

Basic Collection

MORNING

Step 1 **Moisture Protecting Cleanser**
Apply to damp skin, massage and rinse.

Step 2 **Hydraboost Rescue Creme**
Apply a thin layer to entire face and neck.

EVENING

Step 1 **Moisture Protecting Cleanser**
Apply to damp skin, massage and rinse.

Step 2 **Ultra Gentle Smoothing Serum**
For the first three nights, apply a thin layer to face. On the alternate nights, just apply moisturizer after cleansing.

Step 3 **Hydraboost Rescue Creme**
Apply a thin layer to entire face and neck.



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My Skin RX

1 2 3 4 **5** 6 7 8 9



Skin Type 5

Normal, Sensitive, Red, Anti-Aging

- Has consistent redness or rosacea
- Produces oil in the summer, mostly in t-zone skin can feel tight or dry during the winter
- Needs hydration without heavy oils or pore-clogging ingredients
- May have enlarged pores mostly in t-zone, including blackheads
- Skin that gets irritated easily, especially by harsh products
- Wants to keep skin healthy and smooth with less visible redness
- May have hyperpigmentation (brown spots)
- Concerned about aging

"Having worked hands on with skin for 30 years, I believe one size does not fit all. Skin requires products that cater to its unique needs. Clear, beautiful skin starts with the perfect routine."

Complete Collection

MORNING

- Step 1 **Moisture Protecting Cleanser**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Vitamin C&E Treatment**
Apply a thin layer to entire face and let absorb for 1 minute before applying sunscreen.
- Step 4 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.

EVENING

- Step 1 **Vitamin-Infused Cleansing Emulsion**
Apply to dry skin, massage, then wet fingertips, work through and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Advanced Resurfacing Serum**
Ultra Gentle Smoothing Serum
Redness Care Firming Serum
SUNDAY, MONDAY, WEDNESDAY, THURSDAY - Advanced Resurfacing Serum
TUESDAY, SATURDAY - Ultra Gentle Smoothing Serum
FRIDAY - Redness Care Firming Serum
Repeat.
- Step 4 **Hydraboost Rescue Creme**
Apply a thin layer to entire face and neck.
- Step 5 **Total Eye Repair Creme**
Lightly pat a small amount around the eye area until creme disappears.
Can be used both day and night.

At-Home Facial (once a week)

- Step 1 **Triple Berry Smoothing Scrub**
Apply a small amount to slightly damp skin. Gently massage over the face for 30 seconds using circular motions, concentrating on areas of pigmentation. Rinse well.
- Step 2 **Redness Care Firming Serum**
Apply a thin layer of Redness Care Firming Serum. Wait 60 seconds and proceed with Step 3.
- Step 3 **Bio Calm Repair Masque**
Apply a thin layer (quarter-size amount) to entire face. Leave on for 15 minutes, rinse well, and apply moisturizer.

Essential Collection

MORNING

- Step 1 **Moisture Protecting Cleanser**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Weightless Protection SPF 30**
Warm with fingertips, apply to face and neck.

EVENING

- Step 1 **Moisture Protecting Cleanser**
Apply to damp skin, massage and rinse.
- Step 2 **Elderberry Soothing Toner**
Apply with Toning Cloth, leave damp. Immediately apply next product.
- Step 3 **Ultra Gentle Smoothing Serum**
For the first three nights, apply a thin layer to face.
Redness Care Firming Serum
For the next three nights, apply a thin layer to face. Alternate serums every three nights, using each for three nights at a time.
- Step 4 **Hydraboost Rescue Creme**
Apply a thin layer to entire face and neck.

Notes:

When using new products, it is highly recommended that you introduce them to your skin slowly by using one new product a day. For extra sensitive skin, consider conducting a patch test to a small area on the lower cheek before using over the entire face.