### **Basic Collection**



Step 1 Moisture Protecting Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Hydraboost Rescue Cream** 

Apply a thin layer to entire face and neck.

**C** EVENING

Step 1 Moisture Protecting Cleanser

Apply to damp skin, massage and rinse.

Step 2 Ultra Gentle Smoothing Serum

For the first three nights, apply a thin layer to face. On the alternate nights,

just apply moisturizer after cleansing.

Step 3 **Hydraboost Rescue Cream** 

Apply a thin layer to entire face and neck.





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# RENÉE ROULEAU

skincare. personalized.

## **My Skin Prescription**

1 2 3 4 **5** 6 7 8 9

### **Skin Type 5**

Normal, Sensitive, Red, Anti-Aging

- Has consistent redness or rosacea
- Produces oil in the summer, mostly in t-zone Skin can feel tight or dry during the winter
- Needs hydration without heavy oils c pore-clogging ingredients
- May have enlarged pores mostly in t-zone, including blackheads
  - Skin that gets irritated easily especially by harsh products
- Wants to keep skin healthy and smooth with less visible redness
- May have hyperpigmentation (brown spots)
  - Concerned about aging

One size does not fit all. Beautiful skin requires choosing products formulated for the unique needs of your skin.

And it all beains with our nine skin types.



## **Complete Collection**



Step 1 Moisture Protecting Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner** 

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Vitamin C&E Treatment

Apply a thin layer to entire face and let absorb for 1 minute before applying

sunscreen.

Step 4 Weightless Protection SPF 30

Warm with fingertips, apply to face and neck.



Step 1 Vitamin-Infused Cleansing Emulsion

Apply to dry skin, massage, then wet fingertips, work through and rinse.

Step 2 **Elderberry Soothing Toner** 

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Advanced Resurfacing Serum

Ultra Gentle Smoothing Serum Redness Care Firming Serum

SUNDAY, MONDAY, WEDNESDAY, THURSDAY - Advanced Resurfacing Serum

TUESDAY, SATURDAY - Ultra Gentle Smoothing Serum

FRIDAY - Redness Care Firming Serum

Repeat.

Step 4 **Hydraboost Rescue Creme** 

Apply a thin layer to entire face and neck.

Step 5 **Total Eye Repair Creme** 

Lightly pat a small amount around the eye area until creme disappears.

Can be used both day and night.

#### At-Home Facial (once a week)

Step 1 **Dual Enzyme Softening Peel** 

Apply to clean, damp skin and leave on for 15-20 minutes. Rinse well. Use 1-3 times a month, or as needed. If you're using any of our exfoliating acid serums for three nights on, three nights off as recommended for your skin type, you would use the it once or twice a month during the non-exfoliating nights.

Step 2 Redness Care Firming Serum

Apply a thin layer of Redness Care Firming Serum. Wait 60 seconds and proceed with Step 3.

Step 3 Bio Calm Repair Masque

Apply a thin layer (quarter-size amount) to entire face. Leave on for 15 minutes, rinse well, and apply moisturizer.

#### **Essential Collection**



MORNING

Step 1 Moisture Protecting Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner** 

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Weightless Protection SPF 30

Warm with fingertips, apply to face and neck.



Notes:

Step 1 Moisture Protecting Cleanser

Apply to damp skin, massage and rinse.

Step 2 **Elderberry Soothing Toner** 

Apply with Toning Cloth, leave damp. Immediately apply next product.

Step 3 Ultra Gentle Smoothing Serum

For the first three nights, apply a thin layer to face.

**Redness Care Firming Serum** 

For the next three nights, apply a thin layer to face. Alternate serums

every three nights, using each for three nights at a time.

Step 4 **Hydraboost Rescue Cream** 

Apply a thin layer to entire face and neck.

When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day For extra sensitive skins, consider conducting a patch test to a small area on the lower cheek before using over the entire face.