

SUPPLEMENT GUIDE



WHAT WOULD YOU LIKE TO KNOW MORE ABOUT?

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PRODUCT TO
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MORE



OXYSHRED

THE ULTIMATE THERMOGENIC FAT BURNER



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OxyShred is a scientifically researched thermogenic fat burner. OxyShred will stimulate your body's fat receptor cells and boost your metabolism to promote an increased level of fat cell break-down, known as "Hyper-Lipolysis". This is a complex process of efficient subcutaneous fat cell break-down based on scientific ratios and concentrations of the key ingredients. OxyShred also has the added benefits of kick starting the metabolism, curbing your appetite, limiting calorie absorption, boosting immunity and providing a natural boost of energy.

BENEFITS:

- 1 Mobilize and burn stubborn fat cells
- 2 Gives you energy throughout the day
- 3 Boosts your metabolism and immunity, helping your body destroy stubborn fat cells
- 4 Limits calorie absorption & tastes delicious
- 5 100% natural flavors that taste amazing
- 6 Increases your natural energy and concentration, so that you can train harder and achieve more



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WHEN:

For optimum results take twice daily - Mix 1 scoop with 10 ounces (295 ml) of chilled water first thing in the morning on an empty stomach, and on training days, consume 15 minutes prior to exercise. Avoid eating or consuming a protein shake within 20 minutes after consumption for maximum absorption.

6 GREAT FLAVORS

Guava Paradise
Kiwi Strawberry
Mango
Passionfruit
Pink Grapefruit
Wild Melon



WEIGHT LOSS BEGINNER STACK

Add a scoop of Acetyl L-Carnitine to improve the effectiveness of OxyShred both pre-workout and first thing in the morning to take your fat loss to the next level.

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FAT LOSS ESSENTIALS STACK

Stacking OxyWhey with OxyShred and Acetyl L-Carnitine ensures you maintain sufficient protein intake for lean muscle growth and repair, while boosting your immunity, curbing your appetite and improving satiety to reduce cravings.

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OXYWHEY

THE OPTIMAL WEIGHT LOSS PROTEIN SHAKE



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OxyWhey lean whey protein is a 100% grass-fed weight management protein that can also be used as a lifestyle protein to replace meals. OxyWhey is a premium blend comprising of Whey Protein Isolate, Whey Protein Concentrate and Micellar Casein, meaning it has a 3-tier absorption system that improves satiety and makes you feel fuller for longer making it extremely effective for weight loss. OxyWhey also contains many other ingredients to maximize its effectiveness as a fat burner protein such as metabolism boosters, MCT oils, digestive enzymes, and mood enhancers.

With 24 grams of lean whey protein per serving, virtually no carbs, sugars, cholesterol or lactose, OxyWhey will help you achieve a healthy daily protein intake while promoting weight loss, lean muscle growth and recovery.

BENEFITS:

- 1 24g of lean protein per scoop for lean muscle growth & repair
- 2 Easily digested due to inclusion of digestive enzymes
- 3 Loaded with BCAA's, mood enhancers and immunity boosters
- 4 Metabolism boosting compounds
- 5 Amazing flavors and tastes great



WHEN:

- 1 Use it to boost your breakfast - mix with oats, or a shake
- 2 Effective meal replacement to promote satiety
- 3 Post-workout to maximize recovery
- 4 Use it in baking to increase protein content of your recipes

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6 GREAT FLAVORS

- Banana Bliss
- Delicious Chocolate
- Mocha
- Strawberry Milkshake
- Swiss Chocolate
- Vanilla Ice Cream



TONE TWIN PACK

Stacking OxyWhey with OxyShred and Acetyl L-Carnitine ensures you maintain sufficient protein intake for lean muscle growth and repair, while boosting your immunity, curbing your appetite and improving satiety to reduce cravings.

