UNDERSTANDING PERSONAL FINANCE

CONTENTS



INTRODUCTION

What is Personal Finance?

7

VOCATION AND EARNING

What we do matters. We were created for work. Designing your life so you are energized to fully give back to the world impacts not only your bottom line but your health and family as well.



BUDGETING

This is THE foundational piece to align your daily life and values to your available funds. Adopt good budgeting habits early! Stay consistent in your decision making.



SAVING AND INVESTING

Never forget about future you! A portion of what you earn has to be applied to the "you" of 5,10,20, or 40 years from now. I've already spoken to future you, and you said "Thank you" to younger you.



DEBT AND INSURANCE

Debt is a reality in nearly everyone's life. How do we manage it so it never negatively impacts us? Risk – it is a part of life. How much of it can we take on, and how does it all work? Insurance is how we balance the risks in our lives.

UNDERSTANDING PERSONAL FINANCE

CONTENTS



CREATING FINANCIAL FREEDOM

By practicing healthy financial habits and practices early in your life, there will come a day when you have built financial freedom in your life. **This week also includes your FINAL EXAM.**



"Money is a terrible master but an excellent servant."

PT BARNUM