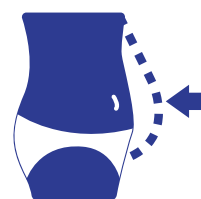


OXYSLEEP

SLEEP WELL. RECOVER FASTER. BURN FAT.



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AUSTRALIA & NEW ZEALAND **EXCLUSIVE**

SLEEP WELL. RECOVER FASTER. BURN FAT.

If you're serious about your weight loss, looking to sleep better, recover faster, feel more energetic and burn fat, then using the right products and stacking your products in the right way is crucial. This combination of supplements by EHP Labs is for anyone wanting to lose weight so they can look and feel their best, develop lean muscle and increase energy and focus. These supplements will help you to feel great while you are on your weight loss journey so that you can enjoy it!

On your weight loss journey, you need to start with small steps. The most important ones that can be controlled by you are:

- 1 Promoting deep sleep so you're not tired throughout the day
- 2 Curbing your appetite so you don't have cravings
- 3 Boosting your metabolism so you are burning more calories than you normally would

OXYSLEEP STACK

THE ULTIMATE WEIGHT-LOSS COMBINATION

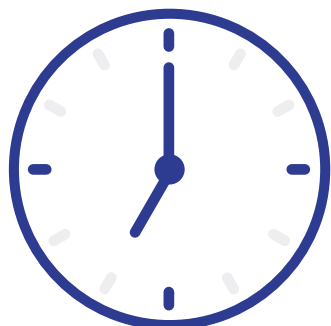
Stacking OxySleep along with OxyShred and Acetyl L-Carnitine ensures you will have the fundamental supplement combination to naturally enhance your energy and act as a fat burner throughout the day, as well as while you sleep.

OxyWhey should be included as your weight management protein, as it assists you to meet your protein requirements, helps you feel fuller for longer, and it also contains metabolism boosting compounds to assist with fat burning.

This combination of supplements covers you from dusk 'til dawn, and ensures that you are doing everything possible to maximise your weight loss. Taking a step towards a happier and healthier lifestyle is easier when you have the right supplementation to accelerate your goals.

OXYSLEEP

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MORNING

OXYSHRED & ACETYL L-CARNITINE

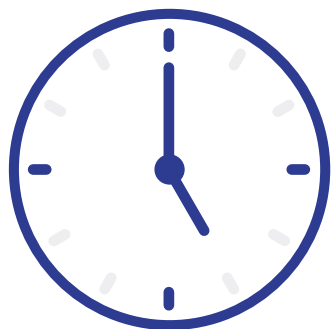
First thing in the morning to maximise fat burning during the day.



BETWEEN MEALS

OXYWHEY

Avoid snacking by having an OxyWhey shake between meals.



WORKOUT

OXYSHRED & ACETYL L-CARNITINE

Pre-workout for an energy & focus boost.

OXYWHEY

Post-workout to kickstart recovery.



BED TIME

OXYSLEEP

15 minutes before bed to boost sleep, enhance recovery and burn fat.

OXYSLEEP

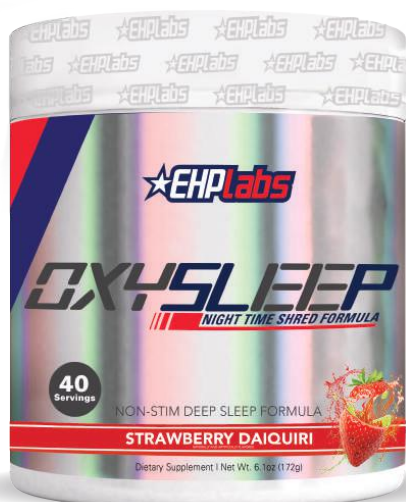
SLEEP WELL. RECOVER FASTER. BURN FAT.



AN AUSTRALIA & NEW ZEALAND EXCLUSIVE

The latest release from EHPlabs: OxySleep is the most anticipated product since OxyShred. Specifically designed to help you sleep better, recover faster and burn fat, OxySleep will take your weight-loss journey to the next level.