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FAT LOSS ESSENTIALS STACK

Stacking OxyWhey with OxyShred and Acetyl L-Carnitine ensures you maintain sufficient protein intake for lean muscle growth and repair, while boosting your immunity, curbing your appetite and improving satiety to reduce cravings.

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ISOPEPT ZERO

FAST ABSORPTION HYDROLYZED ISOLATE PROTEIN SHAKE



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IsoPept Zero is your ideal post-workout whey protein shake comprised of Hydrolyzed and Pure Whey Protein Isolate, which are the most premium and nutrient rich sources of high quality protein peptide fractions providing your fatigued muscles with a direct source of fuel for growth and repair.

IsoPept Zero contains 0 grams of sugar and almost 0 grams of fat and carbs per serving. This makes IsoPept Zero the ideal fast absorbing protein shake for anyone trying to gain lean muscle. And with 5.7 grams of BCAAs and 25 grams of protein, your body will be fueled with the ideal building blocks necessary for muscle growth and repair. The product meets all of the strict laboratory testing criteria applied by EHPlabs to ensure that every batch produced contains a minimum of 25 grams of pure premium grade hydrolyzed and pure whey protein isolate.

BENEFITS:

- 1 Loaded with BCAAs for lean muscle growth and repair
- 2 Rapidly absorbed for more effective recovery
- 3 Rich source of high quality protein peptide fractions
- 4 Almost zero fat and carbohydrates
- 5 Gluten free



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WHEN:

For best results consume within 10 minutes post-workout as a fast absorbing protein source, or anytime of the day as your dietary needs require.

7 GREAT FLAVORS

- Banana Bliss
- Choc Peanut Butter
- Chocolate Decadence
- Cookies & Cream
- Mocha Latte
- Strawberry Sensation
- Vanilla Ice Cream



RECOVERY ESSENTIALS STACK

Building lean muscle and strength is a science - it requires the perfect combination of nutrition, training and supplements. The Recovery Essentials Stack has the fundamentals to cover your intra- and post-workout with Beyond BCAA and IsoPept Zero.

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LEAN MUSCLE ESSENTIALS STACK

Building lean muscle and strength is a science - it requires the perfect combination of nutrition, training and supplements. The Lean Muscle Essentials Stack has all of your supplement needs to cover your intra- and post-workout with Beyond BCAA, IsoPept Zero and CREA-8.

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BEYOND BCAA

WORKOUT HARDER, RECOVER FASTER



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Beyond BCAA is 100% naturally flavored and goes beyond the basic branched chain amino acid intra-workout product. We've added key natural performance enhancing ingredients to promote faster recovery, efficient muscle protein synthesis, and reduction of lactic acid build up and muscle soreness.

Beyond BCAA supports muscular endurance, increased blood flow and enhanced nutrient delivery, allowing you to workout at a heightened intensity for a longer period. Beyond BCAA is scientifically formulated with the optimal proven 2:1:1 ratio of branched chain amino acids. EHPlabs has redefined the foundation BCAA product into a NSF and WADA compliant 100% natural performance enhancing formula.

BENEFITS:

- 1 Increase energy levels & endurance during workouts
- 2 Quicker recovery, reduced fatigue and muscle soreness
- 3 Increase lean muscle protein synthesis & maintain lean muscle while losing weight
- 4 Muscle cell hydration from naturally sourced electrolytes
- 5 Reduce muscle soreness after workouts



WHEN:

- 1 Sip throughout your workout to increase performance, maintain cell hydration, reduce lactic acid build up and delay fatigue.
- 2 Post-workout to enhance recovery, promote lean muscle protein synthesis and reduce muscle soreness.
- 3 As a tasty drink in place of sodas and other high calorie drinks throughout the day.

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6 GREAT FLAVORS

Kiwi Strawberry
Mango
Paradise Fruits
Passionfruit
Pineapple
Strawberry Daiquiri



RECOVERY ESSENTIALS STACK

Building lean muscle and strength is a science - it requires the perfect combination of nutrition, training and supplements. The Recovery Essentials Stack has the fundamentals to cover your intra- and post-workout with Beyond BCAA and IsoPept Zero.

