
ENJOY**

[www.bluebiit.com](http://www.bluebiit.com)  
Bluebiit™ - WellBiit Oy  
Vattuniemenkatu 15 B, 00210 Helsinki,  
Finland  
Customer Service:  
[asiakaspalvelu@bluebiit.com](mailto:asiakaspalvelu@bluebiit.com)  
020 734 0510

#bluebiit

