



Whole lotta cranberry. Whole lotta goodness.

Introducing Regular Girl® Wellness

Life is anything but regular. That's why there's Regular Girl Wellness, an exclusive blend of natural organic cranberry, prebiotic fiber, and probiotics. It helps promote urinary tract health while supporting your gastrointestinal health*—so you can feel your best from the inside out.

Regular Girl Wellness features:

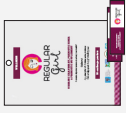
- **One serving = Six 8 oz. glasses of cranberry juice**
- **3 grams of plant fiber and 3 billion active probiotics**



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Regular Girl Wellness Supports Both Digestive & Urinary Tract Health



	Regular Girl Wellness	Fiber Supplement	Cranberry Supplement
Dual action gut and urinary tract health formula	✓		
Soluble fiber for digestive health*	✓	✓	
Supports healthy gut bacteria*	✓	?	
Soluble cranberry juice powder for urinary tract health*	✓		?
Confirmed to have anti-adhesion activity*	✓		?
Anti-invasion activity tested	✓		?
Every lot standardized for soluble PACs	✓		?
Cranberry powder guaranteed for potency and TRU-ID DNA tested for authenticity	✓		?
Active probiotics	✓ 3 billion		
Digestive support without excess gas or bloating*	✓	?	
Carrier free, maltodextrin free and no added sugars	✓	?	?

Regular Girl Wellness has everything you want, and nothing you don't



Low-FODMAP Certified



Gluten Free



Non-GMO



Non-Gelling in Water



Certified Organic



Free of Fillers & Carriers



Certified Authentic TRU-ID



Farm-to-Finish Production



Glyphosate Residue-free

Learn more at regulargirl.com

Additional information available upon request

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Monash University Low FODMAP Certified™. A low FODMAP diet does not treat a disease, but may help to meet nutrition needs with reduced gastrointestinal symptoms. Monash University receives a license fee for use of the Monash University Low FODMAP Certified trademarks.

10/15/19