3 GREAT FLAVORS



STRAWBERRY DAIQUIRI



FUJI APPLE



PEACH TEA

BENEFITS:

- 1 3-in-1 deep sleep formula
- 2 Burn fat while you have a deep and restful sleep
- 3 Regulate sleep and wake cycles (circadian rhythms)
- 4 Maximise recovery and lean muscle growth

WHEN:

Consume OxySleep 15 minutes prior to bedtime, ensuring you are ready to go to sleep straight away as you may immediately feel tired and sleepy.

OXYSLEEP & OXYSHRED

The ultimate day and night weight loss combination, OxySleep is designed to work hand in hand with OxyShred to boost your weight-loss journey.

OxyShred is the number 1 thermogenic fat burner on the market, and has been for some time. This is due to quality of ingredients used as well as the time and effort utilised in research and development.

OxyShred will stimulate your body's fat receptor cells and boost your metabolism to promote an increased level of fat cell break-down, known as "Hyper-Lipolysis" - this is a complex process of efficient subcutaneous fat cell break-down based on scientific ratios and concentrations of the key ingredients. OxyShred also has the added benefits of kick starting the metabolism, boosting immunity and providing a natural boost of energy.

BENEFITS:

- 1 Mobilise and burns stubborn fat cells
- 2 Gives you energy throughout the day
- 3 Boosts your metabolism as well as immunity
- 4 Limits calorie absorption & tastes delicious
- 5 100% Natural flavours that tastes amazing

WHEN:

- 1 First thing in the morning on an empty stomach to maximise fat burning throughout the day.
- 2 20 minutes before training to provide you with extra energy and focus for your workout.



OXYWHEY

Using OxySleep alongside OxyWhey will help you gain lean muscle, recover faster and burn excess fat, taking your weight-less journey to the next level.

OxyWhey lean whey protein is a 100% grass-fed weight management protein that can also be used as a lifestyle protein to replace meals. OxyWhey is a premium blend comprising of Whey Protein Isolate, Whey Protein Concentrate and Micellar Casein, meaning it has a 3-tier absorption system that improves satiety and makes you feel fuller for longer making it extremely effective for weight loss. OxyWhey also contains many other ingredients to maximise it's effectiveness as a fat burner protein such as metabolism boosters, MCT oils, digestive enzymes, and mood enhancers.

With 24 grams of lean whey protein per serving, virtually no carbs, sugars, cholesterol or lactose, OxyWhey will help you achieve a healthy daily protein intake while promoting weight loss, lean muscle growth and recovery.

BENEFITS:

- 1 24g of lean protein per scoop for lean muscle growth and repair
- 2 Easily digested due to inclusion of digestive enzymes
- 3 Loaded with BCAA's, mood enhancers and immunity boosters
- 4 Metabolism boosting compounds
- 5 Amazing flavours and tastes great

WHEN:

- 1 Use it to boost your breakfast - mix it into oats, or a shake.
- 2 Effective meal replacement.
- 3 Post-workout to maximise recovery, for intense sessions use ISOPEPT Zero.
- 4 Use it in baking to add protein to your recipes.



ACETYL L-CARNITINE

Acetyl L-Carnitine is often used as a fat burner and while it is not as potent as thermogenics (which boost metabolism), Acetyl L-Carnitine makes fat more mobile and better able to enter the fat-burning cells called mitochondria. This “switches on” fat burning so you can burn fat more effectively – especially during exercise. This is why Acetyl L-Carnitine is often added to pre and intra-workout drinks.

What is Acetyl L-Carnitine? It is a naturally occurring amino acid that promotes the transportation of free fatty acids into the mitochondria (core of the cells), where they are burned off as energy. Acetyl L-Carnitine also assists muscle recovery after strenuous exercise and promotes optimal heart and brain function.

EHP Labs wants to ensure that the Acetyl L-Carnitine pharmaceutical quality is maintained, hence, this product has not been artificially flavoured or coloured.

BENEFITS:

- 1 Mobilises and transports fat to use it for energy
- 2 Enhances fat burning
- 3 Provides energy throughout the day and improves focus
- 4 Reduces fat storage
- 5 Faster recovery after workouts
- 6 Maximises the effects of OxyShred

WHEN:

- 1 First thing in the morning to maximise fat burning throughout the day. Mix it in with your morning OxyShred for great results.
- 2 Mix it into a PSI or RP Max 20 minutes before training to provide extra energy, endurance and focus.