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FAT LOSS CARDIO KIT

Stacking Beyond BCAA with OxyShred, Acetyl L-Carnitine & H2Drop for men and women ensures you enhance the fat breakdown process, maintain hydration and increase energy levels while reducing

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RP MAX PRE-WORKOUT

ENERGY, ENDURANCE & FOCUS



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RP Max is a stimulant based pre-workout that provides optimal central nervous system and adrenal gland stimulation to trigger a positive homeostatic energy release, improved cognitive ability, and improve both muscular and cardiovascular endurance. For training days when you are lacking motivation or energy, RP Max is a powerful CNS thermogenic formula that contains numerous stimulants to get you to the gym and make the most out of your workout. The ingredients in RP Max act to synergistically increase energy, improve focus, increase your metabolic rate and delay fatigue.

BENEFITS:

- 1 Powerful CNS stimulant
- 2 Maximum muscle endurance
- 3 Improved oxygenation
- 4 Improved energy and focus
- 5 Mood enhancers
- 6 Cognitive performance



WHEN:

For best results, consume RP Max 20 minutes before exercise to allow for maximum absorption.

The effects of RP Max are almost immediate. Be ready to train hard.

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3 GREAT FLAVORS

Citrus Margarita
Strawberry Daiquiri
Mango Cooler

RECOMMENDED STACKS



PRE-WORKOUT STACK

Combining PSI with RP Max will provide you with an increase in energy and strength, better mental focus, more aggression, a better pump and more productive workouts.

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HIGH STIM FAT LOSS STACK

The combination of OxyShred, Acetyl L-Carnitine and RP Max will act as a potent fat burner while providing you with energy throughout the day along with a huge burst for each workout so you can perform at your max.

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PSI PRE-WORKOUT



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PSI is a non-stimulant pre-workout making it the perfect supplement if you like to train later in the day, or if you are sensitive to stimulants. PSI was developed using ingredients that work synergistically to boost your focus and performance. It works to promote vasodilation, which enhances nutrient and oxygen delivery to your muscles while you're training allowing you to train harder for longer, while also improving muscle cell hydration and volumization. PSI is the perfect PM performance boost so you can make the most out of each and every workout.

BENEFITS:

- 1 Cell volumization
- 2 Muscle hydration
- 3 Nutrient and oxygen delivery system
- 4 Metabolism and mood enhancers
- 5 Increased pump, strength and endurance
- 6 Works synergistically



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WHEN:

For best results, consume PSI 20 minutes before exercise to allow for maximum absorption.

PSI does NOT contain any caffeine or other central nervous stimulants. You may consume PSI in the evenings prior to training and it should not affect your ability to sleep. PSI will increase oxygen and nutrient delivery to working muscles which may cause a natural increase in energy (ATP production).

3 GREAT FLAVORS

Blue Raz
Fruit Xplosion
Kiwi Strawberry

RECOMMENDED STACKS



PRE-WORKOUT STACK

Combining PSI with RP Max will provide you with an increase in energy and strength, better mental focus, more aggression, a better pump and more productive workouts.

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GLUTAMINE

BOOST YOUR HEALTH & RECOVER FASTER



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Glutamine has been comprehensively researched & is one of the most important supplements for your health and training. It is the most abundant amino acid found in skeletal muscle cells (over 60%). Glutamine has multiple functions within the body, some of which are directly applicable to gym goers. It regulates acid-base balance in the kidneys, serves as an energy source, transports ammonia in blood circulation, but most importantly functions as a means of protein synthesis.

After a workout, your muscles are depleted of nutrients and will absorb glutamine most efficiently. Maintaining optimal glutamine levels after training can result in a larger GH release and faster recovery. Glutamine also has many other beneficial effects in your body such as improving GIT function, enhancing your immunity, and decreasing muscle soreness.

BENEFITS:

- 1 Boosts your immunity and gut health
- 2 Promotes lean muscle protein synthesis
- 3 Decreases muscle soreness and effect of DOMS
- 4 Improves recovery after training
- 5 Reduces muscle breakdown (anti-catabolic)



WHEN:

- 1 First thing in the morning to boost gut health and immunity
- 2 Sip throughout your workout to maintain intramuscular glutamine levels reducing lactic acid build up and delaying fatigue
- 3 Post-workout to enhance recovery, promote lean muscle protein synthesis and reduce muscle soreness

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INNER HEALTH CLEANSE FOR WOMEN

Combining Glutamine with Enhanced Performance Vitamins and Inner Health Detox Cleanse for women will help cleanse your body of toxins, accelerate recovery and provide immune support so you can maintain your active lifestyle.

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INNER HEALTH CLEANSE FOR MEN

Combining Glutamine with Enhanced Performance Vitamins and Detox Reload ensures you have daily nutritional support, faster recovery and improved hormone balance so you can maintain your active lifestyle.

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CREA-8

ENHANCE YOUR WORKOUTS



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Creatine is one of the world's best selling sports supplements and has been around for over 30 years for one simple reason - it works! Creatine is most beneficial for your anaerobic energy system, which is used for short powerful activities such as sprinting and lifting weights. Creatine also helps support lean muscle growth, strength, endurance, recovery, and brain function.

Creatine is stored in your body as Creatine Phosphate, which is used to produce more ATP energy during high intensity work. Creatine is something your body produces naturally, and supplementation has been shown to be safe in over 500 clinical studies. CREA-8 is a 100% pharmaceutical grade Creatine Monohydrate, which means there are no nasty fillers, and no excessive water retention associated with inferior quality creatines.

BENEFITS:

- 1 Increases endurance
- 2 Improves strength and power
- 3 Helps with faster recovery from a big workout
- 4 EHPlabs CREA-8 has no cheap fillers

WHEN:

Post-workout: to improve lean muscle growth and endurance

HOW DO I USE IT?

Creatine requires a 1 week loading phase for maximum effectiveness. This means you should take it in higher doses for the first week to optimize levels in your muscles so that you can perform and recover at your best.

LOADING PHASE: consume 2 scoops with water both pre- and post-workout for 1 week.

REGULAR USE: consume 1 scoop post-workout with water, Beyond BCAA or OxyWhey for recovery.



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MALE GAINZ / FEMALE STRENGTH STACK

If you're focussed on working out hard and making muscle gains, then this is the stack for you. OxyWhey Lean Protein will promote muscle protein synthesis and recovery, while CREA-8 assists with strength, endurance and muscle growth.

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LEAN MUSCLE ESSENTIALS STACK

Building lean muscle and strength is a science - it requires the perfect combination of nutrition, training and supplements. The Lean Muscle Essentials Stack has all of your supplement needs to cover your intra- and post-workout with Beyond BCAA, IsoPept Zero and CREA-8.

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ACETYL L-CARNITINE

SWITCH ON YOUR FAT BURNING



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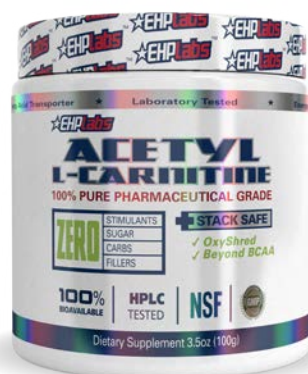
Acetyl L-Carnitine is often used as a fat burner and while it is not as potent as thermogenics (which boost metabolism), Acetyl L-Carnitine makes fat more mobile and better able to enter the fat-burning cells called mitochondria. This “switches on” fat burning so you can burn fat more effectively – especially during exercise. This is why Acetyl L-Carnitine is often added to pre and intra-workout drinks.

What is Acetyl L-Carnitine? It is a naturally occurring amino acid that promotes the transportation of free fatty acids into the mitochondria (core of the cells), where they are burned off as energy. Acetyl L-Carnitine also assists muscle recovery after strenuous exercise and promotes optimal heart and brain function.

EHP Labs wants to ensure that the Acetyl L-Carnitine pharmaceutical quality is maintained, hence, this product has not been artificially flavored or colored.

BENEFITS:

- 1 Mobilizes and transports fat to use it for energy
- 2 Enhances fat burning
- 3 Provides energy throughout the day and improves focus
- 4 Reduces fat storage
- 5 Faster recovery after workouts
- 6 Maximizes the effects of OxyShred



WHEN:

- 1 First thing in the morning to maximize fat burning throughout the day. Mix it in with your morning OxyShred for great results.
- 2 Mix it with OxyShred, PSI or RP Max 20 minutes before training to provide extra energy, endurance and focus.

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WEIGHT LOSS BEGINNER STACK

Add a scoop of Acetyl L-Carnitine to improve the effectiveness of OxyShred both pre-workout and first thing in the morning to take your fat loss to the next level.

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FAT LOSS ESSENTIALS STACK

Stacking OxyWhey with OxyShred and Acetyl L-Carnitine ensures you maintain sufficient protein intake for lean muscle growth and repair, while boosting your immunity, curbing your appetite and improving satiety to reduce cravings.

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OXYREM

BURN FAT WHILE YOU SLEEP



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If you're serious about your weight loss, looking to sleep better, recover faster, feel more energetic and burn fat, then using the right products and stacking your products in the right way is crucial. OxyRem is scientifically formulated with effective ingredients combined to synergistically work on various metabolic, endocrine and neural pathways in the body. By regulating your sleep patterns to promote REM your body will not only recover faster, your brain will naturally release growth hormones, enhancing your muscle growth.

BENEFITS FOR MEN:

- 1 3-in-1: deep sleep, natural growth hormone release and non stimulant fat burner
- 2 Works on various metabolic, endocrine and neural pathways in the body
- 3 Melatonin and Zinc help regulate sleep cycles to promote REM deep sleep
- 4 GABA promotes the natural release of 2 specific forms of growth hormones



BENEFITS FOR WOMEN:

- 1 Bedtime fat burning, non-stimulant thermogenic
- 2 Scientifically formulated to promote REM deep sleep
- 3 Curbs your appetite
- 4 Boosts your metabolism
- 5 Melatonin, GABA and Zinc help to reduce symptoms of anxiety and regulate the sleep and wake cycles

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WHEN:

Consume OxyRem 15 minutes prior to bedtime. Ensure you're ready to sleep straight away.

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DAY & NIGHT FAT LOSS STACK

Stacking OxyRem for men and women along with OxyShred and Acetyl L-Carnitine ensures you will have optimal fat burning throughout the day, as well as while you sleep.

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FAT LOSS ESSENTIALS STACK

Stacking OxyWhey with OxyShred and Acetyl L-Carnitine ensures you maintain sufficient protein intake for lean muscle growth and repair, while boosting your immunity, curbing your appetite and improving satiety to reduce cravings.

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H₂DROP

LOOK LEAN, HARD & DRY



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H2Drop is a versatile supplement and can be used to reduce stomach bloating, assist with progressive and steady water weight loss, or if used for advanced competition level preparation, it can act as a potent catalyst for quickly dropping water weight to achieve the desired “dry” look. Look lean, hard and dry. It’s easy with H2Drop.

BENEFITS FOR MEN:

- 1 Advanced herbal diuretic and muscle defining formula
- 2 Remove excess subcutaneous water weight from the body
- 3 Ensure optimal functioning of the male hormone system
- 4 Reduce stomach bloating
- 5 Advanced competition level preparation



BENEFITS FOR WOMEN:

- 1 Effective natural anti-bloating, detoxifying and diuretic formula
- 2 Remove excess water weight
- 3 Herbal Diuretic
- 4 Anti-inflammatory
- 5 Maintain antioxidant, electrolyte and water osmotic balance
- 6 Assist in competition preparation



WHEN:

As a dietary supplement, take two (2) capsules once daily with a meal, or as directed by a health care professional. For aggressive water weight elimination for professional competition prep, take two (2) capsules three times a day with meals.



NON-STIM WEIGHT LOSS STACK

The Male & Female Non-Stim Weight Loss Stack is the ultimate combination of supplements for losing weight, building lean muscle and sleeping better. Improve skin elasticity, reduce bloating and improve your sleep while OxyWhey ensures you meet your protein needs for lean muscle growth and repair.

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FAT LOSS CARDIO KIT

Stacking Beyond BCAA with OxyShred, Acetyl L-Carnitine & H2Drop for men and women ensures you enhance the fat breakdown process, maintain hydration and increase energy levels while reducing bloating and removing subcutaneous water.

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CLEANSE & RELOAD

FEEL BETTER & MORE ENERGETIC



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Detox Reload for Men and Detox Cleanse for Women are specially formulated digestive, inner health detox and cleansing products that are ideal for anyone feeling sluggish from a poor diet, or a high protein and supplement heavy diet. The combination of prebiotic ingredients, and probiotics from L. Acidophilus work to support the immune system, maintain healthy gut bacteria and improve the pH balance in the intestines.

BENEFITS FOR MEN:

- 1 Cleanse the digestive system and improve gut health
- 2 Assist with weight loss, expel toxins from the body, reduce LDL cholesterol and blood sugars
- 3 A specially formulated digestive, inner health detox and cleansing product
- 4 Ideal for men with a high protein and supplement heavy diet

BENEFITS FOR WOMEN:

- 1 Ideal for any woman feeling sluggish from a poor diet, or a high protein and supplement heavy diet
- 2 Assists with weight loss and expelling toxins from the body
- 3 Scientifically dosed with key natural, herbal and ayurvedic ingredients
- 4 Cleanses the digestive system and improves gut health while reducing LDL cholesterol and blood sugars

WHEN:

As a dietary supplement, take four (4) capsules once daily with a meal, or as directed by a healthcare professional.



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[SHOP NOW](#)



INNER HEALTH CLEANSE STACK

Combining Glutamine with Detox Reload for men or Cleanse for women and Enhanced Performance Vitamins ensures you have daily nutritional support, faster recovery and improved hormone balance so you can maintain your active lifestyle.

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FAT LOSS DETOX STACK

If you are looking to feel better, cleanse your body, recover faster, feel more energy and shred fat, look no further than the Male & Female Fat Loss Detox Stacks. OxyShred, Acetyl L-Carnitine and Detox Reload will trigger your fat cells while improving gut health.

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SKIN FIRMING

LOOK FIRM & TONED, BE CONFIDENT



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Skin Tight for Men and Skin Firming for Women are scientifically formulated to assist with tightening, toning and hydrating loose skin that commonly arises from weight loss or bodybuilding. You should be proud of your weight loss journey, rather than being deterred by the possibility of resulting loose skin. Lose Weight. Look firm and toned. Be confident.

BENEFITS FOR MEN:

- 1 Assist with tightening, toning and hydrating loose skin
- 2 The combination of Coenzyme Q10, Hyaluronic Acid, DMAE, Vitamin A, together with the highly potent TruMarine Collagen promotes skin elasticity and firmness
- 3 TruMarine is a patented form of collagen extracted from fish scales

BENEFITS FOR WOMEN:

- 1 Tighten, Tone and hydrate loose skin
- 2 Skin tightening and age-defying vitamins and proteins
- 3 Contains TruMarine Collagen
- 4 Promotes skin elasticity, radiance and firmness
- 5 Boost confidence
- 6 Firm loose skin from weight loss
- 7 Reverse the signs of aging

WHEN:

As a dietary supplement, take three (3) capsules once daily with a meal, or as directed by a healthcare professional.



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[SHOP NOW](#)



NON-STIM WEIGHT LOSS STACK

The Male & Female Non-Stim Weight Loss Stack is the ultimate combination of supplements for losing weight, building lean muscle and sleeping better. Improve skin elasticity, reduce bloating and improve your sleep while OxyWhey ensures you meet your protein needs for lean muscle growth and repair.

[SHOP NOW](#)



FAT LOSS ENHANCED STACK

The Male & Female Fat Loss Enhanced Stack takes getting toned and shredded to the next level by targeting not only your fat cells, but also your skin. If you're serious about getting shredded, this is the stack for you!

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VITAMINS

GIVE YOUR BODY A BOOST



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Enhanced Performance Vitamins for Men and Women contains a multitude of effective and clinically dosed ingredients to provide daily nutritional support for active lifestyles. Reduce your daily stresses from work, training and diet by consuming 1 easy-to-swallow tablet per day.

Each tablet contains essential vitamins and minerals including B Vitamins, Vitamin C and Zinc, which supports energy production, healthy immune function and hormone balance. Essential antioxidants such as Vitamins A & C and Folic Acid are beneficial for cardiovascular health and general well-being.

BENEFITS FOR MEN:

- 1 33 effective and clinically dosed ingredients
- 2 Reduce daily stress
- 3 Supports energy production and healthy immune function
- 4 Essential vitamins and minerals including B Vitamins
- 5 Antioxidants for heart health and well-being
- 6 Only 1 easy-to-swallow tablet a day

BENEFITS FOR WOMEN:

- 1 21 effective and clinically dosed ingredients
- 2 Reduce your daily stresses from work, training and diet
- 3 Each tablet contains essential vitamins and minerals
- 4 Beneficial for cardiovascular health, healthy hair and nails and general well-being
- 5 Feel better, boost your natural energy, improve your health and well-being

WHEN:

For adults only, take one (1) tablet a day with food. Do not take this supplement within one hour of taking medications. Do not exceed the recommended dosage.



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INNER HEALTH CLEANSE STACK

Combining Glutamine with Enhanced Performance Vitamins and Detox Reload for men or Cleanse for women ensures you have daily nutritional support, faster recovery and improved hormone balance so you can maintain your active lifestyle.

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JOINT REPAIR

DON'T LET JOINT PAIN GET IN THE WAY



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Joint Repair for Men and Joint Flex for Women are scientifically formulated to maintain and repair the structural and functional mobility of joints in active, athletic men and women of all ages. The combination of a patented non-acidic form of Vitamin C called PureWay-C®, Boron and MSM are essential for the construction and repair of connective tissue and maintenance of healthy joint cartilage.

BENEFITS FOR MEN:

- 1 Restore joint mobility and alleviate joint pain
- 2 Ideal for active, athletic men of all ages
- 3 Promotes healthy bone structure
- 4 Reduce joint inflammation
- 5 Target lower back, knee and hip pain



BENEFITS FOR WOMEN:

- 1 Scientifically formulated to promote bone health and joint repair and flexibility
- 2 Suitable for active, athletic women of all ages
- 3 Repairs connective tissue and promotes maintenance of healthy joint cartilage
- 4 Promote maintenance of healthy joint cartilage
- 5 Targets lower back, knee and hip pain



WHEN:

As a dietary supplement, take two (2) capsules once daily with a meal, or as directed by a healthcare professional.

[SHOP NOW](#)



LEAN & STRONG STACK

If you want to maximize each and every workout, the Male & Female Lean & Strong Stack is for you. The combination of these supplements work to improve your performance in the gym and ensure your joints and cartilage recover outside the gym.

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RECOVERY ENHANCED STACK

The Male & Female Recovery Enhanced Stack assists with recovery to maximum muscle growth along with maintenance of healthy joints. If you want to build lean muscle, recover fast and sleep better, this is the stack for you.

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